



*Spa*

AT

THE STARLING

# Spa Menu



MON - WED CLOSED  
THURS 10:00AM - 6:00PM  
FRI 12:00PM - 8:00PM  
SAT 10:30AM - 8:00PM  
SUN 10:30AM - 6:00PM



FACE

## FACE TREATMENTS

### Signature

Our signature facial blends nature + science with high-potency herbs, bioactive essential oils, and organic ingredients that deliver amazing results. Enjoy a relaxing Ayurvedic Hand and Arm massage with Marma Point therapy to promote inner peace to the mind + body.

\$175 | 60 min

### Calm

Soothe and calm your skin with this cooling facial, resulting in decreased inflammation, a strengthened barrier and reduced redness. Perfect for sensitive, sensitized, and rosacea-prone clients.

\$150 | 50 min

### Refinish

Encourage cell turnover and stimulate collagen synthesis with this refinishing facial. Green Envee FloraEssence and FloraElixir Botanic power boost your skin's natural repair process, diminishing fine lines and wrinkles while leaving skin with a luxuriously smooth and radiant glow.

\$185 | 45 min

## ENHANCEMENTS

### Elevate

Drape luxury across your face to instantly elevate your skincare service with our best-selling Knesko face mask, filled to the brim with skin-loving ingredients.

\$30

### Renewal

Like the precious minerals themselves, each Gold or Diamond Neck and Decollete mask will have your skin and spirit absolutely glowing post-treatment. Choose based on your skin's custom needs.

\$40

### Recovery

A refreshing hydrogel eye mask that reduces puffiness. Formulated with peptides for an intensive effect that gives immediate relief to the eye area and visibly reduces the appearance of wrinkles.

\$20

### Repair

You'll have a million reasons to smile after experiencing the firming, lifting, and repairing benefits of our Knesko Nanogold lip mask.

\$20

### Re-Sculpt

Lift, Sculpt, Define, and Tone the skin with a Gua Sha massage. This powerful technique is known for moving stagnation out of the skin, reducing the look of fine lines, and revealing a glowing complexion.

\$45

### Release

This tension-relieving, relaxing facial massage and lymphatic treatment flushes out toxins while stimulating collagen production using a Jade stone roller.

\$45



## MASSAGE TREATMENTS

### Rapid

Refresh in a flash with this targeted massage that focuses on your tension.

\$110 | 25 min

### Go Deep

For deeper muscle layers and trigger points, go for this massage that boosts energy and banishes tension.

\$185 | 50 min

\$290 | 80 min

### De-Stress

Using head-clearing oils and techniques designed around moderating pressure and releasing tension, this massage will reduce brain fog and revive muscles.

\$190 | 50 min

\$295 | 80 min

### Nuture

Perfect during or post pregnancy, this nurturing and elasticizing treatment improves skin tone, inhibits stretchmarks, and deeply nourishes the skin.

\$190 | 50 min

\$295 | 80 min

### Couples

Unwind side by side as you and your significant other treat your unique needs and preferences, exclusively in our couple's treatment room.

\$370 | 50 min

\$625 | 80 min

### Sports

Concentrating on deep tissue and muscle knots, a more focused massage improves blood flow and prevents lactic acid buildup. Stretching is included to increase mobility and flexibility.

\$205 | 50 min

\$310 | 80 min

### Four Hands

The ultimate luxe of rejuvenation throughout your body follows from double the care as two therapists mirror each other's movements.

\$375 | 50 min

\$475 | 80 min

## ENHANCEMENTS

### Melt

Warm Himalayan salt stones melt away all tension with this perfect addition to your massage.

\$40

### Hemp Oil

You'll be soothing sore muscles with the anti-inflammatory properties of this organic hemp-derived CBD oil to accommodate your massage.

\$30

### Dry Brush

Featuring an exclusive take home body brush, this exfoliation smooths, softens, and revitalizes your skin.

\$30

### Revitalize

Enjoy this paraffin treatment that promises hydration and suppleness as you exfoliate hands or feet.

\$40



## MANI & PEDI TREATMENTS

### Lux Mani

Jelly Mani with rose petals, oranges, and lime.  
Hydrating hand mask and signature Marma  
hand and arm massage

\$85 | 60 min

### Mani Essentials

Oranges, lime, rose petals, and coconut milk  
manicure.

\$70 | 30 min

### Lux Pedi

Jelly Pedi with rose petals, oranges, and lime.  
Hydrating foot mask and signature Marma leg  
and foot massage.

\$135 | 75 min

### Pedi Essentials

Oranges, lime, rose petals, and coconut milk  
pedicure.

\$90 | 60 min

## ENHANCEMENTS

### Gel Polish Upgrade

\$30

### French Polish

\$25

### Callus Peel

\$30

### Paraffin

\$30

### Hydrating Foot Mask

\$30



## BODY TREATMENTS

### Detox

Enjoy a full body AHA peel, massage, and wrap for all-around purification that drains tissue and boosts natural detoxification.

\$210 | 60 min

\$300 | 90 min\*

\*Includes additional detoxifying massage

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## *Spa Guidelines*

Spa services are available for guests ages 16 and older (subject to limitations and parental supervision). A selection of Nail services are available for guests of all ages (subject to limitations and parental supervision). Access to dressing rooms and the Fitness Center is prohibited to those under 16 years of age and requires parental supervision for those under 18 years of age.

### RESERVATIONS

Walk-in appointments are welcome, however guests are encouraged to make arrangements in advance. All reservations must be secured with a credit card. To schedule your appointment(s), please call our spa desk at 404-724-2570. Guests staying in the property may dial 0 from a guest room. \*Please advise us if you are pregnant or have other significant health considerations when booking your treatments. Prices in USD and subject to change without notice. Promotions and discounts do not apply to packages.

### ARRIVAL AND CHECK-IN PROCEEDURES

We invite you to use all the spa's features, including sauna & steam room before and after spa treatments. We request your arrival at least 30 minutes prior to your treatment time, providing you with ample time to check-in and prepare for your spa experience. Should your arrival be delayed, please note that your treatment time will be reduced accordingly so that we may serve the next guest on time. Later arrival will still result in full charge for your requested service, even though your actual treatment time may be reduced. We request that you do not bring jewelry or valuables to your spa experience. The Spa is not responsible for lost, stolen or misplaced items.

### CANCELLATION POLICY

Your reservations require that we schedule spa attendants and hold appointment times just for you. As a courtesy and to avoid charges in full, we require a 24-hour notice should you need to change or cancel your reservation.

