

To reserve your spa treatment  
or fitness experience, please  
contact guest services.

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For best availability, inquire  
at least 24-hours  
prior to desired time.

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Appointments are based  
upon availability, but we will always do our  
best to accommodate all requests.

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Cancellations made within  
24-hours of scheduled appointment time  
will be charged in full.



O C E A N A

S A N T A M O N I C A

W E L L N E S S  
M E N U

# OCEANA SPA

## MASSAGE | PRICE VARIES

Recover, relax or rejuvenate with a wide range of healing massages, offered in our serene treatment room or in the privacy of your own suite.

Swedish Massage	250 (60 min)   375 (90 min)
Deep Tissue Massage	250 (60 min)   375 (90 min)
Hot Stone Massage	280 (60 min)   405 (90 min)
Prenatal Massage	280 (60 min)

Add-ons include lymphatic drainage, thai, sports/stretching, CBD, body scrub, cupping, gua sha & more. Inquire for fees.

## FACIAL | 350 (60MIN) 550 (90MIN)

Find your glow with customized facial treatments designed to brighten, hydrate and exfoliate. Plus, continue the pampering with a post-facial mini-massage for scalp, arms, hands or face.

Add-ons include micro-current, LED, glycolic, microdermabrasion, collagen, oxygen, lymphatic, scalp massage, dermaplaning, microneedling, vitamin c & more. Inquires for fees.

## MAKEUP APPLICATION | 285

Be flawless with makeup for any occasion that's expertly tailored for your face shape, skin tone and hair color.

## HAIR STYLING | 225 - 375

From sleek, red carpet-ready to blowouts and beachy waves, our professional stylists create looks that turn heads, for day or night.

## NAILS | PRICE VARIES

Stay polished and bright with manicures and pedicures from our talented nail artists. Enjoy a soothing hand or foot massage to complete the experience.

Manicure	150   200 with Gel
Pedicure	175   225 with Gel
Combo	250   350 with Gel

# OCEANA FITNESS

## PRIVATE YOGA | 165 (60MIN) | 220 (90MIN)

Whether you're into yin and restorative or vinyasa flow, workout both body and mind with a personalized private yoga session from one of our highly trained instructors.

## PERSONAL TRAINER | 250/HR

Get into the SoCal flow with one of our customized, personal trainer-designed workouts—from marathon and aqua training, to traditional weights, to a tailored run along the beach.

## HIKE | 180/HR

With everything from urban canyons to off-the-beaten-path oceanview peaks, Los Angeles is home to spectacular hiking. Let our experienced guides show you the trails and vistas—and hidden gems—across the city.

## SURF LESSON | 180/HR

Whether you're a seasoned surfer or ready to catch your first wave, a lesson with one of our professional instructors will take your surf game to the next level.

## NUTRITIONIST CONSULTATION | 250 (75MIN)

From meal planning to the latest in holistic supplements, our registered nutritionists and dietitians will guide you to your healthiest self, with a wellness approach tailored just for you.