

Big Brave Nomad

Family-Friendly Hotels in Barbados: Where to Stay with Kids

June 08, 2026



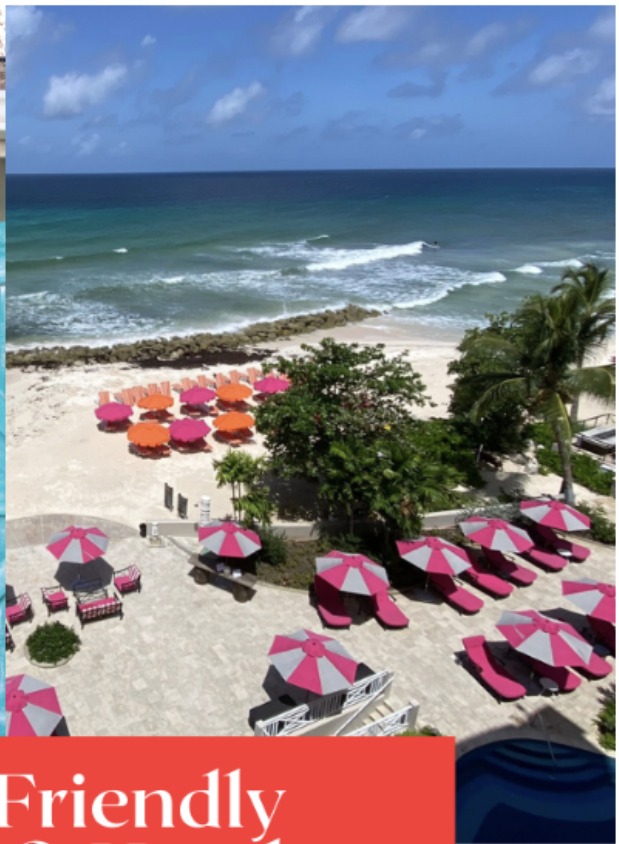
Looking for the [best family-friendly hotels in Barbados](#)? Whether you're traveling with a baby, toddler, tween, or teenager, Barbados is one of the best Caribbean islands for families. With calm turquoise waters, kid-friendly beaches, wildlife encounters, outdoor adventures, and a wide range of accommodations, it's easy to see why so many families return year after year.

After living in Barbados for three years and exploring the island extensively with my own children, I've put together a list of [resorts and hotels](#) for every family. In this guide, I'll share the [best family-friendly hotels in Barbados](#), including all-inclusive resorts, beachside properties, and accommodations with pools, kids' activities, spacious family rooms, and easy access to the island's top attractions.

Whether you're planning your first Barbados family vacation or returning for another adventure, [these are the hotels](#) that make traveling with kids easier and more enjoyable. I also made sure to consider large families traveling to Barbados and have options for families of 5, 6, even 7.



IF YOU WANT PROFESSIONAL PHOTOS TAKEN IN BARBADOS, CHECK OUT FLYTOGRAPHER - [CLICK HERE FOR \\$25 OFF YOUR FIRST SHOOT](#). THESE PHOTOS WERE TAKEN BY [KD PHOTOGRAPHY](#)



The Best Family Friendly
Resorts & Hotels
BARBADOS



Quick Guide: Where to Stay in Barbados with Kids

- Best for Large Families: [The Crane](#) or [Sea Breeze Beach House](#)
 - Best All-Inclusive: [Sea Breeze Beach House](#)
 - Best Luxury Resort: [Colony Club](#)
 - Best Boutique Stay: [Round House](#)
 - Best Value: [Beach View](#)
 - Best for Exploring Bridgetown: [Hilton Barbados](#)
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THE KIDS ABSOLUTELY LOVED OUR TIME AT SEA BREEZE BEACH HOUSE

Where to Stay on the South Coast



SEA BREEZE BEACH HOUSE WAS SUCH A DELIGHT FOR OUR FAMILY

Sea Breeze Beach House - Family Friendly All Inclusive

About 10 months after we moved off the island and back to the USA, we traveled back to Barbados for a week. We stayed at the amazing [Sea Breeze Beach House](#). This is an [all inclusive, family friendly resort on Barbados' South Coast](#). The property has everything you need to have the perfect family holiday.



WE STAYED IN THE TWO BEDROOM SUITE WITH ONE KING BED AND TWO TWIN BEDS.

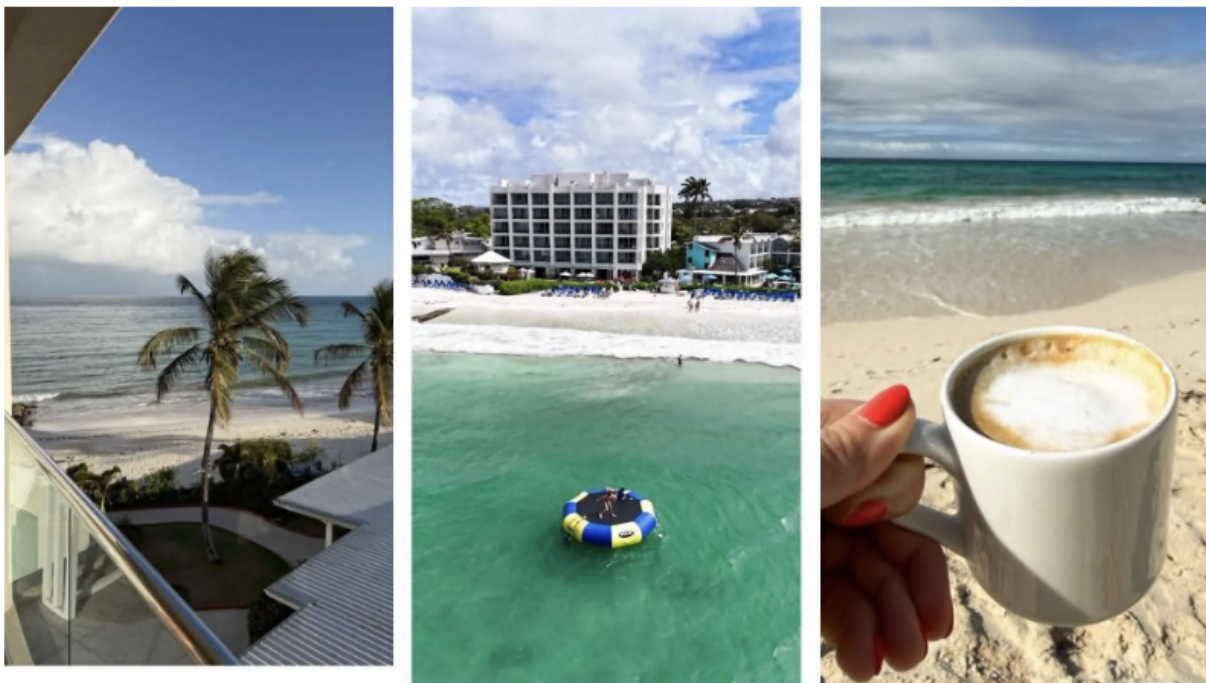
We stayed in the two bedroom suite. **The room was amazing** with one bedroom having a king bed and the other had two twins. Both bedrooms have their own door, ample closet/storage space, and their own A/C units. As a mom who was traveling solo with 3 kids, the extra bedroom was great for getting the little ones to sleep.

The bathroom was also huge with a separate toilet space, huge bathtub, a shower, and a double sink vanity. It made morning and bedtime routines so much easier than a small combine bathroom you'll find in other hotels.



UNLIMITED ICE LOLLIES ALL DAY AT SEA BREEZE! THE KIDS LOVED THAT!

The main living area of our room had a couch with a large TV, more storage, a mini fridge, coffee maker, tea kettle, and a desk area. The room also had a spacious balcony with ocean views.



BALCONY VIEWS, WATER TRAMPOLINE, MORNING COFFEE

As far as on-site amenities, [Sea Breeze](#) offers it all. They have several on-site restaurants; from casual to fancy, they have a kids club, 2 swimming pools (plus one adults only pool), an airconditioned gym, water sports like kayaking, paddle boarding, and even sailing, nightly entertainment, daily resort activities like Bingo, mixology classes, and yoga, and so much more! It truly is one of the best kid-friendly hotels in Barbados.



THE FOOD AT SEA BREEZE IS NOT THE TYPICAL ALL INCLUSIVE FOOD - IT'S ACTUALLY DELICIOUS.

If you have a family size of 5 or more and are looking for where to stay in Barbados with a large family, [Sea Breeze Beach House](#) is the perfect option. Their suites go up to 4 bedroom and can sleep up to 12. That means your entire family can have plenty of space to spend the perfect holiday in Barbados! [Sea Breeze](#) is truly the best all-inclusive resorts in Barbados for families.

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O2 Beach Club - All Inclusive, Family Friendly



THE VIEW FROM OUR BALCONY

For families looking for an all-inclusive resort in Barbados, [O2 Beach Club & Spa](#) offers a unique combination of luxury, convenience, and spacious accommodations on the island's lively south coast. It's located directly on Dover Beach.



WE STAYED HERE DURING OUR MOVE FROM THE USA TO BARBADOS AND THE HOUSEKEEPERS MADE SURE THE KID'S LOVEYS STAYED ORGANIZED AND NEAT

During our stay, we stayed in a one-bedroom condominium-style suite featuring a full kitchen, living area, private bedroom, balcony, and even a washer/dryer inside the unit. For families traveling with children, having extra space beyond a traditional hotel room can make a huge difference. The full kitchen was especially convenient for storing snacks and keeping drinks on hand for beach days. [O2](#) offers a variety of accommodations ranging from luxury rooms and suites to spacious multi-bedroom residences, making it a great option for couples, small families, and larger groups alike.



One of the highlights of **O2 Beach Club** is its beautiful beachfront location. Dover Beach is one of the most family-friendly beaches on Barbados' south coast, offering soft sand, warm water, and generally calmer conditions than many of the island's Atlantic-facing beaches. Families can easily transition between the beach and the resort throughout the day without needing to pack up and drive elsewhere.



THE AFTERNOON SANDWICHES WERE AMAZING

The resort has 2 family pools (and 2 adult only pools, including a roof top adults only pool). My kids were obsessed with the swim up bar and the poolside service at O2 is amazing.



THE VIEWS FROM OUR ROOM AT O2 WERE STUNNING. AND NOTHING BEATS MOCKTAILS BY THE POOL

One of the biggest advantages of staying at **O2 Beach Club** is the all-inclusive experience. Multiple restaurants and dining venues are included, offering everything from casual beachside meals to upscale dining experiences. We loved being able to grab snacks and drinks whenever we needed, especially the afternoon sandwiches!

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
'HOW TO' ACTIVITIES	8:00 AM - 12:00 PM HOW TO MAKE 'BODY SCRUB' ACQUA SPA 3:00 PM - 4:00 PM HOW TO PLAY 'DOMINOES' BEACH	3:00 PM - 4:00 PM BLOW 'CONCH SHELL' BEACH	3:00 PM - 4:00 PM HOW TO PLAY 'WARRI' BEACH	3:00 PM - 4:00 PM HOW TO PLAY 'POOL' TEEN LOUNGE	3:00 PM - 4:00 PM HOW TO PLAY 'LOCAL CARD GAMES' TEEN LOUNGE	1:00 PM - 2:00 PM ROAD TENNIS BEACH	1:00 PM - 2:00 PM HOW TO 'KAYAK' BEACH
BEACH ACTIVITIES	8:00 AM - 12:00 PM AQUA AEROBICS POOL 3:00 PM - 4:00 PM BEACH CRICKET BEACH	8:00 AM - 9:00 AM MORNING POWER WALK 9:00 AM - 12:00 PM BEACH CRICKET BEACH	8:00 AM - 12:00 PM CIRCUIT RACES BEACH 1:00 PM - 2:00 PM PING PONG BEACH	8:00 AM - 9:00 AM MORNING POWER WALK 12:00 PM - 1:00 PM BEACH VOLLEYBALL	1:00 AM - 12:00 PM AQUA AEROBICS POOL 3:00 PM - 4:00 PM BEACH VOLLEYBALL BEACH	12:00 PM - 1:00 PM BEACH FOOTBALL BEACH 3:00 PM - 4:00 PM BEACH VOLLEYBALL BEACH	5:00 PM - 6:00 PM SIP & PAINT SUNDECK
ENTERTAINMENT	7:30 PM - 10:00 PM WESU ELEMENTS	7:30 PM - 10:00 PM GREEN SPICE ELEMENTS	8:00 PM - 10:00 PM DJ OZZY / GUITARIST SWAYNE ELEMENTS	7:30 PM - 8:30 PM WESU ORO 8:00 PM - 10:00 PM MUTE OUT LOUD BLUEFIN	7:30 PM - 10:00 PM ESSENCE ELEMENTS 7:30 PM - 10:00 PM WESU ORO	7:30 PM - 10:00 PM KELLY ORO	7:30 PM - 10:00 PM MYLON ELEMENTS
SPECIAL ACTIVITIES	12:30 PM - 1:30 PM ADULT COLOURING SESSION OASIS LOUNGE 7:00 PM - 9:00 PM MURDER MYSTERY DINNER ELEMENTS	3:00 PM - 4:00 PM BEACH BAG PAINTING EXPERIENCE (\$40 USD) PINK MANGO 7:00 PM - 9:00 PM MURDER MYSTERY DINNER ELEMENTS	5:30 PM - 6:30 PM 246 Sunsets H2O BAR AREA	1:00 AM - 12:00 PM TIE - DYE BANDSTAGE 10:00 PM - 12:00 AM PIANO SING - A - LONG ORO LOUNGE	1:00 AM - 12:00 PM MEMORY GAME OASIS LOUNGE 4:00 PM - 5:00 PM RUM & CHOCOLATE PAIRING ORO LOUNGE 6:00 PM - 7:00 PM OISTINS SHUTTLE OISTINS	8:00 AM - 12:00 PM MEMORY GAME GAZEBO	7:00 AM - 8:00 AM YOGA SUNDECK 8:00 AM - 12:00 PM DISCOVER THE ACQUA SPA OASIS LOUNGE

HERE IS AN EXAMPLE OF THE WEEKLY ACTIVITIES OFFERED AT O2

The resort also offers a variety of on-site activities, including fitness classes, water sports, live entertainment, and cultural experiences. While O2 is often known for its luxury atmosphere, families traveling with children will still find plenty to enjoy both on the property and in the surrounding area. The resort's location near St. Lawrence Gap makes it easy to explore nearby restaurants, shops, and attractions when you're ready for a break from the beach.



THE KIDS LOVED EXPLORING THE BEACH AT O2