



MEDITERRANEAN SYMPHONY


ARMONIA
SPA

Armonía Spa by Pueblo Bonito Rosé is our space to honor Health, Physical, Mental and Spiritual Well-being, offering unique experiences of serenity where the harmony of all the senses will allow you to enjoy maximum relaxation while thanking our body for its benefits through treatments that hydrate, renew and restore. Armonía Spa honors the knowledge about health and beauty of the Greek culture, the cradle of health and physical care, which we fuse with the Mexican essence through our rituals and hydrotherapy circuit. Immerse yourself in a journey where every detail is designed to nourish your body, mind and spirit.

RITUALS

Through our rituals, inspired by the ancient wisdom of Greece and Rome, we have created perfect journeys through rejuvenation and balance treatments that involve the perfect harmony between the senses, with natural ingredients and holistic techniques used in Greek culture to preserve beauty and health. Discover the benefits that our rituals provide and live an experience worthy of the Greek gods created to nourish the body, revitalize the mind and elevate the spirit, providing a lasting feeling of peace and relaxation.





PREHISPANIC RITUAL

*With relaxing herbs that moisturize, soften, eliminate
stress and reduce inflammation*

110 Min

Our holistic ritual inspired by our ancestors will transport you to the essence of Mexican roots, where calm and serenity harmonize and invite you to meditation and relaxation. Our exfoliation and body wrap with sandalwood and rosemary mask will eliminate toxins and soften your skin, followed by a relaxing massage with herbal compresses that will relieve tense muscles and provide aromatherapy that will invite you to a state of deep relaxation. Finally, a cucumber-based facial will refresh and hydrate your skin, leaving it radiant and soft. On this journey, nature and tranquility merge to create a state of harmony and calm. Allow yourself to be enveloped in the essence of our Mexican culture and discover a new level of relaxation and well-being.

FACIALS

Discover the art of rejuvenation with our facials specifically designed to care for, revitalize and beautify your skin. Inspired by the ancient beauty practices of Greece and Rome, our facials combine advanced techniques with essential ingredients and vitamins to offer you a unique experience of well-being and renewal. Our treatments blend Mediterranean wisdom with rich Mexican herbalism, using the finest botanicals to enhance the health and appearance of your skin.





PURIFYING VITAMIN C FACIAL

50 Min

We celebrate the vitality of the sun. Our Vitamin C Purifying Facial is an antioxidant treatment that soothes sun-damaged skin and combats signs of premature aging. With a high concentration of Vitamin C and other essential nutrients, this facial revitalizes the skin and stimulates collagen production, renewing the firmness and elasticity of your skin. Embark on a journey to younger, more radiant skin.

- ✿ Revitalizes and rejuvenates the skin
- ✿ Stimulates collagen production to improve firmness and elasticity
- ✿ Combats signs of premature aging

OXYGEN REVITALIZING FACIAL

50 Min

This facial uses the purifying energy of pure oxygen to decongest, brighten and clarify dull skin. In this treatment, the benefits of hydrogen peroxide provide an extra dose of oxygen, purifying and balancing the skin for a radiant and healthy look. This experience revitalizes the skin while promoting serenity and inner balance

- ✿ Purifies and decongests the skin
- ✿ Brightens and brightens dull complexions
- ✿ Balances the skin



ORGANIC FACIAL

50 Min

This facial 100% Mexican, combines knowledge of Mexican culture and herbalism, using the best of the Agave. With Agave Phyto complex that stimulates cell renewal in the body, providing the vitality that the skin needs and has anti-inflammatory, disinfectant and purifying effects, leaving the skin clean, soft and radiant. Reduces the signs of aging protect and restore vital cycles in the body, revitalizing the face and skin.

- ❖ Protects and restores the skin's vital cycles
- ❖ Revitalizes and rejuvenates the face
- ❖ Uses natural ingredients and advanced biotechnology

THE 3D COLLAGEN FACIAL

80 Min

A Facial that combines collagen and hyaluronic acids to rejuvenate and firm the skin of the face and neck. Ideal for combating aging and improving skin elasticity, this facial uses the highest quality ingredients to provide a luxurious experience that leaves your skin radiant and revitalized. Immerse yourself in the power of light and youth with this exclusive treatment.

- ❖ Firms and lifts the skin
- ❖ Improves elasticity
- ❖ Reduces signs of aging

MASSAGES

Our massages combine traditional and modern techniques to offer you an unparalleled wellness experience. Inspired by ancient Mediterranean health practices and Mexican herbalism, we use natural ingredients and methods to relieve tension, improve circulation and promote deep relaxation. From deep tissue massages to hot stone therapies, each treatment is designed to revitalize the body and mind, providing a perfect balance between health and relaxation





HOT STONE THERAPEUTIC MASSAGE

80 Min

Our hot stone massage generates a feeling of well-being and releases muscle tension. During this medium pressure massage, you will be able to feel the heat and relief generated by our special volcanic stones that help reduce muscle inflammation. Combined with lavender and rosemary essential oils, this massage revitalizes body and mind, taking you to a state of balance and well-being.



DEEP TISSUE MASSAGE

50/80 Min

The Deep Tissue Revitalizing Massage is designed to relieve chronic muscle tension and improve mobility. Using firm pressure and special techniques, this massage targets the deep layers of muscle and connective tissue. This massage can reduce muscle stiffness and soreness. It is ideal for those looking for effective muscle pain relief and improved flexibility.

SWEDISH MASSAGE

*Relaxing and wellness massage designed to calm
the body and mind*

50/80 Min

Relaxing Harmony combines gentle and soothing techniques to relieve muscle tension, reduce stress and promote deep relaxation. It is an excellent choice for massage beginners, as it is a gentle experience and does not require a great amount of pressure. Our expert therapists will ensure that you feel comfortable and relaxed throughout the treatment and will adapt to your needs and preferences.



QUIROSPORTS *MASSAGE*

80 Min

Relaxing massage, ideal for athletes or people who perform physical activity. Our therapist will focus on combining various massage techniques, stretching and joint manipulations adapted to your needs and the type of physical activity you practice.

ULTIMATE STRESS RELIEF

50 Min

50 minutes of the massage technique of your preference, in this massage we focus on your main needs, and you can choose between the following massages:

- ❖ Back, Neck and Shoulders
- ❖ Reflexology and Cranial Massage
- ❖ Tired Legs
- ❖ Prenatal Massage

BODY TREATMENTS

Our body treatments offer a rejuvenating experience through the highest quality body masks and exfoliants. Inspired by the ancient traditions of Greece and Rome, our natural ingredients and advanced techniques will provide your skin with complete hydration and unmatched softness. Each treatment is designed to eliminate dead cells, improve skin texture and promote a feeling of relaxation and well-being. Discover the magic of body rituals and immerse yourself in a journey of renewal and balance.



BODY TREATMENTS



Pueblo Bonito Rosé

CITRUS SUPREME

*Powerful shot of vitamin C and antioxidants that
firms and illuminates the skin.*

110 Min

Immerse your skin in the antioxidant power of vitamin C. Our luxurious vitamin C ritual includes an exquisite body and facial treatment, which, together with rich antioxidant nutrients such as turmeric and pine extract, along with vitamins F and E, make this treatment the ultimate vitamin elixir for your skin. Restores the vitality of sun-damaged skin and helps minimize the signs of premature aging. The perfect option to regain firmness, improve luminosity, combat dark spots and improve elasticity.

MEDITERRANEAN SYMPHONY

Lavender and White Tea

80 Min

Deep relaxation and intensive skin care

The Mediterranean Symphony is a relaxing beauty ritual that combines body exfoliation with Dead Sea salts, rich in minerals, to eliminate dead cells and improve blood circulation. Followed by a lavender and white tea mask, which soothes and moisturizes the skin, reducing stress and anxiety. Finally, lavender and white tea cream is applied, which moisturizes and protects the skin, leaving it soft and radiant.

This body treatment offers benefits such as:

- ❖ Exfoliation and softening of the skin
- ❖ Reduction of stress and anxiety
- ❖ Hydration and protection of the skin
- ❖ Improvement of blood circulation and reduction of inflammation

A relaxing and beneficial treatment for the skin and well-being that will leave you feeling calm and refreshed.



SPA HOURS

- Spa therapies are available from 8:00 am to 7:00 pm daily.
- Gym and Spa facilities are open from 6:30 am to 8:00 pm daily.

SPA GUIDELINES

- For your comfort, the use of the Spa facilities is subject to advance reservation and availability.
- Spa guests must be at least 16 years of age to use the Gym, the Spa facilities and to experience Spa treatment. There are some special Spa programs for parents and their children under the age of 16.
- For your safety, proper clothing and Athletic shoes are required to workout.
- We recommend our guests arrive at least 30 minutes prior to the scheduled appointment time, to enjoy our facilities.
- If you have health concerns or are pregnant, please be sure to notify us when booking your treatment. Our staff members can offer guidance as to which treatments will be the most beneficial and those that should be avoided due to physical limitations or sensitivity.
- Use of the Spa facilities and treatments involving heat are not recommended if pregnant or for guests with health concerns or those currently undergoing treatment by a physician for certain medical conditions.
- All guests will be asked to sign a waiver prior to services and Spa facilities use.
- Please respect the timing recommendation for the Spa facilities to prevent dehydration, dizziness and assure your safety and well-being.
- The Spa is a serene zone where we invite you to shed stress and immerse yourself in deep relaxation, please respect each Spa guest right to privacy and peace.
- For your safety, treatments will not be rendered to any guest under the influence of alcohol or drugs.
- Smoking, food, beverages, and bare feet are not allowed inside the Spa.
- Please leave all valuable personal items in your hotel safety deposit box. The Spa is not responsible for lost or forgotten valuables.
- We recommend that you allow at least one hour between your last meal and your Spa experience.
- For cancellations or rescheduling, please notify the Spa twenty-four hours in advance. Otherwise, a 50% penalty fee will apply.



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