

The Caribbean's Top Spots for Stargazing and Noctourism

Aug 07, 2025

Adventure Travel Bahamas Caribbean Sandals Resorts

For some vacationers, a night out in the Caribbean means a nice dinner or bar-hopping. More curious types, however, can find an array of after-dark activities that take in the region's natural beauty, as well as the wonders of the skies above.

Nighttime tourism — known as noctourism — is an increasingly popular trend. Booking.com, for example, named it one of the top nine topics influencing travel in 2025. And the Caribbean is especially well-positioned to appeal to travelers looking to explore the world after dark, thanks to its minimal light pollution and variety of unspoiled settings.

In response to greater demand, a number of Caribbean resorts and tour operators have ramped up noctourism programming. Here are some of the new and noteworthy options.

Caribbean Hotels with Stargazing Programs

Several hotels in the Caribbean now offer stargazing programs with expert guides. Ocean Hotels, for example, recently introduced its own resident astronomer, Leo Branch, to provide astronomical insight at its two properties in Barbados: O2 Beach Club & Spa and Sea Breeze Beach House. Branch, who has more than 50 years of astronomical knowledge under his belt, leads group programs where guests can peer through a telescope and learn about the stars. Private sessions are also available.



Leo Branch, resident astronomer at O2 Beach Club & Spa and Se Breez Beach House Credit: 2025 Ocean Hotels Group