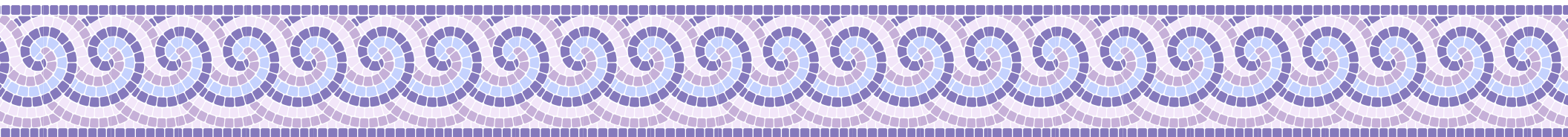




A Journey to Serenity and Ancestral Wisdom


ARMONIA
SPA

High atop Montecristo, where nature and history converge, emerges a sanctuary of wellness and connection. A place where community and togetherness come to life, inspired by the essence of ancient hammams. Here, every corner invites you to share stories and create bonds, just as they did in the legendary Roman and Turkish baths. This is a space where silence becomes conversation, where wellness is experienced in company. Each treatment is a ceremony that honors tradition and community, using simple yet powerful elements: water, stone, and the warmth of a welcoming environment. Here, time stands still, and the present is fully lived in every encounter, in every shared ritual. Welcome to a space where community is the heart of wellness.



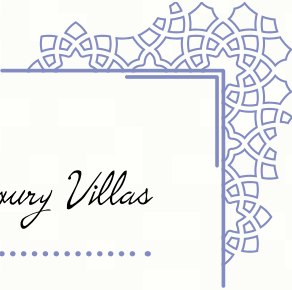
RITUALS

Embark on a unique journey, where each ritual is a portal to ancestral lands and ancient cultures. At Armonía Montecristo, rituals are not just treatments; they are transformative experiences that connect you with the essence of two worlds: the deep roots of Mexico and the rich heritage of the Mediterranean. From purification with sacred aromas to revitalization with ingredients from the earth, each ritual is designed to renew your body and spirit, elevating your well-being to new heights. Let yourself be guided by this fusion of traditions and elements, and discover a sanctuary where the past and present intertwine in an unparalleled sensory journey. Welcome to a world where harmony and serenity await you at every turn.

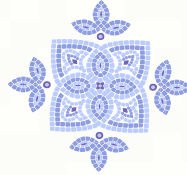




RITUALS



Montecristo Estates Luxury Villas



ANCESTRAL RITUAL

Indulge peace through the wisdom of ancient civilizations.

110 Min

Inspired by the greatness of mother earth and the power of the sea, this ritual purifies and detoxifies the body, starting with a body exfoliation of agave, followed by a volcanic clay mask and herbal infusion. Enjoy a Lomi Lomi massage at the waves of the sea, ending with a moisturizing facial.

Benefits:

- ✿ Renews skin, releases toxins, reduces anxiety and stress.

CITRUS SUPREME RITUAL

Revitalize your skin with the energy of citrus fruits

110 Min

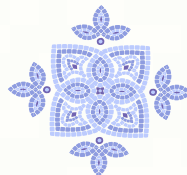
Intense moisturizing and firming ritual for the body and face. This revitalizing ritual begins with a tangerine-formulated exfoliating wrapper followed by a citric soufflé body mask providing deep hydration. The treatment is completed with the application of a luxury body cream vitamin C+C giving the skin a bright and radiant appearance.

Benefits:

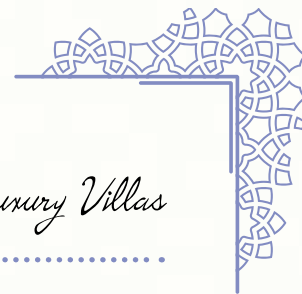
- ✿ Nourishes and brightens the skin with the antioxidant powers of vitamin C+C, ideal perfect tan.



RITUALS



Montecristo Estates Luxury Villas



PRE-HISPANIC RITUAL

Detoxify and Revitalize your Self

100 Min

Inspired by the Temazcal ceremony, this ritual uses copal, herbs and essential oils in warm healing compresses, followed by a lymphatic drainage massage with arnica butter. Includes organic facial and hot towel ritual.

Benefits:

- ❁ Detoxifies your body and connects your mind to your body.

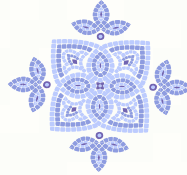
BODY TREATMENTS

Embark on a journey of body renewal where each treatment is a voyage towards purity, vitality, and serenity. At Armonía Montecristo, our body treatments are designed to transform and revitalize your body, connecting you with the very essence of the earth and the sea, the sun, and the breeze. From the most delicate exfoliation to the most nourishing wraps, each experience envelops you in a ritual that purifies, hydrates, and renews every cell of your being. Let us guide you along a path where tradition meets nature, where every touch, aroma, and texture takes you one step closer to your ultimate well-being. Prepare to leave the outside world behind and immerse yourself in a sensory experience that awakens and renews your body, uplifting your spirit.





BODY TREATMENTS



Montecristo Estates Luxury Villas

CITRUS SUPREME

Let the desert light brighten your skin.

80 Min

Revitalizes - Nourishes - Reaffirms Moisturizes your skin with an intense hydrating and firming body treatment, starting with an exfoliating envelope formulated with tangerine followed by a citrus soufflé body mask providing deep hydration. The treatment is completed with the application of a luxury body cream vitamin C + C giving the skin a bright and radiant appearance.

Benefits:

- ✿ Brightens and revitalizes the skin, firms and rejuvenates, ideal for a perfect tan.

ANTIOXIDANT BODY TREATMENT

Awaken the essence of earth in your skin.

80 Min

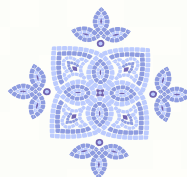
Comprehensive antioxidant treatment, designed for skin renewal and circulation stimulation. combines a seasonal exfoliation, followed by an organic wrapping of volcanic clay, rich in detoxifying ingredients. The result is deeply remineralized skin, visibly firmer tissue and powerful antioxidant protection against premature aging. We finished with a peach with a moisturizing butter.

Benefits:

- ✿ Purifies and energizes the skin, deeply nourishes, revitalizes and softens.



BODY TREATMENTS



Montecristo Estates Luxury Villas



LAVANDER & WHITE TEA BODY SCRUB

Finds serenity in the softness of lavender.

50 Min

This treatment is a delicate tribute to purity and tranquility, blending the freshness of lavender with the antioxidant properties of white tea. begins with a full body exfoliation and seals your pores a cream enriched with lavender, which wraps your body in a soothing softness, leaving the skin velvety and in harmony.

Benefits:

- ✿ Exfoliates and gently purifies, calms the senses and leaves your mind in deep calm.

FACIALS

Embark on a sensory journey where history and beauty converge in every touch. Our facials are more than just skincare treatments; they are rituals that awaken the essence of your skin, elevating it to its highest splendor. Inspired by the purity of nature and the strength of the elements, each facial is a journey towards renewal, where modern science meets ancient wisdom. In this sanctuary of serenity, the best-kept secrets of youth and vitality are revealed in every application, transforming your face into a canvas of light and life. Let yourself be guided by our expert hands, and discover how your skin is reborn, rejuvenated, and radiant in each of our facial rituals.





FACIALS

DIAMOND LIFE INFUSION

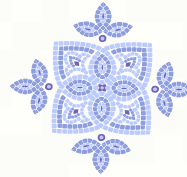
Elixir of sophistication and absolute rejuvenation

80 Min

This sophisticated luxury facial fuses advanced technology to transform the skin from the first application, designed to smooth expression lines and firm the contours of the face, this anti-treatmentage deeply nourishes and restores luminosity to the face with incomparable elegance, stimulates microcirculation with the powers of a mask based on pearl powder.

Benefits:

- ❁ Rejuvenating treatment with lifting effect.



Montecristo Estates Luxury Villas

THE 3D COLLAGEN

Triple firmness, triple elasticity

80 Min

Powerful rejuvenating and regenerating treatment based on a clever combination of three types of collagen, aimed at increasing the skin's firmness in extraordinary ways. With a surprising lifting and redensifying effect, it rebuilds the facial oval, improves skin density and preserves optimal hydration.

Benefits:

- ❁ Stimulates the production of collagen, with a lasting and luminous effect.



FACIALS

VITAMIN C+C

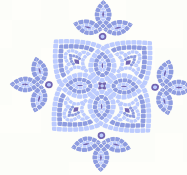
Revitalize your skin with the energy of the sun and vitamin C+C

50 Min

With a high concentration of vitamin C and essential nutrients, this antioxidant facial treatment revitalizes and firms your skin, cleansing and nourishing deeply combating sun damage and signs of premature aging. This ritual begins with a deep cleansing and exfoliation that purifies the skin, followed by a concentrated application of vitamin C that stimulates collagen production, renewing the firmness and elasticity of your skin.

Benefits:

- ✿ Combat the signs of premature aging with the antioxidant powers of vitamin C+C.



Montecristo Estates Luxury Villas

OXYGENATING FACIAL

Purifies and oxygenates the face.

50 Min

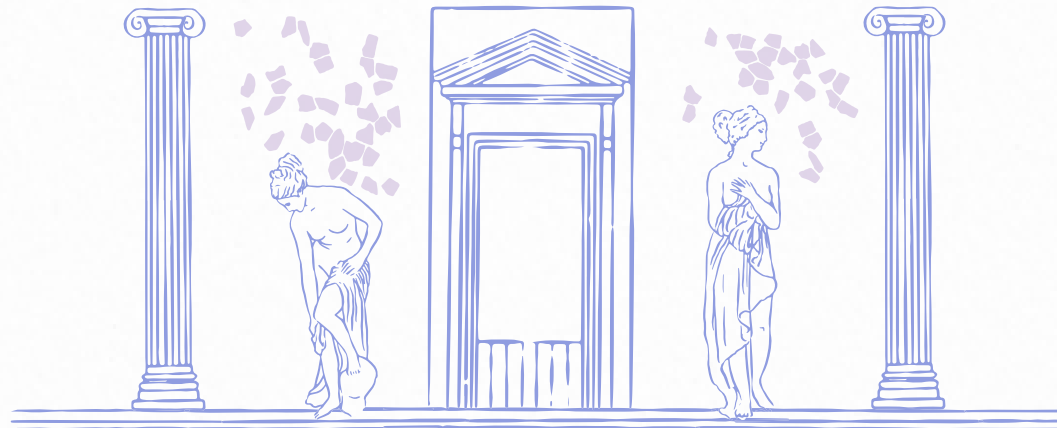
Reawaken your skin with the revitalizing energy of pure oxygen, this incredible facial purifies, brightens and balances the dull complexion, providing an extra dose of oxygen thanks to the benefits of hydrogen peroxide. This treatment begins with a deep cleansing that decongests the skin, followed by an exfoliation that promotes cell regeneration and an oxygenating mask renewing and brightening the face.

Benefits:

- ✿ Detoxifies and eliminates free radicals, deeply cleanses the pores of the face.

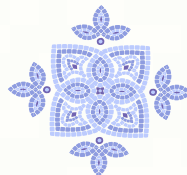
MASSAGES

Immerse yourself in a journey of deep connection and well-being, where each massage is a gateway to a sanctuary of serenity and renewal. On this journey, our hands are guides that know the secret paths to total relaxation, relieving tension, restoring balance, and awakening the dormant energy in every fiber of your being. Every technique, every touch, is an invitation to leave the outside world behind and step into a space where time stands still, and all that remains is the sensation of absolute well-being. From the revitalizing strength of a precise stroke to the calming whisper of ancient stones, our massages are designed to speak to your body in its most intimate language, releasing what no longer serves and embracing what renews. Let us accompany you on this journey to inner peace and total harmony, where every experience brings you closer to your best self.

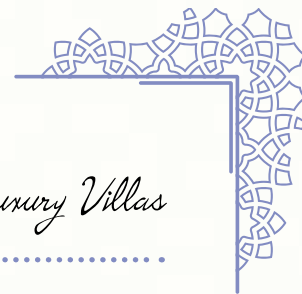




MASSAGES



Montecristo Estates Luxury Villas



CUSTOMIZED MESSAGE

Choose How You Want to Feel

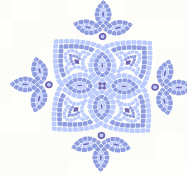
50/80 Min

We understand that each person is unique, connect with your inner self and choose the perfect massage for you. Select based on how you want to feel and the results you want to achieve.



MASSAGES

Montecristo Estates Luxury Villas



SWEDISH

Enjoy a deeply relaxing massage that combines gentle, rhythmic movements to release tension, relieve stress, and revitalize body and mind. This massage uses gliding and kneading techniques to stimulate circulation and improve muscle elasticity while promoting deep relaxation and restful sleep.

DEEP TISSUE

This massage works on the deeper layers of muscles and connective tissue, using slow movements and medium to firm pressure to release tension and chronic fatigue.

QUIRO-SPORTS

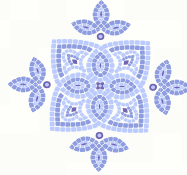
This high-intensity treatment focuses on relieving muscle pain, reducing fatigue, and improving mobility through deep pressure techniques and specialized stretching. Combining pressure points and forearm movements, this massage penetrates deep into the muscle layers, releasing tension and promoting faster recovery.

Ideal for those looking to enhance physical performance and prevent or treat injuries, the massage is complemented by gentle stretches that increase flexibility, leaving your body revitalized, stronger, and ready for any challenge.



MASSAGES

Montecristo Estates Luxury Villas



MAXIMUM STRESS RELIEF

Our massage is designed with a combination of therapeutic techniques that provide relaxation, directly customizing the discomfort prone to daily stress.

Available selection:

- ❖ Back, neck and foot massage - 50 minutes
- ❖ Cranial and foot massage - 50 minutes
- ❖ Leg and foot massage - 50 minutes

THERAPEUTIC HOT STONE

A wonderfully relaxing treatment that includes a variety of massage techniques combined with the healing properties of hot stones to relax, relieve tension, stimulate circulation, calm and harmonize body and mind. This massage is designed to enter a deep state of relaxation.

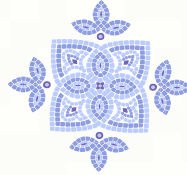
FOUR-HANDED

A completely harmonizing experience, two therapists work in perfect synchronization, applying a fusion of techniques that bring a sense of well-being, and feel pampered with this experience.



MASSAGES

Montecristo Estates Luxury Villas



SHIROABHYANGA

This is a classic and ancient Indian Ayurveda ritual that balances and connects the energy channels, applying a gentle but stimulating cranial massage to the rhythm of essential oil drops to awaken intuition and chakra harmonization. This relaxing therapy will leave you in harmony and emotional peace.

LUXURY MASSAGE WITH VITAMIN C+C

Recharge your skin's vitality with this protocol based on the benefits of vitamin C. Enjoy a powerful infusion of antioxidant properties in a truly sensory treatment and immerse yourself in a wonderful citrus environment.

EXPECTANT MOTHER

This massage is designed to provide maximum comfort and relaxation for expectant mothers, focusing on relieving tension in the back, legs, improving circulation, and reducing swelling. Inspired by the deep connection between mother and baby, this treatment is a tribute to care and protection, nurturing both body and soul during this special stage of life.



Armonia Spa
Montecristo Estates Luxury Villas
Predio Paraíso Escondido 1, Cabo San Lucas, BCS, 23450, México
Phone: +52-624-142-9999