



PRANA MAYA
ISLAND RESORT

The Cocktail and Ice Bar

SIGNATURE MENU

Prana Beet 16USD/32BZ
Handcrafted aged Tiburon Gold Rum, house-made sage/beet syrup, lime juice, beet juice and passion fruit puree, shaken and strained over fresh ice

Chaya Maya 16USD/32BZ
Hendricks Gin, house-made chaya & olive juice, basil syrup, spices and lime juices, shaken and strained. Garnished with chaya oil

The Blooming Journey 16USD/32BZ
From the highlands of Guatemala, Botran Rum, local Copalli Rum, house-made ginger/lemongrass syrup, dragon fruit/ mango puree and lime juice, shaken and strained over fresh ice. Garnished with caramelized dragon fruit

Pranatini 14USD/28BZ
Kahlua, house-made cinnamon, cloves and anise infused rum, espresso and simple syrup, shaken and strained. Garnished with grated local chocolate

Maya Sunset 16USD/32BZ
High-proof Tiburon white rum, simple syrup, orange juice, pinch of salt, roasted pepitas and lime juice shaken and poured over fresh ice
Garnished with pepitas

The Selvin 16USD/32BZ
Jose Cuervo Silver, Cointreau, sorrel juice, lime juice, simple syrup, shaken and strained over fresh ice and topped with soda water

Placencia Charmer 16USD/32BZ
Tito's Vodka, fresh watermelon juice, lime juice, simple syrup, shaken and strained over fresh ice and topped with soda water

Prana Picante 18USD/36BZ
White Mezcal, mango and passion fruit puree, mild-spiced Chile de arbol and allspice syrup and lime juice, blended and garnished with chil

THE CLASSICS

Old Fashioned 18USD/36BZ
Sugar and bitters are muddled and combined with bourbon or rye

Negroni 18USD/36BZ
Italian bitters, Campari, and vermouth gently stirred with Tanqueray gin

Moscow Mule 16USD/32BZ
Tito's Vodka, freshly squeezed lime juice, simple syrup and topped with ginger beer



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Caipirinha Brazilian cocktail made with cachaca, raw sugar and freshly squeezed lime juice.	15USD/30BZ
Aperol Spritz Build Aperol, prosecco, and topped off with soda water. Garnished with fresh orange slices.	16USD/32BZ
Piña Colada (Frozen) Fresh pineapple juice, Caribbean gold rum and coconut cream.	14USD/28BZ
Margarita (Classic or Frozen) Classic/Passion Fruit/Spicy Watermelon Jose Cuervo Tequila, Cointreau, lime juice and simple syrup.	15USD/30BZ
Mojito (Classic/Coconut/Blueberry) Caribbean white rum, fresh lime, mint leaves and raw Belizean sugar	14USD/28BZ
Cosmopolitan Absolut Vodka, cranberry juice, lime juice and Cointreau.	14USD/28BZ
Manhattan Bourbon Whiskey, Sweet vermouth and dash of angostura bitters.	18USD/36BZ
Daiquiri (Classic or Frozen) Sorrel/Watermelon/Strawberry Caribbean white rum, lime juice and simple syrup	14USD/28BZ
Mai Tai Caribbean white rum, fresh orange juice, pineapple juice, lime, triple sec and simple syrup.	14USD.28BZ
<u>BEER</u> Belkin Beer Stout Guinness Lighthouse Lager Landshark	6USD/12BZ 6USD/12BZ 8USD/16BZ 6USD/12BZ 7USD/14BZ

WINE LIST

Red Wine - Glass/Bottle

Rutherford Hill Cabernet Sauvignon, California 120USD/240BZ

The nose is intensely perfumed and aromatic with initial aromas of dark fruits and vanillin, gradually shifting to reveal more nuanced notes of dried herbs. Dried currants, figs, and succulent black plums all make their presence known, while the inclusion of espresso roast adds an extra layer of depth and complexity to the palate.

Cavalier de la Mediterranean Merlot, France 15/57USD/30/114BZ

Beautiful ruby red color. Fresh nose with intense aromas of blackcurrant and a hint of green pepper.

Concrete Cabernet Sauvignon, Lodi California 18/67USD/36/134BZ

An overall balanced and enjoyable wine with initial aromas of black cherry and chocolate, boysenberry, violets and deep red rose petals and cedar plank. The palate opens further to notes of black plum, fig and a bit of sweet tobacco.

Buena Vista Zinfandel, California 64USD/128BZ

Absolutely lovely. Full of raspberry and cherry flavors with peppery spice, and dry. It's not too alcoholic, with tannins that are soft, but intricate and complex.

CK Mondavi Cabernet Sauvignon, California 18/69USD/36/138BZ

This wine has frank, open fruit and spice flavors, with a slightly boisterous, grippy texture that will wrap very well around all kinds of protein dishes. It's medium bodied, moderately tannic and has a touch of lively acidity.

St. Elizabeth Spencer Pinot Noir, California 115USD/230BZ

Dusky and savory, with gem-like earth tones, sweet tobacco, and strawberry jam. Exhibiting old world acidity, with a hint of graphite and espresso – it depicts California with a French accent.

Rioja Vino Bujanda Reserva, Spain 17/64USD/34/128BZ

Dark, almost black, with amber tints. Generous nose of black berry fruit, touches of graphite and pepper. Forcefully reiterates these aromatics on the palate, placing the fruit to the fore, then displaying an elegant tannic structure through till the finish.

Finca Ferrer Pinot Noir, Argentina 22/85USD/44/170BZ

Harvest-Handpicked grapes, palate mild fresh and round in the mouth with soft tannins, along with slight mineral touches. Beautiful bluish rose color, red touches of ripe fruit, cherries and strawberries.

Loyalty Merlot, France 143USD/286BZ

Intense red color with a violet core, providing Jammy red fruit aroma with rich and round fleshy palate. Notes of fresh red fruit and a touch of spice.

Maison Castel Chateauneuf-Du-Pape, France 158USD/316BZ

Expressive, complex nose with black fruit (blackberry, cherry, blackcurrant,) floral aromas and touch of spice.

Nicolas Catena Zapata, Argentina 263USD/526BZ

This harvest is done by hand, and some parcels are fermented as whole bunches to enhance tannic structure and freshness. This wine is intense, deep purple with bluish-black tones. On the nose, aromas of black fruit-blackberries, black cherries and black plums give way to cassis followed by hint is saline minerality

Catena Alta Malbec, Argentina 122USD/244BZ

This wine offers cassis, violets, black currant, and blackberries are interwoven with licorice, vanilla, leather and black pepper. Its silky finish is marked by wonderful minerality, fine tannins and lively acidity.

White & Rosé - Glass/Bottle

Orelle Rosé, France 17/64USD/34/128BZ

light and fruity in flavor, with prominent notes of sweet berry and tart citrus.

Siagneé Rosé, California 15/57USD/30/114BZ

This wine is rose hued, lush, lively, with aromas of raspberry, strawberry, papaya, and notes of orange blossom honey on the nose. The flavors on the palate are White nectarine, Blood orange, rhubarb-cranberry, Kaffir lime cream, clove, and a dry mineral finish.

Cavalier de la Méditerranée Chardonnay Pays, France 16/59USD/32/118BZ

Beautiful yellow brilliant color. Intense aromatic nose with notes of pineapple and pear. Freshness on the palate with aromas of white fruit and flowers.

Rippee Sauvignon Blanc, California 18/59USD/26/118BZ

Ripe pear dusty nose. Give this wine a half hour minimum to open up the flavors, Round buttery lemon mint body trailing off to this slightly sweet cotton candy mildly acidic moderate length finish.

Cavalier de la Méditerranée Sauvignon Blanc, France 13/51USD/26/102BZ

The wine is pale yellow with green reflections. The aroma is intense, featuring lemony and herbaceous notes. On the palate, it is fresh and lively, with a vivacious character.

Montalbano Pinot Grigio, Italy 16/59USD/32/118BZ

Aromas of freshly cut Macintosh apples with lemon squeezed on top lift from the glass as hints of apple blossoms waft by on this pretty Pinot Grigio. Easy and fresh on the palate with orchard fruits, crushed stone and wild herbs developing on the finish.

CK Mondavi Family Select Chardonnay, California 60USD/120BZ

Overripe fruit notes and plushy texture give a sensation of sweetness to this wine. Find notes of lemon, lime, yellow apple, peach, nectarine and vanilla.

Santa Ema Amplus Chardonnay, Chile 79USD/158BZ

Color intense, bright yellow. Notes of citrus and tropical fruits, bananas, quince, and pineapple that intermingle with fine notes of toast that led to great complexity.



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SPARKLING WINE - Glass/Bottle

Sartori Love Story DOC Prosecco, Italy 14/52USD/28/104BZ

A straw yellow color with light green hues. The nose reveals a delicate fruity bouquet with reminiscent of wild apples and acacia flowers. The palate comprises of citrusy notes with orange blossoms and stone fruits. The fresh citrusy and floral notes give it a crisp and refreshing finish with a lingering elegant scent. The tiny persistent bubble streams give this sparkling smooth and fresh cut.

Deccolio Prosecco Brut, Italy 14/52USD/28/104BZ

Very inviting aromas of acacia blossom, fresh meadow grass, hints of peach and crisp pear. On the palate, compact, well-developed fruit and a fine, airy mousse, very approachable.

CHAMPAGNE - Bottle

Dom Perignon, France 552USD/1,104BZ

Sports an attractive, bright greenish-golden color. The bubbles are plentiful, small and rise rapidly to the surface in twirling little streams – a tell-tale sign of a well-crafted Champagne. Aromas are primarily of subdued fruit with a bit of a lemony/chalky whiff. The taste easily mimics the nose with even more primary and surprisingly light fruit coming through, along with a hint of toast and a bit of yeast. With a bit of air and heat, a light mineral note and a hint of complexity pushes through but the power and complex structure you would expect from a massive Champagne.

Moët & Chandon Imperial Brut, France 150USD/300BZ

A light touch of toast on the aroma that follows through to the ripe flavor. It is a soft while dry wine, full of zesty white fruits and just a hint of maturity.

Veuve Clicquot Brut Yellow Label, France 157USD/314BZ

Very fresh nose with mineral notes, flowers, yellow fruit, and citrus fruits. The yeasts are delicate, adding very light notes of bread and custard. The tone is immaculate. Slightly cream finish that fades into lime. Tense mouth dominated by orange-flavored freshness. The balance is excellent, the structure medium, and the echoes of Pinot Noir are whispering in a citrus forest. The sip is measured and agile, with good drinkability.



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FRESH JUICES

Watermelon	6USD/12BZ
Lime	6USD/12BZ
Pineapple	6USD/12BZ
Sorrel	6USD/12BZ
Cucumber & Spinach	6USD/12BZ
Orange	6USD/12BZ

WELLNESS JUICES

Green Juice High in iron, spinach increases the oxygen blood levels while cucumber provides freshness for body cleansing, with lemons, apples and carrots for a healthy boost.	14USD/28BZ
Pineapple Twist Juice Pineapple creates the perfect union to balance the blood, while the cucumber assists with body cleansing.	14USD/28BZ
Carrot/Pineapple/Ginger Juice The natural sugar in the carrots along with the fiber and vitamins in the pineapple combine with the ginger to create a quick energy boost.	16USD/32BZ
Celery Juice Celery and cucumber both offer the benefit of body cleansing as well as preventing oxidative stress.	14USD/28BZ
Lemon-ginger Turmeric Wellness Antioxidants in the lemons protect the body cells from damage, while ginger provides a quick energy boost. Flavored with orange and turmeric.	16USD/32BZ

SMOOTHIES

Spinach Smoothie Fresh Spinach, mango puree and apple juice.	11USD/22BZ
Kale Smoothie Kale leaf, fresh ginger and honey	11USD/22BZ
Chia Smoothie Chia seeds, local banana flavored with mint	11USD/22BZ

MOCKTAILS

Tropical Breeze Fresh cucumber juice, pineapple juice, lime juice and topped with soda water.	7USD/14BZ
Jugo Verde Celery, mint leaves, coconut water and simple syrup.	8USD/16BZ
Prana Splash Dragon fruit, basil, simple syrup and orange juice.	7USD/14BZ



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COFFEE

Cappuccino	8USD/16BZ
Latte	8USD/16BZ
Espresso	7USD/14BZ
Mochaccino	8USD/16BZ
French Vanilla	5USD/10BZ
Regular and Decaffeinated Coffee	4USD/8USD
Hot Chocolate	4USD/8BZ
Choco Milk	4USD/8BZ

TEA/HERBAL

English Breakfast	3.50USD/7BZ
Earl Grey	3.50USD/7BZ
Chamomile	3.50USD/7BZ
Mint	3.50USD/7BZ
Lemongrass	3.50USD/7BZ
Sorrel	4USD/8BZ
Cinnamon & Allspice	4USD/8BZ
Ginger & Moringa	4USD/8BZ

SODAS

Coca-Cola	3.50USD/7BZ
Fanta Orange	3.50USD/7BZ
Ginger Ale	3.50USD/7BZ
Sprite	3.50USD/7BZ
Coke Zero	3.50USD/7BZ
Soda Water	3.50USD/7BZ
Tonic Water	3.50USD/7BZ
San Pellegrino Water (full bottle)	12USD/24BZ