



Striking Spa Retreats Framed by Ocean and River Views

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Some spas offer great treatments, and others offer great views. These special escapes deliver both, blending expert wellness experiences with scenery that instantly slows the pulse. From the Caribbean to Northern Ireland, each of these spa destinations puts water at the center of its design, its atmosphere, and its sense of calm.

O2 Beach Club & Spa, Barbados

At the five-star O2 Beach Club & Spa, relaxation begins the moment guests step onto the eighth floor and see the ocean stretch out beneath them. Acqua Spa feels tucked away in the sky, with 5,600 square feet of peaceful space and soothing views that wrap around the building. The spa is also home to Barbados' only Hammam treatment room, setting the stage for wellness rituals inspired by the benefits of water



Every treatment features OSEA products, known for their clean formulas and love for the environment. The brand has packaged in glass since the '90s and continues to push for sustainable beauty, earning Climate Neutral and Ocean Positive certifications along the way. After a session at Acqua, guests can drift through the resort's three pools, pause at one of six dining spots, or enjoy a drink from any of the seven bars that keep the atmosphere lively but still luxurious.