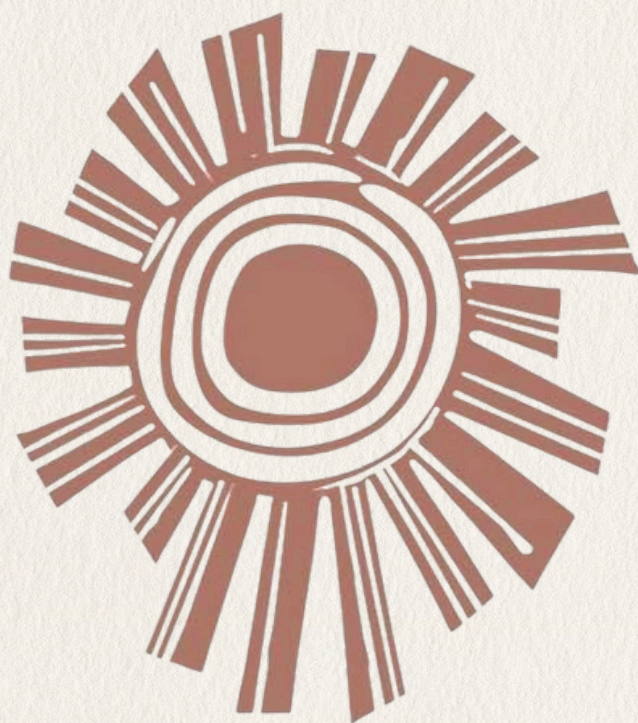




BOTÁNICA

Spa & Apothecary

At Botánica, we believe in the wisdom of plants to unlock our natural ability to achieve physical, mental, and spiritual well-being. At the heart of the Botánica experience is our beautifully verdant on- site apothecary, where we custom-formulate a range of powerfully curative oils, lotions, and balms using herbs, fruits, and medicinal flora harvested from our gardens or foraged from our regional lands. All of our apothecary formulations are designed to work with the body's natural systems, restoring balance, removing toxins, and increasing vitality.

Our team of trained and certified practitioners have developed an array of massage, therapeutic, and beauty treatments. Some of our treatments are focused on specific issues. Some deliver more general benefits. All are highly effective in removing stresses and physical blockers, clearing the way for a holistic well-being.

We invite you to join us on this soulful and rewarding journey.

BOTANICA MESSAGES

✧ **Albahaca santa**

50 min - \$5,490

80 min - \$7,500

Experience our signature treatment with basil leaves freshly picked from our garden. These powerful anti-inflammatory herbs are infused in warm oil and combined with a soothing full-body Swedish massage, designed to leave you feeling deeply relaxed, balanced, and refreshed.

Refuerzo Romero

50 min - \$5,950

80 min - \$7,990

Nurture your body with this deep tissue massage using rosemary oil made from plants grown right in our garden. This invigorating, full-body treatment helps boost your immune system, improve circulation, and release muscle tension. Feel the natural flow of your energy (chi) return, while your body's innate healing powers are gently activated.

✧ **Delicia de Anona** 80 min - \$8,450

A true Botánica exclusive. Immerse yourself in a seamless blend of five massage techniques, featuring oil from the Anona tree—renowned for reducing stress and easing muscle tension—infused with organic oregano, a powerful natural antioxidant. Sink into a bed of heated, herb-infused aromatherapy pillows, allowing you to fully relax. This is the ultimate treatment for those who seek a truly exceptional spa experience.

Rica Menta 50 min - \$5,750

Caring for your legs and feet revitalizes your entire body. This focused treatment starts with an organic foot scrub to smooth and refresh your skin. We then apply a unique blend of mariola tree oil, fresh mint, and dollar plant during a deep leg and foot massage, combined with lymphatic drainage techniques. Feel the soothing effects as tension melts away, leaving you fully relaxed, rejuvenated, and energized.

ADD ON: HOT STONES OR AROMATHERAPY: \$1,180

Therapeutic Treatments

✧ **Armonía en Contraste** 80 min - \$8,450

Inspired by indigenous temazcal rituals and traditional hot/cold balancing therapies, this treatment combines thermotherapy and cryotherapy for powerful physical and mental benefits. Using a choreographed sequence of hot and cold stone applications along with clove oil, we help restore your body's natural balance and reactivate both muscular and nervous systems. Experience deep meditative calm and a profound sense of well-being as you indulge in this unique therapy. To complement the experience, enjoy a refreshing glass of hibiscus water infused with a hint of clove and cinnamon.

✧ **Mother Nature's renewal: PRENATAL BOTANICAL MASSAGE** 50 min - \$6,250

Indulge in a rejuvenating journey with our "Mother Nature's Renewal: Prenatal Botanical Massage." Designed to nurture both mother and baby, this specialized massage harnesses the power of botanical extracts to promote relaxation and renewal. Our skilled therapists gently ease away tension and discomfort, leaving you feeling refreshed and revitalized. Experience the soothing touch of nature as you embark on this serene prenatal experience.

TREATMENTS FOR TWO

✧ **Abrazo de Rosas** 110 min - \$22,450 per couple

Ignite romance with our Sweet Embrace Ritual, designed for couples to connect and unwind. This enchanting experience begins with a soothing Gua Sha facial, using the delicate essence of roses to rejuvenate and refresh your skin. Following the facial, indulge in a personalized massage infused with rose and chamomile oil, crafted to melt away tension and enhance your bond. To conclude your ritual, enjoy a complimentary drink of your choice—choose between a light cacao with roses and honey or a calming rose and chamomile tea. Together, you will leave feeling deeply relaxed, connected, and rejuvenated.

✧ **Ceremonia de Agave** 110 min - \$22,450 per couple

Embark on a sensory journey inspired by the healing powers of agave, nopal, tuna, and chia. This revitalizing treatment begins with a nourishing exfoliation and body wrap, allowing your skin to absorb the restorative properties of these desert plants. Next, enjoy a customized full-body massage that melts away tension, leaving you refreshed and renewed. To complete your experience, savor a complimentary beverage at the end—choose between a soothing ginger tea with agave honey or a refreshing tequila. Complemented by our blend of aromatherapy oils, this treatment will leave you feeling deeply relaxed, balanced, and restored.

For the bride

✧ **Bridal Radiance** 110 min - \$18,750

Step into your special day with glowing confidence. This luxurious treatment begins with a full-body exfoliation to reveal silky smooth skin, followed by a nourishing body wrap to deeply hydrate and renew. A gentle rose petal massage, using our signature Angel Foam scent, enhances relaxation and restores your natural radiance.

To complete the pampering, add with extra cost a mani and pedi for the ultimate bridal glow.

ADD ON: HOT STONES OR AROMATHERAPY: \$1,180

BODY TREATMENTS

* **Margarita de la casa** 50 min - \$4,350

Revitalize your skin with this restorative treatment that begins with an invigorating full-body exfoliation using lime citrus and sea salt. This natural scrub effectively removes dead skin cells, opens pores, and prepares your skin for maximum antioxidant absorption. Following the exfoliation, we apply a soothing, all-natural balm that nourishes every inch of your skin, leaving it glowing and irresistibly silky smooth.

* **Aloe Calma** 80 min - \$8,450

After a day under the Baja sun, your body deserves this deeply regenerative skin-repair treatment. We begin with a soothing application of organic aloe, calming the skin and accelerating the healing process. Following this, enjoy a full-body massage with a hydrating blend that helps your skin rebuild while reducing inflammation and discomfort from overexposure, leaving you refreshed and restored.

* **Jardin Tropical** 80 min - \$8,990

Designed exclusively for Botánica, this rejuvenating treatment begins with a gentle exfoliation using the refreshing blend of bergamot, lavender, and lemon. Next, enjoy a nourishing body wrap to detoxify your skin. Finally, indulge in a personalized massage infused with a citrus aroma, leaving your whole body feeling rejuvenated, refreshed, and revitalized.

* **Deliciosa Arnica** 80 min - \$6,600

Your lymphatic system plays a key role in detoxification and immune support. This therapeutic treatment uses arnica oil, renowned for its anti-inflammatory properties, paired with slow, purposeful strokes that encourage lymph fluid movement. The result? Reduced inflammation, restored balance, and a natural boost to your immunity, leaving you feeling lighter and more in tune with your body.

ADD ON: HOT STONES OR AROMATHERAPY: \$1,180

FACIALS

* **Rapid results gemstone facial**

25 min - \$3,490

-----Uplift the senses and achieve rapid benefits with this energizing gemstone facial. Using a potent combination of gemstone-infused balms, botanical extracts, and other active, natural ingredients, you will enjoy more balanced, healthy, energized, and glowing skin in under half an hour.

* **GUA SHA FACIAL**

50 min - \$6,450

-----Enjoy a deep cleansing facial using natural botanicals complemented with a powerful Gua Sha stone massage to help boost the skin's natural circulation, flush out toxins, and activate cellular restoration leaving you with a smoother, brighter, more radiant complexion.

* **Botanica Ageless Facial**

80 min - \$8,750

-----This luxurious facial is designed specifically to combat the signs of aging and restore your skin's natural hydration. It harnesses the power of vitamin C to exfoliate, refine, and tighten pores as well as nourishing botanicals that protect against free radicals, and visibly brighten dull skin, leaving it youthful and luminous.

* **Coconut Corrective Facial**

80 min - \$8,750

-----Coconut has long been revered for its powerfully hydrating and antioxidant properties. This skin-firming and restoring facial uses a range of tropical flora including monoi, coconut, hibiscus and neroli to deliver healthier, tighter, more radiant skin along with long-lasting anti-aging benefits.



SALON

Nails

Pedicure – - \$2,200

✱

Trimming, shaping, cuticle care, scrub, massage & color polish

✱ **Manicure – \$1,850**

Trimming, shaping, filling, cuticle care, massage, exfolation & color polish

✱ **Regular Polish Change – \$950**

Filing & color polish

✱ **Gel Removal- - \$500**

Hair

Blow dry/Straighten-

✱

- \$2,150

✱ **Hair Styling – - \$3,450**

WELLNESS HOLISTIC

✦ **Cacao Ceremony** 120 min - \$6,450 per couple

Ancient prehispanic cacao seed preparation into a medicinal drink that connects to your heart, energizes your body and delights all your senses. It's also an invitation to share, listen, and learn in a community with nature.

✦ **Sound Healing & Meditation** 60 min - \$5,240 per couple

Melodic frequencies are played to connect, synchronize, and harmonize the inner self which leads to full relaxation through a concert of natural sounds from singing quartz bowls.

Fitness & Wellness

ONE-ON-ONE 60 min - \$3,650

A personalized, one-on-one session with a certified fitness or wellness coach.

- Pilates (Mat, Reformer)
- Sculpt and Burn
- Yogalates
- Functional Training

YOGA PRIVATE CLASS (hatha, vinyasa, yin, restaurative, power) 110 min - \$4,810

Immerse yourself in the tranquility of personalized yoga practice with our Yoga Private Sessions. Choose from various styles like Hatha, Vinyasa, Yin, Restaurative or any other style we may offer, tailored to your preferences.

DAY PASS

Day Pass 4 hours - \$2,350

Enjoy a refreshing day dedicated to wellness and relaxation.

This includes access to fully equipped gym, the semi-Olympic pool, hydrotherapy circuit featuring sauna, steam room, jacuzzi, and private lockers for your convenience.

The perfect way to stay active and unwind at your own pace.

Hydrotherapy 1 hour - \$1,100

hydrotherapy circuit featuring sauna, steam room, jacuzzi, and private lockers for your convenience.

HOURS OF OPERATION

Botánica Spa: 08:00am to 06:00pm, daily

Fitness Center: 07:00am to 08:00pm, daily

SPA POLICIES We appreciate your help maintaining a calm, relaxing environment for all by speaking in a low voice and refraining from the use of cell phones in the Spa area.

Please arrive 45 minutes prior to your Spa treatment to enjoy all Botánica spa has to offer while ensuring we are able to provide treatments in a timely fashion.

Please leave all valuables in your room.

Botánica is not responsible for lost or misplaced items.

Prior to your Spa treatment, we will provide you with a locker as well as robe and sandals for your comfort.

Following your treatment, we invite you to take advantage of the relaxation area, where you can also enjoy a refreshing drink of your choice.

*Please note that prices are subject to change based on seasonal variations, availability, and market conditions.

*Kindly note that all prices listed for our wellness, holistic, and fitness activities and experiences are per person. We invite you to immerse yourself in our offerings, tailored to elevate your individual journey towards well-being.

CANCELLATION POLICY

Botánica Spa kindly requests a notice of 24-hours prior to your appointment time for any changes or cancellation. Any cancellations made within 12-hours are subject to a 50% charge of your treatment.



FROM THE APOTHECARY

* CREATE YOUR BAJA BLEND *

Aromatherapy at the Apothecary. Use the tinctures, essential oils, and organic bases at the mixing table in the Apothecary. Find a combination that's just for you! We hope you'll think of Mas Olas every time you spritz it on.

\$2,350 MXN

*Extra Bottle: + \$950

* Natural Repellent *

: Join us for a hands-on experience where you'll learn to create your own natural repellent using ingredients from our very own garden! In this workshop, we'll use fresh citronella and lemon plants to craft an effective and eco-friendly solution. Discover the benefits of these plants, explore their aromatic properties, and leave with your personalized blend to keep those pesky bugs at bay. Perfect for nature lovers and DIY enthusiasts!

\$2,350 MXN

* MEDICINAL HERBS & PLANTS *

The miraculous power of plants comes to life in this engaging workshop! Starting in Mas Olas's medicinal garden, you'll collect samples and learn from a trained botanist. Then, at the apothecary, you'll have a chance to work with the samples directly to deepen your understanding of their remarkable properties, and how these same properties can be put to use in curative teas, presses, ointments, and other healing methods. You'll walk away with a new appreciation for plants, and also a digital book summarizing everything you've learned.

IMMERSION EXPERIENCE - Additional charge

\$1,500 MXN