

TREATMENTS & PHILOSOPHIES



the palms spa
AVEDA

Spa Menu



Bridal Services

Philosophy Let us relax and pamper you as you prepare to walk down the aisle on your big day. We understand how important it is for you to look and feel all-around wonderful for this special milestone while keeping the stress out of the process, so we offer you the ultimate wedding convenience of fulfilling all of your beauty needs in one location.

SNEAK PEEK SERVICES

In-depth consultation to get to know you and your desired style better. Our team of Bridal Beauty Professionals will work with you to perfect your look so it's everything you've ever dreamed of and more.

BRIDAL HAIR SNEAK PEEK

Includes an in-depth consultation, step-by-step styling, and placing of extensions, a veil, and/or hair accessories. We suggest washing your hair the night before your trial.

BRIDAL MAKE-UP SNEAK PEEK

Includes an in-depth consultation, skin preparation and priming, make-up design & application, customized false lashes.

WEDDING DAY SERVICES

Your wedding day is one of the most memorable, most photographed days of your life, and we want to make sure you look and feel your absolute best. Our talented Bridal Beauty Professionals will help you and your bridal party achieve a flawless look that'll last all night.

WEDDING DAY BRIDAL HAIR

Includes styling, placing extensions, veil, and/or hair accessories. We suggest washing your hair the night before your big day so you are not rushing the morning of your wedding.

WEDDING DAY BRIDAL MAKE-UP

Includes skin preparation and priming, make-up application, and customized false lashes.

SPECIAL EVENT & BRIDAL PARTY SERVICES

Hair services include up-do's or braids and make-up services include full make-up application. We suggest washing your hair the night before the big day so you are not rushing the day of the special event.

Wedding Packages

Philosophy For the bridal party seeking to connect and relax together, we offer custom wedding packages designed to have everyone looking and feeling their best leading up to your special day. Our signature wedding packages include treatments from our skin care, massage and blended body therapies and will ensure your skin looks radiant while your body feels relaxed and rejuvenated.

BRIDE TO BE RETREAT

- 50 min Tropical Island Glow
- 50 min Vitamin C Complex Transforming Facial
- 50 min GELFX Manicure & Pedicure

GROOM'S RETREAT

- 80 min Stress-Fix Massage
- 50 min Gentlemen's Facial
- Gentlemen's Manicure

HAPPILY EVER AFTER RETREAT

- 50 min Side-by-side Tropical Signature Massage
- 100 min Side-by-side Tropical Island Manicure and Pedicure

MOTHER OF THE BRIDE OR GROOM RETREAT

- 50 min AVEDA Aroma Massage or AVEDA Signature Facial
- 100 min Zen Hot Stone Manicure & Pedicure

BRIDAL PARTY RETREAT (PARTY OF 6)

- 50 min AVEDA Aroma Massages or AVEDA Signature Facials
- Classic Manicures & Pedicures

Spa Pricelist

Bridal & Special Event Services

Bridal Hair Design	\$125 & up
Bridal Hair Sneak Peek (Excludes wash & blowdry)	\$135
Bridal Makeup Sneak Peek	\$180
Bridal Hair Wedding Day (Excludes wash & blowdry)	\$135
Bridal Makeup Wedding Day	\$180
Special Event Hair Design (Excludes wash & blowdry)	\$100 & up
Special Event Makeup	\$110
Eyelashes Add-on	\$30

Wedding Packages

Bride to be Retreat	\$475
Groom's Retreat	\$430
Happily Ever After Retreat	\$730
Mother of the Bride or Groom Retreat	\$265
Bridal Party Retreat (Party of 6) (Per Person)	\$220



*Scan for
Spa Pricelist*

The Palms Aveda Spa

3025 Collins Avenue, Miami Beach, FL 33140

T 305 908 5460 | F 305 908 5438

spa@thepalmshotel.com | thepalmshotel.com

Massage Establishment License Number – MM23009



LIFESTYLE™

Preferred
HOTELS & RESORTS