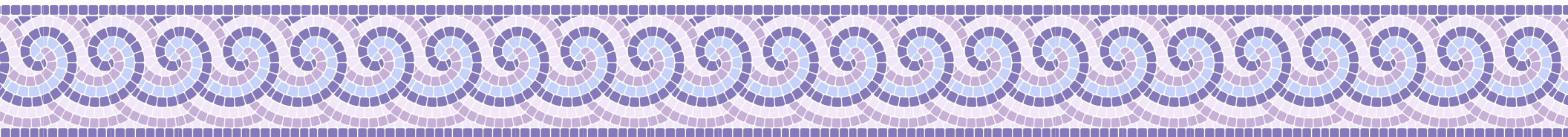




# A Journey to Serenity and Ancestral Wisdom

  
ARMONIA  
SPA

High atop Montecristo, where nature and history converge, emerges a sanctuary of wellness and connection. A place where community and togetherness come to life, inspired by the essence of ancient hammams. Here, every corner invites you to share stories and create bonds, just as they did in the legendary Roman and Turkish baths. This is a space where silence becomes conversation, where wellness is experienced in company. Each treatment is a ceremony that honors tradition and community, using simple yet powerful elements: water, stone, and the warmth of a welcoming environment. Here, time stands still, and the present is fully lived in every encounter, in every shared ritual. Welcome to a space where community is the heart of wellness.



# RITUALS

Embark on a unique journey, where each ritual is a portal to ancestral lands and ancient cultures. At Armonía Montecristo, rituals are not just treatments; they are transformative experiences that connect you with the essence of two worlds: the deep roots of Mexico and the rich heritage of the Mediterranean. From purification with sacred aromas to revitalization with ingredients from the earth, each ritual is designed to renew your body and spirit, elevating your well-being to new heights. Let yourself be guided by this fusion of traditions and elements, and discover a sanctuary where the past and present intertwine in an unparalleled sensory journey. Welcome to a world where harmony and serenity await you at every turn.





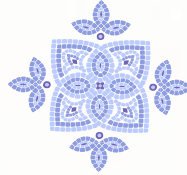
## RITUALS

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### SPLENDOR OF MONTECRISTO

Immerse yourself in a sensory journey where the splendor of the Mediterranean awakens your senses and renews your soul.

110 Min

In this signature ritual, your journey begins with deep purification, where the Kessa glove, combined with activated charcoal soap and sea salt, cleanses and revitalizes your skin like the waves caressing the shore. Next, a soothing green clay wrap, rich in copper and infused with thyme and rosemary, detoxifies your body, connecting you to the ancestral land of Montecristo.

The journey continues with a customized facial, where you choose between golden amber or delicate jasmine, hydrating and protecting your face, leaving it luminous and serene. A cranial massage, infused with argan oil, mint, and ginger serum, immerses you in deep calm. Finally, an amber or jasmine body cream envelops your skin in an eternal caress, while a tea of anise, figs, and dates completes this voyage to the heart of the Mediterranean.

- ✿ Revitalizing exfoliation
- ✿ Intense hydration
- ✿ Purification and sensory renewal

### RISEING SUN RADIANCE

Awaken your skin with the light of the Mediterranean and renew your energy with the power of citrus.

110 Min

This ritual begins with a revitalizing exfoliation, infused with the pure essence of vitamin C, awakening the skin with a golden glow. As your body absorbs this energy, a citrus soufflé mask embraces your skin, deeply hydrating it. While you indulge in comfort, your face receives a brightening treatment with vitamin C, including a mask that rejuvenates and tones.

The ritual culminates with the application of dry oil, serum, and vitamin C facial cream, sealing freshness and radiance in every pore.

- ✿ Luminosity and renewal
- ✿ Deep hydration
- ✿ Firming and energizing





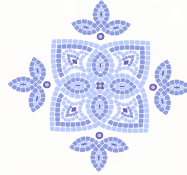
## RITUALS

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### MEETING OF ANCESTRAL LANDS

A meeting between the ancestral roots of Mexico and the  
essence of the Mediterranean.  
100 Min

This ritual begins with a mist of copal, the sacred aroma that purifies and opens the senses. Next, compressions are applied to key energy points using Mexican herbalism and Mediterranean essences, creating a symphony of renewal and balance that unites two ancient cultures. The exfoliation, performed with natural extracts and oils, celebrates the richness of the earth and prepares your skin to receive a body and facial mask, crafted with ancestral ingredients that deeply purify and revitalize. The ritual concludes with a relaxing massage, where herbal balms and a facial cream embrace you in a serene and rejuvenating embrace.

- ❁ Energy purification
- ❁ Natural balance
- ❁ Deep nourishment and total relaxation

# BODY TREATMENTS

Embark on a journey of body renewal where each treatment is a voyage towards purity, vitality, and serenity. At Armonía Montecristo, our body treatments are designed to transform and revitalize your body, connecting you with the very essence of the earth and the sea, the sun, and the breeze. From the most delicate exfoliation to the most nourishing wraps, each experience envelops you in a ritual that purifies, hydrates, and renews every cell of your being. Let us guide you along a path where tradition meets nature, where every touch, aroma, and texture takes you one step closer to your ultimate well-being. Prepare to leave the outside world behind and immerse yourself in a sensory experience that awakens and renews your body, uplifting your spirit.





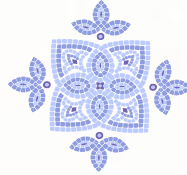
## BODY TREATMENTS

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### MEDITERRANEAN REFLECTIONS

Awaken your skin with the golden light of citrus, in a journey that renews and revitalizes.

80 Min

Begin this journey with an exfoliation that awakens your skin with the vibrant energy of vitamin C, removing impurities and revealing a natural glow. Next, a soufflé mask envelops your body in deep hydration, while your face is pampered with a facial and mask that restore and protect with the same citrus essence. The ritual culminates with the application of dry oil that seals in freshness, leaving you radiant, as if you had absorbed the light of the Mediterranean.

- ✿ Energizing exfoliation
- ✿ Deep hydration
- ✿ Lasting luminosity

### ESSENCE OF EARTH AND SEA

Let yourself be guided by the purity of the earth, in a journey that purifies body and soul.

80 Min

This ritual begins with an exfoliation that combines Dead Sea salt with marjoram, lemon balm, and rosemary, ingredients that, when united, awaken the skin and connect it with the ancient traditions of the Mediterranean and Mexico. A thermal water gel mask, enriched with oregano and tarragon, cocoons your body, purifying and revitalizing every cell while a cranial massage with ginger and rosemary serum oxygenates and tones the scalp. The journey concludes with a mist of thermal water and lemon balm, followed by a body massage with shea butter, jojoba oil, and sage essence. It ends with a detoxifying tea of lemon balm, rosemary, fennel, and lemongrass, leaving a sensation of freshness and renewal.

- ✿ Deep detoxification
- ✿ Energy revitalization
- ✿ Nutrition and freshness



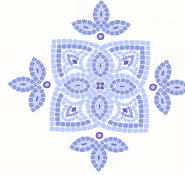
## TRATAMIENTOS CORPORALES

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### DIA MOND VEIL

Immerse yourself in a cocoon of luxury and luminosity that nourishes and revitalizes every corner of your being.

50 Min

This treatment begins with a delicate exfoliation using sea salt crystals, rice powder, and grape seed, blended with a personalized dry oil that caresses the skin, removing impurities and leaving a radiant glow. After rinsing, you are cocooned in a nourishing veil that deeply hydrates and adds luminosity to the skin. The ritual concludes with the application of a cream enriched with tamanu oil, rice water, and organic aloe vera, leaving your skin soft, radiant, and full of life.

- ❁ Gentle exfoliation
- ❁ Deep hydration
- ❁ Luminosity and intense nourishment

### LA VENDER AND WHITE TEA BREEZE

Find serenity in the softness of lavender.

50 Min

This treatment begins with a gentle exfoliation, where lavender water blends with sesame oil, red spruce extract, and white tea, purifying the skin and enveloping you in a sense of peace and freshness. Every movement awakens the senses as the skin is freed from impurities. The ritual culminates with the application of a rich cream infused with lavender, white tea, and essential oils, hydrating and leaving the skin soft, calm, and subtly scented.

- ❁ Gentle exfoliation
- ❁ Hydration and calm
- ❁ Soft and scented skin

# FACIALS

Embark on a sensory journey where history and beauty converge in every touch. Our facials are more than just skincare treatments; they are rituals that awaken the essence of your skin, elevating it to its highest splendor. Inspired by the purity of nature and the strength of the elements, each facial is a journey towards renewal, where modern science meets ancient wisdom. In this sanctuary of serenity, the best-kept secrets of youth and vitality are revealed in every application, transforming your face into a canvas of light and life. Let yourself be guided by our expert hands, and discover how your skin is reborn, rejuvenated, and radiant in each of our facial rituals.





## FACIALS

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### DIA MOND RENAISSANCE

Revive youth and beauty with the  
ancestral power of regeneration.  
80 Min

This treatment, inspired by ancient renewal traditions, is a journey towards eternal youth. Like the diamond that reflects purity and strength, this experience uses advanced techniques to activate the essential biomarkers of the skin, preserving the freshness and splendor of your face. Every touch redefines contours, improves texture, and erases the traces of time, leaving you with firm, luminous skin, as if the light of an eternal diamond were reflected in every cell.

- ❁ Immediate rejuvenation
- ❁ Improved texture
- ❁ Reduction of wrinkles and expression lines



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### ETERNAL ESSENCE

Discover the alchemy of youth in a treatment that  
adapts to the essence of your skin.  
50/80 Min

This ritual becomes a personalized journey towards renewal. Inspired by ancient beauty traditions, "Eternal Essence" combines modern science with ancient wisdom to breathe new life into your skin. Through the regulation of the four key biomarkers of aging, this treatment redefines your facial contours, softens skin texture, and diminishes the marks of time. Like an alchemist transforming the ordinary into the extraordinary, each application works in synergy with your skin, revealing a firm, luminous face full of life, as if each cell had drunk from the fountain of youth.

- ❁ Personalized rejuvenation
- ❁ Softness and firmness, reduction of lines and wrinkles.



## FACIALS

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### GOLDEN LIGHT OF THE DESERT

Revitalize your skin with the pure energy of the sun in a  
treatment that awakens inner vitality.  
50 Min

This purifying facial, inspired by the vibrant essence of vitamin C, is a tribute to the golden light of the desert that illuminates and renews. With a high concentration of vitamin C and other essential nutrients, this treatment revitalizes the skin, combating the signs of premature aging and repairing sun damage. As vitamin C stimulates collagen production, your skin regains its firmness and elasticity, revealing a luminous, firm, and vibrant face, as if it had absorbed the golden light bathing the desert sands.

- ✿ Revitalization
- ✿ Firmness and stimulation
- ✿ Antioxidant protection and skin renewal



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### OASIS OF PURITY

Let the purity of nature restore the balance  
and vitality of your skin.  
50 Min

This organic facial, inspired by the serenity of an oasis, is the perfect solution to restore your skin's natural balance. Using 100% organic, preservative-free products, each step of this treatment—from cleansing to exfoliation—is designed to regenerate and restructure at the cellular level. The natural active ingredients work in synergy with your skin, leaving it soft, smooth, and deeply hydrated. With ingredients selected for their purity and efficacy, this ritual restores your skin's innate vitality, as if it had been nourished directly by the fresh waters of a hidden oasis.

- ✿ Restoration of natural balance
- ✿ Cellular regeneration, hydration and smoothness



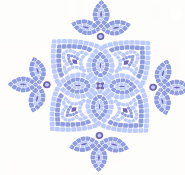
## FACIALS

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### WARRIOR'S RITUAL

Strengthen and revitalize your skin with  
a treatment designed for the modern man.  
50 Min

This facial, specially formulated for the unique needs of men's skin, offers deep hydration and firmness. Inspired by the strength and resilience of ancient warriors, this treatment nourishes the skin and protects it from free radicals, restoring its vitality and energy. Through a combination of carefully selected active ingredients, the skin regains its natural firmness and is prepared to face the challenges of the day, leaving a revitalized, strong, and vibrant face.

- ❁ Deep hydration
- ❁ Firmness, antioxidant protection, and revitalization.

### INSTANT RENAISSANCE

Restore balance and vitality to your  
skin in an instant.  
50 Min

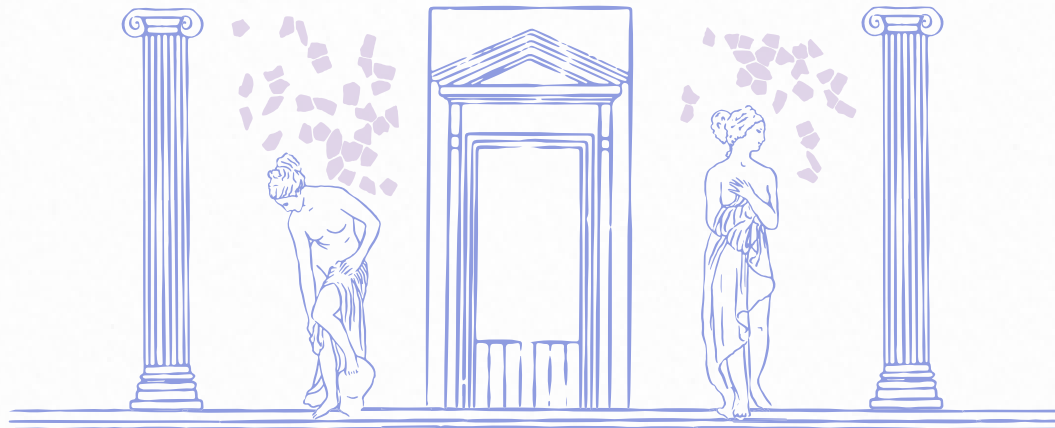
This detoxifying facial is the perfect solution to combat the harmful effects of modern living. Inspired by the purity and renewal of the skin, this treatment restores and revitalizes, eliminating accumulated toxins and revealing deeply hydrated and radiant skin. In just 50 minutes, your skin is reborn with a luminosity that reflects inner well-being, leaving behind signs of fatigue and stress to reveal a fresh, rejuvenated appearance.

- ❁ Detoxification
- ❁ Deep hydration
- ❁ Luminosity and instant restoration



# MASSAGES

Immerse yourself in a journey of deep connection and well-being, where each massage is a gateway to a sanctuary of serenity and renewal. On this journey, our hands are guides that know the secret paths to total relaxation, relieving tension, restoring balance, and awakening the dormant energy in every fiber of your being. Every technique, every touch, is an invitation to leave the outside world behind and step into a space where time stands still, and all that remains is the sensation of absolute well-being. From the revitalizing strength of a precise stroke to the calming whisper of ancient stones, our massages are designed to speak to your body in its most intimate language, releasing what no longer serves and embracing what renews. Let us accompany you on this journey to inner peace and total harmony, where every experience brings you closer to your best self.



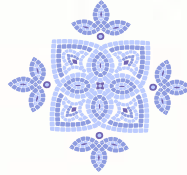


## MASSAGES

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### GUARDIAN'S DANCE

Immerse yourself in a ritual where two synchronized  
souls envelop you in an embrace of serenity.  
50/80 Min

This four-handed massage is a sublime choreography where two healer therapists work in perfect harmony, simultaneously manipulating the upper and lower parts of your body. Like ancestral guardians, their hands move in unison, creating a symphony of touches that dissolve stress and awaken a deep sense of well-being. Every movement is designed to take you to a state of total relaxation, where the mind quiets and the body feels completely renewed, as if you were enveloped in the protective arms of nature itself.

- ❁ Deep relaxation
- ❁ Body balance
- ❁ Total well-being

### SACRED EYE RITUAL

Awaken your inner energy with an ancestral massage that  
balances body, mind, and spirit.  
80 Min

This Ayurvedic massage, inspired by the ancient traditions of India, is a deep journey towards inner harmony. The "Sacred Eye Ritual" begins with the alignment of marma points, the body's energy centers, to restore balance and release accumulated tensions. The experience culminates with the third eye ritual, where a constant flow of warm oil is applied to the forehead, opening energy channels and promoting mental clarity. To nourish and revitalize, a natural extract hair mask is carefully applied, restoring the vitality and shine of the hair. Immerse yourself in this journey of total well-being and emerge with a sense of deep renewal and serenity.

- ❁ Energy balance
- ❁ Mental clarity
- ❁ Hair nutrition, and vitality

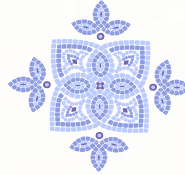


## MASSAGES

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### CITRUS CARESS

Let yourself be enveloped by the golden energy of the sun,  
in a massage that revitalizes body and soul.  
80 Min

This luxury treatment combines the rejuvenating power of vitamin C and rosehip, infusing your skin with a potent dose of antioxidants that combat the signs of aging. Immerse yourself in a citrus sensory environment, where every touch is designed to revitalize and restore. While you bask in this infusion of well-being, enjoy a personalized combination of firm Swedish massage and lymphatic drainage, working in harmony to release tension, improve circulation, and leave you with a feeling of lightness and renewed energy.

- ✿ Antioxidant rejuvenation
- ✿ Improved circulation
- ✿ Revitalization and renewed energy

### SONG OF THE STONES

Let the ancestral stones, witnesses of time, guide you  
to deep and eternal serenity.  
80 Min

This therapeutic massage becomes a journey through history, where hot stones, known as the grandmothers of the earth, transmit their wisdom and healing energy to your body. These stones, silent witnesses to the greatest events, glide gently over your skin, releasing tension and restoring energy balance. As the stones, charged with the strength of time, soothe your muscles and revitalize your spirit, you immerse yourself in a state of deep peace, where the echo of their history resonates in every cell, taking you to a place of eternal serenity.

- ✿ Deep relaxation
- ✿ Tension relief
- ✿ Energy balance and ancestral connection



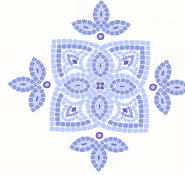
# MASSAGES

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## VITALITY STRIKE

Revitalize your body, renew your energy.  
80 Min

This deep massage, inspired by the connection between the body and the art of golf, uses golf spheres as therapeutic tools to release tension and restore energy. From head to toe, "Vitality Strike" relieves muscle discomfort, improves flexibility, and calms accumulated stress, giving you the strength and vitality needed to face new challenges. With each movement, the golf balls, like precision spheres, become extensions of the therapist's hands, working in harmony with your body to balance physical and mental energy, allowing you to recover your inner harmony.

- ✿ Tension relief
- ✿ Flexibility improvement
- ✿ Energy recovery and integral well-being

## MASSAGE TO YOUR BEING

Choose the massage that best connects with your body and mind,  
based on what you need right now.  
50/80 Min

- **Athlete's Strength** Designed for athletes, this massage relieves muscle tension and accelerates body recovery with therapeutic stretches.
  - ✿ Muscle relief
  - ✿ Rapid recovery
  - ✿ Flexibility improvement
- **Restorative Depth:** A massage that works deeply in the muscles, relieving stress and fatigue while calming pain and muscle spasms.
  - ✿ Pain relief
  - ✿ Intense relaxation
  - ✿ Tension release
- **Serene Caress:** A full-body massage that improves circulation and promotes general well-being, ideal for those seeking relaxation and peace. *Option available for couples.*
  - ✿ Improved circulation
  - ✿ Deep relaxation
  - ✿ Integral well-being



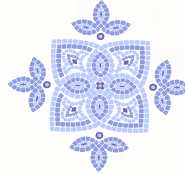
## MASSAGES

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### MATERNAL CARESS

A massage that embraces and cares for, like the  
love that grows within you.  
50 Min

This massage is designed for expectant mothers, a refuge of serenity that relieves fatigued muscles in the back and legs. Every movement is a gentle caress that improves circulation and relieves swelling in hands and feet, giving you a feeling of lightness and calm. Ideal from the second trimester onwards, this treatment cares for you and the new life you carry, allowing you to connect deeply with your body and the little being blossoming within you.

- ✿ Muscle fatigue relief
- ✿ Improved circulation
- ✿ Swelling reduction, and maternal well-being

### WHISPERS OF TRANQUILITY

Free your body and mind with a massage that  
dissolves tensions and renews energy.  
50 Min

This massage is designed to release muscular, mental, and visual tension, offering a deep respite for body and spirit. It begins with the application of a capillary serum enriched with avocado oil, rosemary, and lemon grass, revitalizing the scalp and nourishing the hair. Next, pressure points are activated in hands and feet with hydrating creams based on white tea, combined with rosemary and menthol. This holistic approach improves circulation, relieves muscle tension, and envelops you in a state of deep serenity.

- ✿ Tension relief
- ✿ Improved circulation
- ✿ Mental and physical relaxation



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