



KAMALAME CAY  
PRIVATE ISLAND RESORT & RESIDENCES



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## OVERWATER SPA

*Treatment Menu*

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Blending island indulgence with organic luxury, the only overwater spa in the Bahamas offers a unique wellness experience. Centred on custom treatments and the finest marine-based ingredients, our certified organic OSEA products are rich in bioavailable seaweed, infused with essential oils, and free of synthetic parabens and sulphates. Enjoy an array of holistic beauty and body therapies — facials, massage, exfoliation and wraps — as the sound of the waves and sweeping ocean views connect you with the natural environment.

Spa opens at 10am | Last Appointment at 3pm

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## FACIALS

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### Vitamin Sea Brightening Facial

60 minutes · \$150

This nutrient-rich treatment combines biodynamic seaweed and powerful Vitamin C to even out your complexion and deliver a beautiful glow. Gentle resurfacing with a probiotic infusion whisks away dry, damaged skin while a brightening mask, nourishing serum, and custom moisturiser stimulate collagen, combat discolouration, and lock in hydration.

### Radiance Anti-Aging Facial

75 minutes · \$175

Boost radiance with this custom anti-aging treatment that employs pure, mineral-rich seaweed and hydrating hyaluronic sea serum to enhance elasticity and visibly smooth fine lines. Hot and cool elements enhance circulation while therapeutic massage plumps and nourishes skin. Completed with a firming under eye mask and anti-aging hand treatment.

### Ocean Crystal Facial

75 minutes · \$165

This rose quartz lymphatic facial massage reduces puffiness, detoxifies, increases circulation, and brings luminosity to the skin. An ocean-soaked crystal placed at the heart chakra connects you with the healing energy of the ocean; the treatment is finished with a custom mask and moisturiser.

### Kamalame Mini Facial

30 minutes · \$75

A facial tailored to your specific needs. Our therapists analyse your skin and design a bespoke treatment — polishing, hydrating, brightening or soothing. Ideal for sensitive skin or a quick refresh.

### Men's Facial, Scalp & Shoulder Massage

50 minutes · \$145

Designed for men, this treatment purifies the skin with cleansing and exfoliation, a soothing mask and steamy hot towels, followed by a face, neck and shoulder massage to leave you in a state of complete relaxation.

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## BODY TREATMENTS

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### Earth & Sea Exfoliation

60 minutes · \$150

This invigorating full body scrub combines wild, nutrient-rich Gigartina Seaweed with an exotic blend of mineral salts to polish and soften the skin, followed by a soothing application of hydrating body balm and a relaxing neck and shoulder massage to leave you refreshed and renewed.

### Sun Salutation

75 minutes · \$175

Head-to-toe revitalisation for sun-soaked skin. Excellent for burns or extending the life of your tan, this hydrating, mineral-rich body mask is infused with organic seaweed, soothing aloe vera gel and antioxidant green tea to reduce redness and inflammation. Enjoy a scalp and foot massage while the aloe refreshes your skin and the face is treated with cool Gigartina gel-soaked compresses.

### Deep Sea Purification

80 minutes · \$185

Full body detoxification beginning with dry brushing and a gentle polish to remove dry skin, followed by a mineral- and Essential Fatty Acid-rich mask that boosts the skin's natural regeneration. A massage centred on acupressure and deep tissue techniques melts away tension while breaking up stored toxins, elevating your sense of wellbeing and improving the appearance of your skin.

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## MASSAGES

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### Swedish

60 minutes · \$150 | 90 minutes · \$210

A classic Swedish massage centred on firm yet gentle pressure. Long gliding strokes improve circulation, release tension and promote deep relaxation.

### Deep Tissue

60 minutes · \$150 | 90 minutes · \$210

An intense full body therapy whose firm pressure reaches into deeper layers of muscle and fascia to alleviate pain, stiffness and chronic muscle tension.

### Hot Stone

60 minutes · \$175 | 90 minutes · \$225

Tension melts away as hot stones are applied to pressure points on the body to ease pain, stress and discomfort. Traditional massage techniques are used alongside aromatherapy oils to induce deep relaxation.

### Duo Massage

100 minutes · \$225 per person

A romantic and relaxing experience for two. Begin with our signature Deep Sea Foot Bath — a mineral-rich soak, seaweed scrub, foot and leg massage — followed by a full body massage in the style of your choice. A glass of champagne completes this exquisite treatment. Please note: 24 hours' notice is required.

### Reflexology

30 minutes · \$75

Applying pressure to specific points on the feet that correspond to key organs in the body, this treatment alleviates stress and promotes an overall sense of wellbeing.

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## DEEP SEA ENHANCEMENTS

*Available à la carte or as additions to other treatments*

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### Deep Sea Footbath Ritual

30 minutes · \$75

A luxury foot treatment including a mineral-rich soak, seaweed scrub, foot and leg massage, and a deep sea cooling gel to leave limbs feeling brand new.

### Deep Sea Conditioner

30 minutes · \$65

Relax with a revitalising head, neck and shoulder massage while our blend of organic seaweed extracts and hydrating oils revives the hair and scalp.

### Deep Sea Body Exfoliation

30 minutes · \$75

A full body treatment that scrubs away dry skin with an antioxidant mix of algae and sea salt, leaving skin smooth and refreshed. Finished with an application of Undaria body oil for a beautiful glow.

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## ESCAPE

*Pampering Packages · The Ultimate in Revitalisation & Relaxation*

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Deep Sea Foot Bath Ritual & Reflexology Massage	60 minutes	<b>\$135</b>
Kamalame Massage & Mini Facial	90 minutes	<b>\$200</b>
Earth & Sea Body Exfoliation & Vitamin Sea Facial	110 minutes	<b>\$275</b>
Ocean Crystal Facial & Stone Massage	90 minutes	<b>\$300</b>

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## BOOSTS

*Supplement your massage by adding active ingredients to any treatment · \$25 each*

### Arnica Gel

One of nature's most powerful anti-inflammatories, Arnica montana alleviates bruising and swelling. Ideal for common aches and pains, arthritis, injuries, insect bites, skin irritations and sunburn.

### Undaria Oil

Loaded with acai, babassu, passion fruit and Ayurvedic sesame oils, this ultra-concentrated yet lightweight seaweed-based botanical balm deeply hydrates and firms skin.

### Anti-Aging Body Balm

A silky, mineral-rich seaweed balm infused with acai, babassu, passion fruit and coconut oils delivers an instant surge of moisture that leaves skin soft, dewy and glowing.

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10% value added tax is additional to all prices. · To book your treatment, please contact the Spa or speak with our Concierge team.  
kamalame.com · info@kamalame.com · (800) 790-7971

### Cancellation Policy

We kindly ask that any appointment cancellations or changes be made at least 24 hours in advance. Treatments cancelled or modified within 24 hours of the scheduled appointment time will be charged in full. To reschedule or cancel, please contact the Spa or speak with our Concierge team.