

AN EMBRACE BETWEEN
THE OCEAN AND THE DESERT

An Embrace between the Ocean and the Desert



At ARMONIA Sunset Beach, we invite you to immerse yourself in a journey of growth and renewal through wellness. Our sanctuary, located at the magical meeting point of the Pacific Ocean and the desert of Los Cabos, is a place where the serenity of the sea and the warmth of the desert merge to offer unique experiences. Each treatment is designed to rebalance and revitalize your spirit, connecting you to the essence of nature and the mystical traditions of this sublime landscape. Welcome to a journey of peace and introspection, where each ritual is an odyssey that transcends the tangible world.

Rituals

Our rituals are sensory odysseys that combine the purest elements of the ocean and the desert to offer you a holistic wellness experience. Immerse yourself in treatments that rebalance your energy, revitalize your body, and calm your mind, all while enjoying the serenity of our unique surroundings.





Abrazo

Immerse Yourself in Serenity with an ABRAZO

— 80 min —

Dive into a journey of renewal inspired by the magical union of the ocean and desert in Los Cabos with our exclusive ritual at Pueblo Bonito Sunset. This treatment begins with a delicate foot cleanse using Dead Sea salts and refreshing eucalyptus, accompanied by a warm tisane that invites you to unwind. Next, a deeply relaxing massage with a nutrient-rich vegan dry oil hydrates the skin while the harmonious vibrations of Tibetan bowls and Koshis envelop you in absolute serenity. The experience concludes with the captivating scent of eucalyptus, transporting you to a state of deep peace, leaving your skin soft, radiant, and your spirit fully revitalized. An experience that not only nourishes the body but also rebalances mind and soul.

- Deeply relaxing
- Nourishes and revitalizes the skin
- Recommended for individuals with sleep issues
- Chakra alignment
- Provides a complete sensory experience





Armonia y Mezcal by PB Sunset

Embrace serenity with the essence of Mezcal, where tradition meets tranquility

— 80 min —

Let yourself be embraced by the essence of Mexico with this exclusive massage that blends tradition and wellness. Inspired by our ancestral roots, this treatment combines relaxing strokes and gentle rocking movements with stretches performed using a traditional rebozo. All complemented by an exquisite artisanal mezcal oil, specially formulated to relieve tension, improve circulation, and awaken the senses with its delicate aroma. Feel how each technique aligns body and mind, providing a deeply comforting and unique experience, ideal for renewing your energy and reconnecting with your inner balance.

- Relieves muscle tension
- Natural anti-inflammatory properties
- Improves blood circulation
- Provides a complete and revitalizing sensory experience
- Choose your pressure





Pre-Hispanic

Detox and Revitalize Your Being

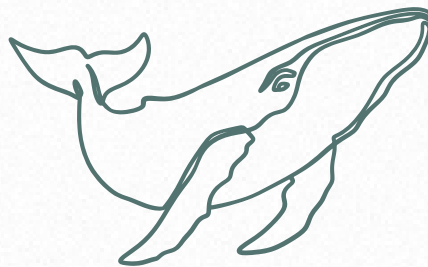
— 100 min —

Immerse yourself in a ritual of deep renewal inspired by the ancient temazcal ceremony. This treatment begins with the delicate aroma of copal and the essence of healing herbs applied through therapeutic compresses that purify the body and calm the mind. Next, a gentle exfoliation with natural extracts and oils removes impurities, preparing the skin to receive a revitalizing body mask that leaves it incredibly smooth and nourished. The treatment includes an ultra-hydrating facial that restores the skin's natural radiance and concludes with a relaxing massage using herbal balms and a nourishing cream to seal the experience. Ideal for those seeking deeply hydrated, firm, and radiant skin while being enveloped in a moment of absolute tranquility and inner connection.

- Detoxifies and purifies the skin
- Improves circulation and toxin elimination
- Promotes deep relaxation
- A complete treatment for mind, body, and spirit

Body Treatments

Discover our body treatments, each designed to purify, nourish, and deeply renew your skin and body, using natural ingredients that reflect the beauty and energy of our surroundings.





Citrus Supreme

Revitalize Your Skin with the Energy of Citrus

— 110 min —

Face + Body

Experience the freshness and vitality of Citrus Supreme, a ritual designed to rejuvenate and protect your skin with the power of vitamin C. This treatment begins with a delicate exfoliation that removes impurities and prepares the skin to receive a concentrated vitamin C mask, which stimulates collagen production, improving firmness and elasticity. The protocol continues with a relaxing massage, followed by the application of an antioxidant serum that enhances luminosity and creates an even tone, leaving your skin soft, firm, and visibly rejuvenated.

- Perfect for achieving a spectacular tan
- Ideal for combating signs of aging
- Intensely hydrates
- Revitalizes the skin
- Provides a luminous glow
- Deeply nourishes and promotes cellular renewal



Ocean

Immerse Yourself in the Energy and Serenity of the Sea

— 50 min —

Inspired by the natural currents of the ocean, this aromatic, energizing, and deeply revitalizing body treatment stimulates the lymphatic system through wave-like movements for a sensation of maximum well-being. It begins with an enzyme-based exfoliation from shoulders to feet with invigorating brushing, followed by the application of a nourishing cream and sealed with a botanical oil blend of eucalyptus and lavender, leaving the skin rejuvenated.

- Softens and perfects the skin by removing dead cells
- Dissipates tension
- Stimulates the lymphatic system
- Restores body and mind

Enhance your experience:

Capillary mask or head massage (30 min).





Desert

Dry exfoliation that revitalizes and deeply smooths your skin

— 50 / 80 min —

This luxurious body ritual is designed to revitalize and balance the body and mind through natural ingredients that nourish the skin and promote relaxation. It begins with a stimulating poppy seed exfoliation, rich in antioxidants, which removes dead skin cells and smooths skin texture. This is followed by a vigorous body brushing to activate circulation and promote lymphatic flow, preparing the skin for the application of a firming cream infused with the captivating scents of orange, mimosa, and vanilla, uplifting your mood and leaving the skin silky and radiant.

- Stimulates the lymphatic system
- Firms and detoxifies the skin
- Enhances circulation
- Elevates the mood with its aromatics blend

Enhance your experience:

Add 30 minutes of a deeply relaxing and nourishing full-body massage to revitalize your skin and release tension.



Facials

Each facial treatment is a promise of natural beauty and wellness, inspired by the harmony of the ocean and desert. Our facials enhance your natural glow, leaving your skin soft and silky. They reflect the vitality of the sun and the freshness of the sea, giving you a healthy and youthful radiance. Using the rejuvenating power of nature, we restore firmness and elasticity to your skin, achieving an even and radiant tone. Immerse yourself in a journey of renewal, where the essence of the sea and desert unite to reveal your best version.





Diamond Life Infusion

Elixir of Sophistication and Absolute Rejuvenation

— 80 min —

This sophisticated facial combines advanced technology and luxury to transform the skin from the very first application. Using the innovative Bio-Magnet Nanosomes serum, designed to smooth expression lines and firm facial contours, this treatment deeply nourishes and restores luminosity to the face with incomparable elegance. The ritual includes a revitalizing massage that stimulates microcirculation and a reparative mask that leaves the skin smooth, radiant, and full of sophistication.

- Redefines facial contours with a touch of sophistication
- Smooths wrinkles and fine lines
- Provides a visible and long-lasting lifting effect
- Increases firmness and hydration
- Ideal for those who desire rejuvenated and luminous skin with an aura of unmatched sophistication

Collagen Botox Effect

The Secret to Firmness and Youthful Skin

— 80 min —

Revitalize your face with this high-performance treatment that mimics the Botox effect in a natural and non-invasive way. The BABOR Collagen Botox Effect Facial combines marine collagen and peptides that deeply penetrate the skin, stimulating its regeneration and softening wrinkles and expression lines.

It begins with a purifying cleanse, followed by the application of a firming serum and a precision massage that tones facial contours. The treatment concludes with an intensive mask that seals in hydration, leaving the skin firm, smooth, and radiant. Perfect for those seeking an immediate lifting effect and a younger, fresher appearance.

- Visible and natural lifting effect
- Redefines contours and softens wrinkles
- Leaves skin hydrated, firm, and radiant
- Experience rejuvenation with a treatment that balances science and luxury



Vitamin C

Revitalize Your Skin with the Energy of the Sun and Vitamin C
— 50 min —

With a high concentration of vitamin C and essential nutrients, this antioxidant facial treatment revitalizes and firms your skin, deeply cleansing and nourishing it to combat sun damage and signs of premature aging. The ritual begins with a deep cleansing and exfoliation to purify the skin, followed by a concentrated application of vitamin C that stimulates collagen production, renewing skin firmness and elasticity.

- Revitalizes the skin
- Firms and improves elasticity
- Stimulates collagen production
- Combats signs of premature aging

Oxygenating

Purify and Renew Your Skin with the Energy of the Ocean
— 50 min —

Awaken your skin with the revitalizing energy of pure oxygen. This incredible facial purifies, brightens, and balances dull skin, providing an extra dose of oxygen thanks to the benefits of hydrogen peroxide. The treatment begins with a deep cleansing to decongest the skin, followed by an exfoliation that promotes cell regeneration and a mask and massage that infuse the skin with oxygen, illuminating and brightening the complexion.

- Hydrates
- Purifies and decongests the skin
- Brightens and clarifies the complexion
- Balances and renews the skin



Organic Agave

Renew and Protect Your Skin with the
Wisdom of the Desert and the Sea
— 50 min —

This oncology-grade facial treatment, crafted with Mexican ingredients and European technology, is inspired by the purity of agave and crystal-clear waters. The Organic Agave Facial begins with a deep cleanse using natural ingredients such as agave and papaya, which purify and soften the skin. A rejuvenating serum and peel-off mask work together to restore and nourish the complexion. Finally, an agave and tepezcohuite cream restores firmness and luminosity, leaving your skin balanced and radiant.

- Protects and revitalizes with natural ingredients
- Restores firmness and luminosity
- Ideal for sensitive skin and those undergoing oncology treatments

Massages

Explore our selection of massages, each one designed to provide you with a unique experience of relaxation and well-being. Inspired by the dance of the waves and the tranquility of the desert, our massages combine therapeutic techniques that relieve tension, improve circulation, and balance the body's energy.





Ancestral Energy

Harmonize Your Body and Mind
with the **Wisdom of Hot Stones**

— 80 min —

Immerse yourself in a journey of deep relaxation. This therapeutic massage combines muscle manipulation techniques with the healing properties of hot stones, charged with centuries of energy and wisdom, strategically placed on key points of the body to release tension, stimulate circulation, and balance your energy.

Enjoy the therapeutic benefits of hot stones to revitalize your body and mind, achieving a state of total well-being.

- Deep muscle relaxation
- Relieves stress and anxiety
- Reduces muscle and joint pain
- Improves the lymphatic system

Four-Hand

A Perfect Dance of Relaxation and Harmony
— 50 / 80 min —

Indulge in a unique experience of complete relaxation with the Four-Hand Massage. Inspired by the harmonious dance of the waves, two therapists work in perfect synchronization, mimicking the constant rhythm of the sea, providing continuous manipulation of muscle tissue that relieves tension and promotes deep well-being.

Let yourself be carried away by the symphony of hands, creating an unparalleled sensation of serenity and revitalization.

- Provides total relaxation
- Improves overall well-being
- Offers a unique and revitalizing experience



Customized Massage

Choose How You Want to Feel

— 50 / 80 min —

We understand that each person is unique. Connect with your inner self and choose the perfect massage for you, based on how you want to feel and the results you want to achieve:

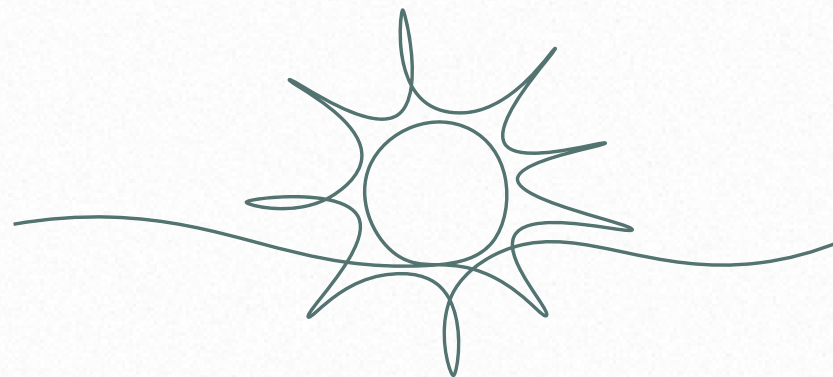
Deep Tissue

This massage works on the deeper layers of muscles and connective tissue, using slow movements and intense pressure to release chronic tension.

Sports

This high-intensity treatment focuses on relieving muscle pain, reducing fatigue, and improving mobility through deep pressure techniques and specialized stretching. Combining pressure points and forearm movements, this massage penetrates deep into the muscle layers, releasing tension and promoting faster recovery.

Ideal for those looking to enhance physical performance and prevent or treat injuries, the massage is complemented by gentle stretches that increase flexibility, leaving your body revitalized, stronger, and ready for any challenge.



Prenatal

This massage promotes complete relaxation of fatigued muscles, especially in the back and legs. It improves circulation and relieves swelling in the hands and feet, providing calming and nourishing relief. Ideal after the second trimester.

Swedish

Enjoy a deeply relaxing massage that combines gentle, rhythmic movements to release tension, relieve stress, and revitalize body and mind. This massage uses gliding and kneading techniques to stimulate circulation and improve muscle elasticity while promoting deep relaxation and restful sleep.

- Reduces muscle tension and pain
- Improves circulation and toxin elimination
- Provides a sense of well-being and balance

Ideal for those who wish to completely unwind, leaving the body and mind in perfect harmony.



Benefits of Customized Massages

- Promotes relaxation and well-being
- Improves blood and lymphatic circulation
- Relieves muscle tension and stress
- Tailored to meet your specific needs





Add Ons: Elevate Your Experience

Personalize and enhance your wellness journey with our add-on options, designed to complement and boost the benefits of each treatment at ARMONIA Sunset Beach:

Eye Mask

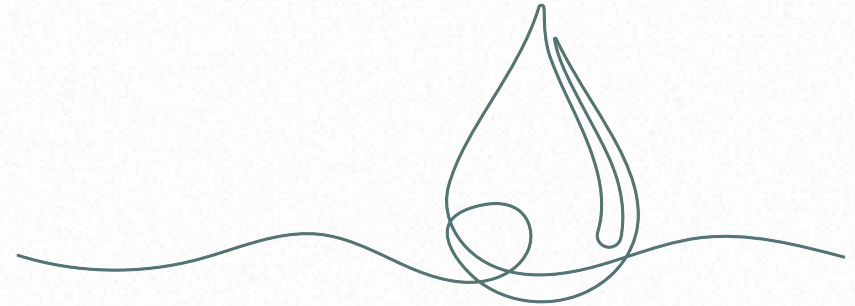
Revitalizes the delicate skin around the eyes, reducing signs of fatigue and leaving a fresh, rested look.

Velvet Mask

Intense hydration that provides luminosity and softness, ideal for revitalizing the face.

Candle Massage

Immerse yourself in the warmth of a candle massage with aromatic candles that hydrate the skin and deeply relax.



Dry Oils

Add a touch of luxury with dry oils that nourish and soften the skin, leaving it with a healthy glow.

Relaxing Massage Upgrade with Tibetan Bowls

Extend your experience with the healing sound of Tibetan bowls, which deepen relaxation and balance energy.

Tired Legs Treatment

Relieve heaviness and revitalize your legs with a refreshing treatment, ideal as an upgrade in the pedicure salon.



Armonia Spa

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