



PRANA MAYA
ISLAND RESORT

The Cocktail and Ice Bar

SIGNATURE MENU

- Prana Beet** 16USD/32BZ
Handcrafted aged Tiburon Gold Rum, house-made sage/beet syrup, lime juice, beet juice and passion fruit puree, shaken and strained over fresh ice
- Chaya Maya** 16USD/32BZ
Hendricks Gin, house-made chaya & olive juice, basil syrup, spices and lime juices, shaken and strained. Garnished with chaya oil
- The Blooming Journey** 16USD/32BZ
From the highlands of Guatemala, Botran Rum, local Copalli Rum, house-made ginger/lemongrass syrup, dragon fruit/ mango puree and lime juice, shaken and strained over fresh ice. Garnished with caramelized dragon fruit
- Pranatini** 14USD/28BZ
Kahlua, house-made cinnamon, cloves and anise infused rum, espresso and simple syrup, shaken and strained. Garnished with grated local chocolate
- Maya Sunset** 16USD/32BZ
High-proof Tiburon white rum, simple syrup, orange juice, pinch of salt, roasted pepitas and lime juice shaken and poured over fresh ice
Garnished with pepitas
- The Selvin** 16USD/32BZ
Jose Cuervo Silver, Cointreau, sorrel juice, lime juice, simple syrup, shaken and strained over fresh ice and topped with soda water
- Placencia Charmer** 16USD/32BZ
Tito's Vodka, fresh watermelon juice, lime juice, simple syrup, shaken and strained over fresh ice and topped with soda water
- Prana Picante** 18USD/36BZ
White Mezcal, mango and passion fruit puree, mild-spiced Chile de arbol and allspice syrup and lime juice, blended and garnished with chil

THE CLASSICS

- Old Fashioned** 18USD/36BZ
Sugar and bitters are muddled and combined with bourbon or rye
- Negroni** 18USD/36BZ
Italian bitters, Campari, and vermouth gently stirred with Tanqueray gin
- Moscow Mule** 16USD/32BZ
Tito's Vodka, freshly squeezed lime juice, simple syrup and topped with ginger beer



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Caipirinha Brazilian cocktail made with cachaca, raw sugar and freshly squeezed lime juice.	15USD/30BZ
Aperol Spritz Build Aperol, prosecco, and topped off with soda water. Garnished with fresh orange slices.	16USD/32BZ
Piña Colada (Frozen) Fresh pineapple juice, Caribbean gold rum and coconut cream.	14USD/28BZ
Margarita (Classic or Frozen) Classic/Passion Fruit/Spicy Watermelon Jose Cuervo Tequila, Cointreau, lime juice and simple syrup.	15USD/30BZ
Mojito (Classic/Coconut/Blueberry) Caribbean white rum, fresh lime, mint leaves and raw Belizean sugar	14USD/28BZ
Cosmopolitan Absolut Vodka, cranberry juice, lime juice and Cointreau.	14USD/28BZ
Manhattan Bourbon Whiskey, Sweet vermouth and dash of angostura bitters.	18USD/36BZ
Daiquiri (Classic or Frozen) Sorrel/Watermelon/Strawberry Caribbean white rum, lime juice and simple syrup	14USD/28BZ
Mai Tai Caribbean white rum, fresh orange juice, pineapple juice, lime, triple sec and simple syrup.	14USD.28BZ
Hugo Spritzer Prosecco, Elderflower Liqueur, Soda, Fresh Mint, Lime. Light, floral, and sparkling.	17USD.34BZ
BEER	
Belkin Beer	6USD/12BZ
Stout	6USD/12BZ
Guinness	8USD/16BZ
Lighthouse Lager	6USD/12BZ
Landshark	7USD/14BZ

WINE LIST

Red Wine - Glass/Bottle

- Rutherford Hill Cabernet Sauvignon**, California 120USD/240BZ
The nose is intensely perfumed and aromatic with initial aromas of dark fruits and vanillin, gradually shifting to reveal more nuanced notes of dried herbs. Dried currants, figs, and succulent black plums all make their presence known, while the inclusion of espresso roast adds an extra layer of depth and complexity to the palate.
- Concrete Cabernet Sauvignon**, Lodi California 18/67USD/36/134BZ
An overall balanced and enjoyable wine with initial aromas of black cherry and chocolate, boysenberry, violets and deep red rose petals and cedar plank. The palate opens further to notes of black plum, fig and a bit of sweet tobacco.
- Buena Vista Zinfandel**, California 64USD/128BZ
Absolutely lovely. Full of raspberry and cherry flavors with peppery spice, and dry. It's not too alcoholic, with tannins that are soft, but intricate and complex.
- CK Mondavi Cabernet Sauvignon**, California 18/69USD/36/138BZ
This wine has frank, open fruit and spice flavors, with a slightly boisterous, grippy texture that will wrap very well around all kinds of protein dishes. It's medium bodied, moderately tannic and has a touch of lively acidity.
- St. Elizabeth Spencer Pinot Noir**, California 115USD/230BZ
Dusky and savory, with gem-like earth tones, sweet tobacco, and strawberry jam. Exhibiting old world acidity, with a hint of graphite and espresso – it depicts California with a French accent.
- Concrete Old Vine Zinfandel**, California 15/62USD/30/124BZ
This Zinfandel is a luscious, smooth, full-bodied wine with aromas of blackberry, bramble berry and Allspice. Deliciously mouth-filling, this wine opens to sweet vanilla and toasty oak flavors.
- Rioja Vino Bujanda Reserva**, Spain 17/64USD/34/128BZ
Dark, almost black, with amber tints. Generous nose of black berry fruit, touches of graphite and pepper. Forcefully reiterates these aromatics on the palate, placing the fruit to the fore, then displaying an elegant tannic structure through till the finish.
- Orelle Merlot**, France 15/57USD/20/114BZ
Merlot is a fleshy and soft wine providing hints of raspberry, black chereery, plum, graphite, cedar, tobacco and vanilla.
- Loyalty Merlot**, France 143USD/286BZ
Intense red color with a violet core, providing Jammy red fruit aroma with rich and round fleshy palate. Notes of fresh red fruit and a touch of spice.
- Maison Castel Chateauneuf-Du-Pape**, France 158USD/316BZ
Expressive, complex nose with black fruit (blackberry, cherry, blackcurrant,) floral aromas and touch of spice.
- Nicolas Catena Zapata**, Argentina 263USD/526BZ
This harvest is done by hand, and some parcels are fermented as whole bunches to enhance tannic structure and freshness. This wine is intense, deep purple with bluish-black tones. On the nose, aromas of black fruit-blackberries, black cherries and black plums give way to cassis followed by hint is saline minerality
- Catena Alta Malbec**, Argentina 122USD/244BZ
This wine offers cassis, violets, black currant, and blackberries are interwoven with licorice, vanilla, leather and black pepper. Its silky finish is marked by wonderful minerality, fine tannins and lively acidity.
- Viu Manent Secreto Pinot Noir**, Chile 16/60USD/32/120BZ
Secreto Pinot Noir is a Chilean red wine, known for its ruby red color, fresh strawberry and cherry aromas, and smooth, delicate structure.



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White & Rosé - Glass/Bottle

Cavalier Rosé de la Méditerranée Grenadhe Rosé, France 16/60USD/33/120BZ

This Rose is a pale pink color with sweet hints of red fruit and floral aromas. Sweet and silky palate, very well-balanced and has long-lasting aromas with a hint of fresh mint.

Siagneé Rosé, California 15/57USD/30/114BZ

This wine is rose hued, lush, lively, with aromas of raspberry, strawberry, papaya, and notes of orange blossom honey on the nose. The flavors on the palate are White nectarine, Blood orange, rhubarb-cranberry, Kaffir lime cream, clove, and a dry mineral finish.

Cavalier de la Méditerranée Chardonnay, Pays, France 16/59USD/32/118BZ

Beautiful yellow brilliant color. Intense aromatic nose with notes of pineapple and pear. Freshness on the palate with aromas of white fruit and flowers.

Rippey Sauvignon Blanc, California 18/59USD/26/118BZ

Ripe pear dusty nose. Give this wine a half hour minimum to open up the flavors, Round buttery lemon mint body trailing off to this slightly sweet cotton candy mildly acidic moderate length finish.

JSL Lorraine Chardonnay, California 16/60USD/32/120BZ

This wine has aromas of green apple, dried pineapple, and white peach. It is a full-bodied wine with a rich, layered palate and lots of dried fruit. This wine has vanilla, caramel, and buttery tones with a long toasty oak on the finish.

Cavalier de la Méditerranée Sauvignon Blanc, France 13/51USD/26/102BZ

The wine is pale yellow with green reflections. The aroma is intense, featuring lemony and herbaceous notes. On the palate, it is fresh and lively, with a vivacious character.

Montalbano Pinot Grigio, Italy 16/59USD/32/118BZ

Aromas of freshly cut Macintosh apples with lemon squeezed on top lift from the glass as hints of apple blossoms waft by on this pretty Pinot Grigio. Easy and fresh on the palate with orchard fruits, crushed stone and wild herbs developing on the finish.

Santa Ema Amplus Chardonnay, Chile 79USD/158BZ

Color intense, bright yellow. Notes of citrus and tropical fruits, bananas, quince, and pineapple that intermingle with fine notes of toast that led to great complexity.



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SPARKLING WINE - Glass/Bottle

Perlino Prosecco, Extra Dry, Italy

11/45USD/22/90BZ

Delicate wine featuring crisp, bright notes of white flowers, green apple, and citrus with a dry refreshing finish.

Canti Prosecco, Brut, Italy

11/45USD/22/90BZ

Sparkling known for its light, crisp, and fruity profile featuring notes of apple, pear, and white flowers, it is citrusy with a slight richness of peach, pear and yellow apple notes on the nose.

CHAMPAGNE - Bottle

Dom Perignon, France

552USD/1,104BZ

Sports an attractive, bright greenish-golden color. The bubbles are plentiful, small and rise rapidly to the surface in twirling little streams – a tell-tale sign of a well-crafted Champagne. Aromas are primarily of subdued fruit with a bit of a lemony/chalky whiff. The taste easily mimics the nose with even more primary and surprisingly light fruit coming through, along with a hint of toast and a bit of yeast. With a bit of air and heat, a light mineral note and a hint of complexity pushes through but the power and complex structure you would expect from a massive Champagne.

Moët & Chandon Imperial Brut, France

150USD/300BZ

A light touch of toast on the aroma that follows through to the ripe flavor. It is a soft white dry wine, full of zesty white fruits and just a hint of maturity.

Veuve Clicquot Brut Yellow Label, France

157USD/314BZ

Very fresh nose with mineral notes, flowers, yellow fruit, and citrus fruits. The yeasts are delicate, adding very light notes of bread and custard. The tone is immaculate. Slightly cream finish that fades into lime. Tense mouth dominated by orange-flavored freshness. The balance is excellent, the structure medium, and the echoes of Pinot Noir are whispering in a citrus forest. The sip is measured and agile, with good drinkability.



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FRESH JUICES

Watermelon	6USD/12BZ
Lime	6USD/12BZ
Pineapple	6USD/12BZ
Sorrel	6USD/12BZ
Cucumber & Spinach	6USD/12BZ
Orange	6USD/12BZ

WELLNESS JUICES

Green Juice High in iron, spinach increases the oxygen blood levels while cucumber provides freshness for body cleansing, with lemons, apples and carrots for a healthy boost.	14USD/28BZ
Pineapple Twist Juice Pineapple creates the perfect union to balance the blood, while the cucumber assists with body cleansing.	14USD/28BZ
Carrot/Pineapple/Ginger Juice The natural sugar in the carrots along with the fiber and vitamins in the pineapple combine with the ginger to create a quick energy boost.	16USD/32BZ
Celery Juice Celery and cucumber both offer the benefit of body cleansing as well as preventing oxidative stress.	14USD/28BZ
Lemon-ginger Turmeric Wellness Antioxidants in the lemons protect the body cells from damage, while ginger provides a quick energy boost. Flavored with orange and turmeric.	16USD/32BZ

SMOOTHIES

Spinach Smoothie Fresh Spinach, mango puree and apple juice.	11USD/22BZ
Kale Smoothie Kale leaf, fresh ginger and honey	11USD/22BZ
Chia Smoothie Chia seeds, local banana flavored with mint	11USD/22BZ

MOCKTAILS

Tropical Breeze Fresh cucumber juice, pineapple juice, lime juice and topped with soda water.	7USD/14BZ
Jugo Verde Celery, mint leaves, coconut water and simple syrup.	8USD/16BZ
Prana Splash Dragon fruit, basil, simple syrup and orange juice.	7USD/14BZ



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COFFEE

Cappuccino	8USD/16BZ
Latte	8USD/16BZ
Espresso	7USD/14BZ
Mochaccino	8USD/16BZ
French Vanilla	5USD/10BZ
Regular and Decaffeinated Coffee	4USD/8USD
Hot Chocolate	4USD/8BZ
Choco Milk	4USD/8BZ

TEA/HERBAL

English Breakfast	3.50USD/7BZ
Earl Grey	3.50USD/7BZ
Chamomile	3.50USD/7BZ
Mint	3.50USD/7BZ
Lemongrass	3.50USD/7BZ
Sorrel	4USD/8BZ
Cinnamon & Allspice	4USD/8BZ
Ginger & Moringa	4USD/8BZ

SODAS

Coca-Cola	3.50USD/7BZ
Fanta Orange	3.50USD/7BZ
Ginger Ale	3.50USD/7BZ
Sprite	3.50USD/7BZ
Coke Zero	3.50USD/7BZ
Soda Water	3.50USD/7BZ
Tonic Water	3.50USD/7BZ
San Pellegrino Water (full bottle)	12USD/24BZ