

thebeachclub

LUNCH MENU

Lighter Fare Starters....

Sweet Potato and Plantain Chowder \$11   



*Savory and Chunky Creation with St Lucia's Ground Provision / Fresh Basil / Fried Leeks
Aromatic Infused Coconut Milk*

Elegant Orzo Pasta Salad 

*With A Vibrant Mediterranean Touch of Brined Olives / Green Peas / Roasted Garlic / Chives
Sundried Tomato Dressing / Fresh Farmed Micro Shoots
Side \$7 Large \$14 (with Garlic Bread)*

Cardini's Caesar Salad with Baby Shrimp

*Crisp Romaine / Caesar Dressing / Garlic Crouton / Parmesan Shaving / Baby Shrimp
Side \$8 Large \$14*

Falafel Rolls \$16  

Toasted Almond / Micro Shoots / Rice Paper Wrap / Coriander-Tzatziki

Ocean Bay Calamari Fried Crispy Brown \$16

Tangy Lemon – Pepper Dip / Mango Ketchup

Charred Eggplant and Saltfish Choka \$15 

Aromatic Organic Greens / Plantain Chips

Mealsized....

Four Season Salad 22

*Farm Fresh Mixed Greens / Red Cabbage / Vine Ripe Tomato / Fresh Mushroom / Boiled Egg / Red Onion
Asparagus / Olives / Mozzarella / Ham / Creamy Garlic Herb Dressing
Add Flaked Tuna \$5*

Shrimp Croissant \$27

*A Delicate Fusion of Baby Shrimp / Sundried Tomato / Celery / Apple
Creamy Garlic Dressing in a Toasted Croissant / Fries or Mixed Green Salad*

Botanical Focaccia Melt \$22 

*Toasted Focaccia Bread / Creamy Babaganoush / Roasted Vegetables / Sun Ripened Tomato / Almonds
/Mozzarella / Cilantro / Fries or Garden Salad*

Warm Seafood Salad on Quinoa \$33 

*Tender Bites of Sautéed Mahi Mahi / Mussels / Scallop / Calamari and Tiger Prawn / Pesto Rubbed Quinoa
Ripe Tomato / Mixed Green Leaf / Balsamic Dressing*

Crusty Chicken Roti Wrap \$25

*Savory Impression of Gentle Fried Spiced Chicken / Cool Coriander Tzatziki / Crisp Bell Peppers
Local Lettuce in a Local Roti Shell / Tomato Choka / Fried Potato Wedges*

Oven Roasted Spicy Meat Balls on Chunky Tomato Stew \$24

Orzo Pasta / Roti Tulip / Micro Greens / Sautéed Mushroom

Pastas and Pizzas....

Roasted Vegetable Linguini \$25 

Tomato Herb Sauce / Sundried Tomatoes / Parmesan

Orzo Aglio Olio \$25 

Asparagus / Cherry Tomato / Fresh Garlic / Olive oil / Parsley / Chili Flakes / Parmesan

Chicken & Chorizo Penne \$29

Chicken Breast / Chorizo Sausage / Local Pepper / Mushroom / Cherry Tomato / Blue Cheese Alfredo Sauce



Vegetarian



Vegan



Gluten Free

All Prices are in US dollars and is subject to 10% Service and 10% Tax. Please consult and member of our team if you have food allergies

Pastas and Pizzas cont'd

Steamed Mussels and Pesto Linguini \$32

Mushroom / Alfredo Sauce / Smoked Herring

Chef's Breadfruit Gnocchi \$27

Pan-Fried Homemade Breadfruit Gnocchi / Field Pumpkin / Bacon / Tomato Sauce / Spring Onion

Baby Shrimp and Mushroom Pizza \$22

Sundried Tomatoes / Caramelized Onions / Kalamata Olives / Mozzarella Cheese

Pesto Vegetable Pizza \$20

Kalamata Olives / Mediterranean Vegetables / Sun-Dried Tomatoes / Fried Capers / Goat Cheese Mozzarella Cheese

Margherita Pizza \$17

Plum Tomatoes / Tomato Sauce / Basil / Mozzarella Cheese

Pepperoni Pizza \$22

Tomato Sauce / Pepperoni / Oregano / Mozzarella Cheese

Meat Lovers Pizza \$25

Beef Bolognese / Ham / Chicken / Sausage / Tomato / Mozzarella Cheese

Tuna and Roasted Pepper Pizza \$22

Tomato Sauce / Fire Roasted Bell Peppers / Onion / Mozzarella Cheese

Ham and Pineapple Pizza \$23

Fresh Pineapple / Ham / Sundried Tomato / Tomato Sauce / Mozzarella Cheese

(All Pastas and Pizzas are available with GF dough option)

Sea to Shore....

Line Caught Mahi Mahi \$33

Steamed in Aromatic Saffron Broth / Medley of Vegetable / Breadfruit Gnocchi

Golden Seared Crab Cakes on Sautéed Vegetable Rice \$29

Tomato Choka / Creamy Roasted Garlic -Avocado Aioli

Parmesan Coated Chicken Breast \$30

Tomato Coulis / Linguini Pasta / Sautéed Vegetables

Contemporary Steak and Focaccia Sandwich \$32

Grilled Angus Striploin / Homemade Focaccia Bread / Fresh Tomato Salsa / Crumbled Feta Cheese Asparagus and Cherry Tomato in Oregano Butter / French Fries

The Landings Gourmet Garden Burger \$18

Lentil and Quinoa Pattie / Lettuce / Tomato / Fried Onion / Roasted Garlic-Avocado Aioli / French Fries or Fried Breadfruit Gnocchi

The Landings Gourmet Black Angus Burger \$20

Herb Mayo / Dijon Mustard / Cucumber / Tobacco Onions / Tomato / Provolone Cheese / Bacon / French Fries or Fried Breadfruit Gnocchi

The Landings Gourmet Surf n Turf Burger \$23

Angus Beef Pattie / Bacon / Garlic Shrimp / Tomato / Pickle / Tomato Chutney / French Fries or Fried Breadfruit Gnocchi

Desserts....

Granny Smith Apple Pie \$12

Vanilla Bean Ice Cream

Valrhona Chocolate Brownie \$10

Vanilla Ice-Cream / Chocolate Sauce

Banana Split Sundae \$7

Caramel / Marshmallow / Chocolate Sauce



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