



*G*LORIES OF THE MEDITERRANEAN
AND THE SEA OF CORTEZ


ARMONIA
SPA

This spa is a sanctuary of wellness where history and modernity merge, offering a unique experience of rejuvenation and serenity. Here, neoclassical splendor joins the essence and culture of Mazatlán, creating a space where health and well-being are experienced at their fullest. Immerse yourself in a wellness journey where every detail is designed to nurture your body, mind, and spirit.

Welcome to ARMONIA Spa Emerald Bay, your oasis of
tranquility and rejuvenation.

RITUALS

Our Rituals represent the pinnacle of wellness and sophistication. Inspired by ancestral wisdom, these treatments are complete journeys of rejuvenation and balance, designed for the most discerning. Each ritual is a holistic experience that combines the highest quality natural ingredients with advanced techniques, offering total immersion in luxury and relaxation.





SUBLIME SERENITY

- Experience the luxury of ancestral serenity -
110 Min

This powerful ritual begins with an ancestral "limpia" to the rhythm of cymbals and Tibetan bowls, whose vibrations reduce stress and promote deep relaxation. Then, a natural exfoliation of herbs, fruits, and essential oils rejuvenates your skin and relaxes your senses. A lomi lomi massage relieves muscle tension and improves circulation, combined with tuning fork therapy that enhances circulation and promotes toxin elimination. It ends with aromatherapy that envelops your senses, leaving you in a state of complete serenity and balance.

- ❁ Stress reduction
- ❁ Skin rejuvenation
- ❁ Improved circulation
- ❁ Muscle tension relief
- ❁ Emotional balance

GOLDEN SPLENDOR

- Awaken your inner splendor -
110 Min

Since ancient Greece and Rome, citrus fruits have been valued not only for their vibrant flavor but also for their powerful revitalizing properties. This ritual begins with an exfoliating wrap formulated with mandarin. The exfoliation is followed by a citrus soufflé body mask that provides deep hydration, evoking Greek rejuvenation practices. The treatment is completed with a luxurious application of C+C Vitamin Body Cream, leaving the skin luminous and radiant, like the golden fruits in the gardens of the Hesperides.

- ❁ Intensely hydrates and firms the skin
- ❁ Provides a luminous and radiant glow
- ❁ Deeply revitalizes and nourishes



PRE-HISPANIC

~ Detoxify and revitalize your being ~
110 Min

Inspired by the temazcal ceremony, this ritual uses copal, herbs, and essential oils in hot healing compresses, followed by a lymphatic drainage massage with agave butter. Detoxify your body and connect your mind with your body. Intensely hydrates and firms the skin.

- ❁ Detoxifies and purifies the skin
- ❁ Improves circulation and Toxin elimination
- ❁ Promotes deep relaxation

HOLISTIC

~ Balance and harmony through traditional medicine ~
100 Min

Relieve stress and chronic fatigue with a combination of acupressure techniques inspired by Chinese medicine, massage on vital reflexology points, and cupping massage. This treatment stimulates immune function and balances the body's meridians, relieving muscle pain and inflammation with the power of arnica.

- ❁ Reduces stress and chronic fatigue
- ❁ Improves immune function
- ❁ Balances meridians and vital organs



SHIROABHYANGA

~ Where ancient wisdom meets the serenity of olympus ~
80 Min

Inspired by Ayurvedic traditions and the pursuit of perfect balance, this ritual flows like a divine whisper, harmonizing body and mind. Delicate drops of essential oils descend upon the third eye, awakening inner clarity. A deep cranial massage completes the experience, releasing tension and revitalizing energy channels like a serene river connecting the earthly with the celestial.

- ✿ Harmonizes the body's energy flow
- ✿ Promotes deep relaxation and mental clarity
- ✿ Revitalizes the mind and relieves stress

BODY TREATMENTS

Our body treatments offer a total rejuvenation experience that combines high-quality wraps and exfoliants. Inspired by the ancient traditions of Greece and Rome, we use natural ingredients and advanced techniques to purify, hydrate, and revitalize your skin.





HESPERIDES' LUMINOSITY

~ Revitalize and hydrate your skin with the essence of citrus ~
80 Min

Inspired by the rejuvenating practices of ancient Greece and Rome, this body wrap begins with a revitalizing mandarin exfoliation, followed by a citrus soufflé mask that provides deep hydration. It concludes with an application of our luxurious C+C Vitamin Body Cream, leaving your skin radiant and rejuvenated, like gold in the mythical gardens of the Hesperides.

- ❁ Exfoliation and revitalization
- ❁ Deep hydration
- ❁ Luminosity and radiance

VULCAN'S CLAY

~ Purification and energy with the power of the volcano ~
50 Min

Inspired by Vulcan, the god of fire and volcanoes, this treatment invigorates and purifies your skin with powerful volcanic clay. The blend of sesame oil and apricot kernel exfoliates deeply, while the draining massage with invigorating oil energizes, reduces inflammation, and revitalizes the body. Ideal for those seeking a complete and energizing renewal.

- ❁ Purifies and energizes the skin
- ❁ Reduces inflammation
- ❁ Revitalizes and energizes the body



HELIOS' REBIRTH

~ Revitalize and soothe your skin ~
50 Min

This treatment revitalizes and soothes the skin using organic blue agave extract, aloe vera, horsetail, and gotu kola. Ideal for sunburned and damaged skin, it removes dead cells and promotes cellular regeneration.

- ❁ Revitalizes and soothes the skin
- ❁ Promotes cellular regeneration
- ❁ Ideal for sunburned skin

APHRODITE'S SKIN

~ Renew your skin with the purity of nature ~
40 Min

Inspired by Aphrodite, the goddess of beauty, this treatment uses a rich blend of sea salts, essential oils, and seasonal ingredients to exfoliate and renew your skin. Prepared on the spot by the therapist, this personalized experience includes an agave balm with aromatherapy, leaving your skin soft and hydrated.

- ❁ Exfoliates and renews the skin
- ❁ Hydrates and softens the skin
- ❁ Personalized and fresh experience

FACIALS

Our facial treatments are true journeys toward renewal and beauty, both inside and out. Inspired by the gods of beauty and health from Greco-Roman culture, each facial is designed to revitalize and beautify your skin using the highest quality ingredients and advanced techniques. Immerse yourself in ancient wisdom and discover facial care that not only enhances your appearance but also nourishes your being.



FACIALS



Pueblo Bonito Emerald Bay

APOLLO'S GOLDEN

Triple firmness, triple elasticity with apollo's light
80 Min

Inspired by Apollo, the god of light and eternal youth, this facial treatment combines collagen and hyaluronic acids to rejuvenate and firm the skin of the face and neck. Ideal for combating aging and improving skin elasticity, this facial uses the highest quality ingredients to provide a luxurious experience that leaves your skin radiant and revitalized. Immerse yourself in the power of light and youth with this exclusive treatment.

- ✿ Firms and lifts the skin
- ✿ Improves elasticity
- ✿ Reduces signs of aging

CITRUS ELIXIR

Purify and revitalize your skin with the essence of citrus
50 Min

Inspired by the freshness and vitality of Mediterranean citrus fruits, the Vitamin C Purifying Facial is an antioxidant treatment designed to soothe sun-damaged skin and combat signs of premature aging. The high concentration of vitamin C revitalizes the skin and stimulates collagen production, leaving your face firm and radiant. Immerse yourself in the purifying energy of citrus and renew your skin with this revitalizing treatment.

- ✿ Revitalizes and firms the skin
- ✿ Stimulates collagen production
- ✿ Combats sun damage



ATHENA'S HARMONY

~ Protect and rejuvenate your skin with wisdom ~
50 Min

Inspired by Athena, the goddess of wisdom and strategy, this facial treatment uses advanced biotechnology along with natural ingredients to protect and rejuvenate the skin. Ideal for unbalanced and aged skin, it restores balance and youth to your skin.

- ✿ Rejuvenates and revitalizes the skin
- ✿ Provides a natural facial lift
- ✿ Leaves the skin firm and radiant

RADIANCE

~ Renew and hydrate your skin ~
25 Min

An express facial focused on restoring, revitalizing, and hydrating the skin. Ideal for those seeking quick and effective results.

- ✿ Hydrates and revitalizes
- ✿ Provides quick results
- ✿ Improves skin texture

MASSAGES

Our massages combine the best of traditional and modern techniques to offer you an unparalleled wellness experience. Inspired by ancient health practices, we use natural ingredients and methods to relieve tension, improve circulation, and promote deep relaxation. From customized massages to hot stone therapies, each treatment is designed to revitalize the body and mind, providing a perfect balance between health and relaxation.





DIVINE ESSENCE SIGNATURE

~ Choose your own path to relaxation ~
80 Min

At ARMONIA Emerald Bay, our signature massage, Divine Essence, invites you to experience personalized relaxation inspired by the pillars of Greco-Roman wellness. This massage focuses on the specific needs of each client, combining deep tissue, Swedish, lomi-lomi, reflexology, and stones techniques. Immerse yourself in a selection of special aromas and oils, carefully chosen according to your preferences, for a complete wellness experience.

❁ **Hygieia's Balance:**

Relieves muscle tension and promotes body and mind balance.

❁ **Apollo's Energy:**

Improves flexibility and mobility, rejuvenating the spirit and body.

❁ **Athena's Wisdom:**

Fosters mental clarity and self-awareness through reflection and deep relaxation.

❁ **Hercules' Strength:**

Enhances physical strength and resilience, inspiring courage and heroism.

❁ **Poseidon's Tranquility:**

Promotes deep relaxation and inner peace, connecting you with the aquatic element.

MASSAGES



Pueblo Bonito Emerald Bay

HYGIEIA'S PURIFIER

~ Awaken the purity of your body ~
50/80 Min

Hygieia's Purifier Massage is designed to stimulate the lymphatic system and improve circulation, helping to eliminate toxins and reduce fluid retention. Inspired by Hygieia, the goddess of health, this treatment uses a combination of rosemary and lavender essential oils, known for their detoxifying and anti-inflammatory properties. This gentle and rhythmic massage promotes a sense of overall well-being and body revitalization.

- ❁ Provides total and complete relaxation
- ❁ Creates a deep sense of well-being

OLYMPUS STONES

~ Let the divine heat revitalize your body ~
80 Min

Immerse yourself in total relaxation with our Olympus Stones Massage. Using heated volcanic stones, this treatment releases muscle tension, improves circulation, and reduces stress. Combined with essential oils of lavender and rosemary, this massage revitalizes body and mind, bringing you to a state of balance and well-being.

- ❁ Improves blood circulation
- ❁ Relieves muscle tension
- ❁ Reduces stress and promotes deep relaxation



MATERNAL SERENITY

~ Caring for the mother, nurturing the baby ~
50/80 Min

Inspired by Ilithyia, the Greek goddess of childbirth and motherhood, the Maternal Serenity Massage is specifically designed for expectant mothers, providing relief and comfort during pregnancy. Using gentle and safe techniques, this massage focuses on relieving muscle tension, reducing swelling, and improving circulation. A combination of lavender, chamomile, and rosehip essential oils, known for their calming and nourishing properties, helps relax the body and mind, creating an environment of tranquility and well-being for both mother and baby.

- ❁ Relieves muscle tension and reduces swelling
- ❁ Improves circulation and promotes relaxation
- ❁ Provides an environment of tranquility and well-being for mother and baby

DEEP REVITALIZING

~ Release tension and revitalize your body ~
50/80 Min

The Deep Tissue Revitalizing Massage is designed to relieve chronic muscle tension and improve mobility. It focuses on the deep layers of muscle and connective tissue using firm pressure and friction techniques. It can reduce muscle stiffness and pain, improve circulation, and lower blood pressure. It is ideal for those seeking effective muscle pain relief and improved flexibility.

- ❁ Relieves chronic muscle tension
- ❁ Improves mobility and flexibility
- ❁ Reduces muscle pain and stiffness



CLASSIC HARMONY

~ Relax and revitalize with classic technique ~
50/80 Min

The Classic Swedish Massage, known for its long, flowing movements, is ideal for general relaxation and improving circulation. This massage can reduce stress, relieve pain, and enhance immune function. Using techniques such as effleurage, petrissage, and tapotement, this treatment promotes muscular and mental relaxation, helping you achieve a state of complete well-being.

- ❁ Reduces stress and promotes relaxation
- ❁ Improves blood circulation
- ❁ Relieves pain and enhances immune function

MASSAGES



Pueblo Bonito Emerald Bay

MENTAL SPLENDOR

~ Mental clarity and serene beauty ~
30 Min

The Mental Splendor Massage is designed to relieve tension accumulated in the head, neck, and face, promoting a sense of mental clarity and deep relaxation. A combination of mint, lavender, and rosemary essential oils revitalizes and soothes the skin. Ideal for those seeking to release stress and improve circulation in these areas, this massage leaves a sense of overall well-being and serene beauty.

- ❁ Relieves tension in the head, neck, and face
- ❁ Promotes mental clarity and deep relaxation
- ❁ Improves circulation and revitalizes the skin

ATLAS RELEASE

~ Relieve the weight and renew your vitality ~
25 Min

Inspired by Atlas, the Titan who bore the weight of the heavens on his shoulders, this focused express massage targets tension in the neck, back, and shoulders. Using precise and effective techniques, it alleviates muscle stress and revitalizes the body in a short time. Ideal for those seeking quick relief without compromising on deep well-being.

- ❁ Relieves tension in the neck, back, and shoulders
- ❁ Revitalizes and improves mobility
- ❁ Provides express relief for stressed bodies



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