

## Lunch and Lite Bites Menu

### **Chips and Dips \$10 USD / \$20 BZ**

Handmade tortilla and cassava chips with Pico de Gallo and Guacamole  
*V/GF*

### **Tenderloin Steak on Toasted Sourdough \$20 USD / \$40 BZ**

Seared grass-fed beef with roasted tomato chimichurri, aioli and fresh arugula  
*DF/ Contains Gluten*

### **Gazpacho \$11 USD / \$22 BZ**

Chilled soup with locally grown tomatoes, garlic, olive oil, cucumbers and green peppers  
*V/GF/DF*

### **Chicken Wings with Hot Honey & Chili Mint Yogurt \$14 USD/ \$28BZ**

Crispy fried chicken wings glazed with hot honey, served with cooling chili-mint yogurt  
*GF/Contains Dairy*

### **Zucchini Linguine Vegetable Bolognese \$18 USD / \$36 BZ**

Hand-cut zucchini linguine tossed with a rich vegetable bolognese, slow-roasted tomatoes, Parmesan, and fresh pesto  
*V/GF*

### **Grilled Thai Coconut Chicken Skewers \$20 USD / \$40 BZ**

Char-grilled chicken skewers marinated in coconut and Thai spices, served with seasonal salad or cilantro rice and cilantro sour cream  
*GF/DF*

### **Fish and Chips \$24 USD / \$48 BZ**

Beer-battered locally caught snapper with coleslaw, fries and tartar sauce  
*DF/ Contains Gluten*



PRANA MAYA  
ISLAND RESORT

## Salads

Pan-fried snapper watermelon salsa, cherry tomatoes, pickled jicama and arugula

**\$22 USD / \$44 BZ**

*DF/GF*

Grilled chicken with pineapple, bacon, cherry tomatoes and pesto

**\$18 USD / \$36 BZ**

*GF/DF*

Quinoa, kale, red cabbage, cherry tomatoes, toasted pumpkin seeds, broccoli and  
toasted almonds with chili basil cilantro dressing

**\$14 USD / \$28 BZ**

*Vg/GF*

Add chicken: \$6 USD Add shrimp: \$8 USD

Shrimp and corn with avocado mojo verde, cantaloupe melon, pickled watermelon,  
cucumber, arugula and spice dressing

**\$21 USD / \$42 BZ**

*GF/DF*

Lobster with Arugula, Zucchini Ribbon and Pineapple Dill Salsa

**\$32 USD / \$64 BZ**

*GF*



PRANA MAYA  
ISLAND RESORT

## Burgers

Grass fed Beef Burger with Avocado Mojo Verde, Aioli, Arugula, Tomato and Pickled Shallot

**\$21 USD / \$42 BZ**

*Contains Gluten/ Contains Dairy*

Chicken Burger with Beer-Candied Bacon and Chipotle Mayonnaise

**\$18 USD / \$36 BZ**

*Contains Gluten/ Contains Dairy*

Fish Burger with Coleslaw, Tartar Sauce and Pickled Cucumber

**\$19 USD / \$36 BZ**

*Contains Gluten*

Bean Burger with Chili Jam, Arugula, Slow Roasted Tomato and Gremolata

**\$16 USD / \$32 BZ**

*Vg/ Contains Gluten*

*All selections are served with Tallow Skinny Fries*

## Sourdough Bruschetta Plate

Goat Cheese with Roasted Grapes, Hot Honey and Crispy Shallots

Feta with Minted Cucumber, Smoked Eggplant Puree and Chilli Jam

Hummus, Pepitas and Gremolata

Pico de Gallo, Avocado Cream and Pickled Red Onion

**\$18 USD / \$36 BZ**

*Vg/ DF/ Contains Gluten*



PRANA MAYA  
ISLAND RESORT

## Tacos

### Three Tacos per Serving

Chicken – Pico de Gallo, Avocado, Cilantro Sour Cream, Pickled Red Onion

**\$18 USD / \$36 BZ**

*GF/ Contains Dairy*

Beef – Apple Slaw, Chimichurri

**\$21 USD / \$42 BZ**

*GF/ DF*

Fish – Orange Ginger Salsa, Jicama Slaw, Chili Aioli, Toasted Coconut and Pickled Carrot

**\$21 USD / \$42 BZ**

*GF/ DF*

Refried Beans – Guacamole, Pico de Gallo, Pickled Jalapeno, Vegan Chili Sauce and Crispy Onions

**\$14 USD / \$28 BZ**

*VG/ GF/ DF*

**Flight of Three Tacos \$20 USD / \$40 BZ**

## Quesadilla

Chicken \$16 USD / \$32 BZ

Shrimp \$18 USD / \$36 BZ

Refried Bean (V) \$12 USD / \$24 BZ

*Topped with Guacamole, Papaya Salsa, Chili Mint Yogurt and Pickled Jalapenos*



PRANA MAYA  
ISLAND RESORT

## Loaded Tallow Fries

Fried Chicken with Cheese, Beer-Candied Bacon and Chipotle Mayonnaise

\$16 USD / \$32 BZ

*GF/ Contains Dairy*

Pulled Lamb with Pickled Carrot, Gremolata and Garlic Mayonnaise with Salsa, Chimichurri, Cauliflower and Pickled Red Onion

\$19 USD / \$38 BZ

*GF/DF*

## Loaded Flat Bread

Flour Tortilla brushed with Garlic Butter and topped with:

Carrot Puree, Roasted Vegetables, Cherry Tomatoes, Salsa Verde, Chili Sauce and Crispy Onions

*V/ Contains Dairy/ Contains Gluten*

Grilled Chicken: \$22 USD / \$44 BZ

Pork: \$24 USD / \$48 BZ

BBQ Beef: \$32 USD / \$64 BZ

Shrimp: \$28 USD / \$64 BZ

Fried Fish: \$28 USD / \$64 BZ



PRANA MAYA  
ISLAND RESORT

## Children's Menu

### Burger

Homemade Bun with Grilled Chicken or Beef, Cheese, Tomato, Lettuce and Fries

**\$14 USD / \$28 BZ**

*Contains Dairy and Gluten*

### Chicken or Fish Fingers

Breaded or Grilled Chicken or Fish Fingers with Homemade Ketchup and Fries

**\$14 USD / \$28 BZ**

*Contains Gluten-GF available upon request*

### Penne Pomodoro

Penne Pasta with Tomato and Pesto

**\$12 USD / \$24 BZ**

*Contains Gluten*

### Quesadilla

Flour Tortilla filled with Cheese and Chicken served with Tomato Salsa and

Sour Cream

**\$14 USD / \$28 BZ**

*Contains Dairy and Gluten*