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# **Lighter Fare Starters....**

### Sweet Potato and Plantain Chowder \$11



Savory and Chunky Creation with St Lucia's Ground Provision | Fresh Basil | Fried Leeks Aromatic Infused Coconut Milk

# Elegant Orzo Pasta Salad



With A Vibrant Mediterranean Touch of Brined Olives | Green Peas | Roasted Garlic | Chives Sundried Tomato Dressing | Fresh Farmed Micro Shoots Side \$7 Large \$14 (with Garlic Bread)

### Cardini's Caesar Salad with Baby Shrimp

Crisp Romaine | Caesar Dressing | Garlic Crouton | Parmesan Shaving | Baby Shrimp Side \$8 Large \$14







Toasted Almond | Micro Shoots | Rice Paper Wrap | Coriander-Tzatziki

### Ocean Bay Calamari Fried Crispy Brown \$16

Tangy Lemon – Pepper Dip / Mango Ketchup

# Charred Eggplant and Saltfish Choka \$15



Aromatic Organic Greens | Plantain Chips

#### Mealsized....

#### Four Season Salad 22

Farm Fresh Mixed Greens | Red Cabbage | Vine Ripe Tomato | Fresh Mushroom | Boiled Egg | Red Onion Asparagus / Olives / Mozzarella / Ham / Creamy Garlic Herb Dressing Add Flaked Tuna \$5

#### **Shrimp Croissant \$27**

A Delicate Fusion of Baby Shrimp | Sundried Tomato | Celery | Apple Creamy Garlic Dressing in a Toasted Croissant | Fries or Mixed Green Salad

#### **Botanical Focaccia Melt \$22**



Toasted Focaccia Bread | Creamy Babaganoush | Roasted Vegetables | Sun Ripened Tomato | Almonds |Mozzarella | Cilantro | Fries or Garden Salad

# Warm Seafood Salad on Quinoa \$33



Tender Bites of Sautéed Mahi Mahi | Mussels | Scallop | Calamari and Tiger Prawn | Pesto Rubbed Quinoa Ripe Tomato | Mixed Green Leaf | Balsamic Dressing

#### Crusty Chicken Roti Wrap \$25

Savory Impression of Gentle Fried Spiced Chicken | Cool Coriander Tzatziki | Crisp Bell Peppers Local Lettuce in a Local Roti Shell | Tomato Choka | Fried Potato Wedges

#### Oven Roasted Spicy Meat Balls on Chunky Tomato Stew \$24

Orzo Pasta | Roti Tulip | Micro Greens | Sautéed Mushroom

### Pastas and Pizzas....

Roasted Vegetable Linguini \$25



Tomato Herb Sauce | Sundried Tomatoes | Parmesan

Orzo Aglio Olio \$25



Asparagus / Cherry Tomato / Fresh Garlic / Olive oil / Parsley / Chili Flakes / Parmesan

#### Chicken & Chorizo Penne \$29

Chicken Breast | Chorizo Sausage | Local Pepper | Mushroom | Cherry Tomato | Blue Cheese Alfredo Sauce





🎒 Gluten Free

#### Pastas and Pizzas cont'd

### **Steamed Mussels and Pesto Linguini \$32**

Mushroom | Alfredo Sauce | Smoked Herring

#### Chef's Breadfruit Gnocchi \$27

Pan-Fried Homemade Breadfruit Gnocchi | Field Pumpkin | Bacon | Tomato Sauce | Spring Onion

#### Baby Shrimp and Mushroom Pizza \$22

Sundried Tomatoes | Caramelized Onions | Kalamata Olives | Mozzarella Cheese

# Pesto Vegetable Pizza \$20 🔀



Kalamata Olives | Mediterranean Vegetables | Sun-Dried Tomatoes | Fried Capers | Goat Cheese Mozzarella Cheese

#### Margherita Pizza \$17

Plum Tomatoes | Tomato Sauce | Basil | Mozzarella Cheese

#### Pepperoni Pizza \$22

Tomato Sauce | Pepperoni | Oregano | Mozzarella Cheese

#### **Meat Lovers Pizza \$25**

Beef Bolognese | Ham | Chicken | Sausage | Tomato | Mozzarella Cheese

#### **Tuna and Roasted Pepper Pizza \$22**

Tomato Sauce | Fire Roasted Bell Peppers | Onion | Mozzarella Cheese

#### Ham and Pineapple Pizza \$23

Fresh Pineapple | Ham | Sundried Tomato | Tomato Sauce | Mozzarella Cheese

(All Pastas and Pizzas are available with GF dough option)

### Sea to Shore....

#### Line Caught Mahi Mahi \$33

Steamed in Aromatic Saffron Broth | Medley of Vegetable | Breadfruit Gnocchi

#### Golden Seared Crab Cakes on Sautéed Vegetable Rice \$29

Tomato Choka | Creamy Roasted Garlic -Avocado Aioli

#### Parmesan Coated Chicken Breast \$30

Tomato Coulis | Linguini Pasta | Sautéed Vegetables

#### Contemporary Steak and Focaccia Sandwich \$32

Grilled Angus Striploin | Homemade Focaccia Bread | Fresh Tomato Salsa | Crumbled Feta Cheese Asparagus and Cherry Tomato in Oregano Butter | French Fries

#### The Landings Gourmet Garden Burger \$18

Lentil and Quinoa Pattie | Lettuce | Tomato | Fried Onion | Roasted Garlic-Avocado Aioli | French Fries or Fried Breadfruit Gnocchi

### The Landings Gourmet Black Angus Burger \$20

Herb Mayo | Dijon Mustard | Cucumber | Tobacco Onions | Tomato | Provolone Cheese | Bacon | French Fries or Fried Breadfruit Gnocchi

### The Landings Gourmet Surf n Turf Burger \$23

Angus Beef Pattie | Bacon | Garlic Shrimp | Tomato | Pickle | Tomato Chutney | French Fries or Fried Breadfruit Gnocchi

# Desserts....

#### **Granny Smith Apple Pie \$12**

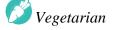
Vanilla Bean Ice Cream

### Valrhona Chocolate Brownie \$10

Vanilla Ice-Cream | Chocolate Sauce

### Banana Split Sundae \$7

Caramel | Marshmallow | Chocolate Sauce







Gluten Free