



OVERWATER SPA



MENU

OVERWATER SPA at KAMALAME CAY

Blending island indulgence with organic luxury, the only overwater spa in the Bahamas offers a unique wellness experience. Centered on custom treatments and the finest marine-based ingredients, our certified organic OSEA products are rich in bioavailable seaweed, infused with essential oils, and free of synthetic parabens, and sulfates. Enjoy an array of holistic Beauty and Body therapies—facials, massage, exfoliation, and wraps—as the sound of the waves and sweeping ocean views connect you with the natural environment.

FACIALS

Vitamin Sea Brightening Facial | 60 minutes: \$150

This nutrient-rich treatment combines biodynamic seaweed and powerful Vitamin C to even out your complexion and deliver a beautiful glow. Gentle resurfacing with a probiotic infusion whisks away dry, damaged skin while a brightening mask, nourishing serum, and custom moisturizer stimulate collagen, combat discoloration, and lock in hydration.

Radiance Anti-Aging Facial | 75 minutes: \$175

Boost radiance with this custom anti-aging treatment that employs pure, mineral-rich seaweed and hydrating hyaluronic sea serum to enhance elasticity and visibly smooth fine lines. Hot and cool elements enhance circulation while therapeutic massage plumps and nourishes skin. Completed with a firming under eye mask and anti-aging hand treatment.

Ocean Crystal Facial | 75 minutes: \$165

Encouraging a smooth flow of energy, this rose quartz lymphatic facial massage reduces puffiness, detoxifies, increases circulation, and brings luminosity to the skin. An ocean soaked crystal placed at your heart chakra to connect you with the healing energy of the ocean, this treatment is finished with a custom mask and moisturizer.

Kamalame Mini Facial | 30 minutes: \$75

A facial based on your specific needs, our therapists analyze your skin and design a bespoke treatment. Polishing, hydrating, brightening, or soothing, this is ideal for anyone with sensitive skin or who just needs a quick refresh.

Men's Facial, Scalp & Shoulder Massage | 50 minutes: \$145

Designed for men, this treatment purifies the skin with cleansing and exfoliation and a soothing, mask, followed by a steamy hot towels and a face, neck, and shoulder massage to leave you in a state of complete relaxation.

BODY TREATMENTS

Earth & Sea Exfoliation | 60 minutes: \$150

This invigorating full body scrub combines wild, nutrient-rich Gigartina Seaweed with an exotic blend of mineral salts to polish and soften the skin, followed by an soothing application of hydrating body balm and a relaxing neck and shoulder massage to leave you refreshed and renewed.

Sun Salutation | 75 minutes: \$175

Head to toe revitalization for sun-soaked skin. Excellent for burns or extending the life of your tan, this hydrating, mineral-rich body mask is infused organic seaweed, soothing aloe vera gel, and antioxidant green tea to reduce redness and inflammation. Enjoy a scalp and foot massage while the aloe refreshes your skin and the face is treated with cool, gigartina gel soaked compresses.

Deep Sea Purification | 80 minutes: \$185

Full body detoxification that begins with dry brushing followed by a gentle polish to remove dry skin, followed by a mineral, and Essential Fatty Acid, rich mask that boosts your skin's natural regeneration process. A massage centered on acupressure and deep tissue techniques melts away tension while breaking up stored toxins; elevating your sense of well being and improving the appearance of your skin.

MASSAGES

Swedish | 60 minutes: \$150 / 90 minutes: \$210

A classic Swedish massage centred on firm yet gentle pressure, long gliding strokes improve circulation, release tension, and promote deep relaxation.

Deep Tissue | 60 minutes: \$150 / 90 minutes: \$210

An intense full body therapy that's firm pressure reaches into deeper layers of muscle and fascia to and alleviate pain, stiffness and chronic muscle tension.

Hot Stone | 60 minutes: \$175 / 90 minutes: \$225

Tension melts away as hot stones are applied to pressure points on the body to ease pain, stress, and discomfort. Traditional massage techniques are used along with aromatherapy oils to induce deep relaxation.

Duo | 100 min \$225 pp

A romantic and relaxing experience for two. Begin with our signature Deep Sea Foot Bath which includes a mineral rich soak, seaweed scrub, foot and leg massage. Followed by an hour full body massage, style of your choice. A glass of champagne completes this exquisite treatment. Please note: 24-hours notice is required for this treatment.

Reflexology | 30 minutes: \$75

Applying pressure to specific points on the feet that correspond to key organs in the body, this treatment alleviates stress and promotes an overall sense of well being.

DEEP SEA ENHANCEMENTS

Available a la carte or as additions to other treatments.

Deep Sea Footbath Ritual | 30 minutes: \$75

This luxury foot treatment includes a mineral rich soak, seaweed scrub, foot and leg massage, and a deep sea cooling gel to leave limbs feeling brand new.

Deep Sea Conditioner | 30 minutes: \$65

Relax with a revitalizing head, neck, and shoulder massage while our blend of organic seaweed extracts and hydrating oils revives the hair and scalp hydrated and revived.

Deep Sea Body Exfoliation | 30 minutes: \$75

A full body treatment that scrubs away dry skin with a antioxidant mix of algae and sea salt, leaving skin smooth and refreshed. Finished with an application of Undaria body oil for a beautiful glow.

ESCAPE

Pampering Packages: The ultimate in Revitalization & Relaxation.

Deep Sea Foot Bath Ritual & Reflexology Massage | 60 minutes: \$135

Kamalame Massage & Mini Facial | 90 minutes: \$200

Earth & Sea Body Exfoliation & Vitamin Sea Facial | 110 minutes: \$275

Ocean Crystal Facial & Stone massage | 90 minutes: \$300

BOOSTS

Supplement your massage by adding active ingredients to the treatment

Arnica Gel | \$25

One of nature's most powerful anti-inflammatories, Arnica montana alleviates bruising and swelling. Ideal for common aches and pains, arthritis, injuries, insect bites, skin irritations, and sunburn.

Undaria Oil | \$25

Loaded with acai, babassu, passion fruit, and Ayurvedic sesame oils, this ultra-concentrated, yet lightweight Seaweed based botanical balm deeply hydrates and firms skin.

Anti-aging Body Balm | \$25

A silky, mineral-rich seaweed balm infused with with acai, babassu, passion fruit, and coconut oils delivers an instant surge of moisture that leaves skin soft, dewy and glowing.



KAMALAME CAY
PRIVATE ISLAND RESORT & RESIDENCES