



the sofia hotel

FOR IMMEDIATE RELEASE

Truva Brings Modern Mediterranean-American Dining to The Sofia Hotel in San Diego's Gaslamp Quarter

New ground-floor restaurant and bar from restaurateur Meliha Karahan introduces authentic Turkish flavors to downtown San Diego

SAN DIEGO, CA — May 2026 — Truva, a modern Mediterranean-American restaurant and bar, is now open on the ground floor of The Sofia Hotel at 140 W. Broadway in downtown San Diego's Gaslamp Quarter. Led by owner and Turkish native Meliha Karahan, Truva pairs familiar American fare with authentic Turkish cuisine — a style of cooking shaped by thousands of years at the crossroads of Europe and Asia, yet rarely represented in San Diego's dining scene.

Named for the Turkish word for the ancient coastal city of Troy (modern-day Çanakkale, Türkiye), Truva occupies the fully renovated 145-seat space formerly home to Currant American Brasserie. Following a transformation of more than a year and a half, the restaurant now features a lighter, brighter, modern interior with light wood and green accents, a 12-seat L-shaped bar, patio seating, and a private dining room for approximately 12 guests — upscale, but never fussy. As Karahan puts it: no tablecloths.

"Everything is going to be from scratch, fresh," says Karahan, who brings decades of restaurant and hotel experience to the project. The kitchen bakes its own bread, prepares its own sauces, and mixes house-made syrups for the full bar program.

Truva serves breakfast through dinner, seven days a week. Mornings offer both traditional American favorites — pancakes, omelettes, avocado toast — and Mediterranean options including a Turkish-style breakfast board with olives, tomatoes, and fried cheese rolls, shakshuka, and a falafel burrito. The dinner menu leans into Karahan's Turkish heritage with a mezze board of hummus, baba ghanoush, and stuffed grape leaves; Beyti kebabs of minced beef and lamb; beef cabbage rolls; and Turkish dumplings, with plans to expand the menu over time with traditional dishes such as lahmacun and pide.

Though located inside The Sofia Hotel, Truva operates independently and welcomes the public — hotel guests, downtown workers, and visitors alike.

Truva

140 W. Broadway (inside The Sofia Hotel), San Diego, CA 92101

Hours: Sunday–Thursday, 7 a.m.–10:30 p.m. | Friday–Saturday, 7 a.m.–11 p.m.

Instagram: @truvasandiego

About The Sofia Hotel

The Sofia Hotel is a historic boutique hotel located at 150 W. Broadway in downtown San Diego, steps from the Gaslamp Quarter. The 211-room property offers a 24-hour fitness and yoga studio, spa services, bike rentals, and convenient access to the San Diego Convention Center, USS Midway Museum, and downtown attractions.

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