SPA VIATA

# TRANQUILITY AMONG THE TREES

Benvenuto to Spa Viata—we're so glad you're here! Influenced by Italy's abundant spa heritage, our holistic treatments have been thoughtfully curated to pair Austin's progressive and passionate culture with the decadent spirit of la dolce vita.

As calming as a Mediterranean breeze and as enticing as a uniquely Austin adventure, we aspire to provide you with an unparalleled spa experience leaving you revitalized and ready to start anew.

# MASSAGE

## THE VIATA BODY 50m | 80m

This unique and customized treatment will immerse the senses and bring the body back into balance through a specialized massage designed to increase circulation. Our relaxing light to firm pressured Swedish massage techniques promote a sense of peace, allowing you to float away from the day's stressors. This indulgent experience includes aromatic hot towels and a foot scrub infused with essential oils.

## **DYNAMIC DEEP TISSUE** 50m | 80m

In this session your spa therapist will create a tailored deep tissue treatment to address your specific needs resulting in pain relief and increased mobility. Intended to reach the deeper structures of the body, this massage will help bridge the gap between feeling tense and a blissful existence. Your session may also include intentional stretching to unwind areas of tension, restore balance, and increase range of motion.



## MASSAGE

#### MOTHER GAIA 50m | 80m

Channel your inner birth goddess and give your body the healing touch it needs during this transformative time. Consciously prepared for the expectant or newly post-partum guest, this massage focuses on your neck, back, hips and legs allowing for a time of rest and relief in a comfortable and cozy side-lying position.

#### HIMALAYAN SALT STONE 50m | 80m

Hand-carved, heated, pure Himalayan salt stones are skillfully applied to targeted areas of the body promoting a deeper sense of pain relief for sore and tired muscles. This salt stone treatment gently exfoliates the skin, improves circulation, and reduces stress creating a highly relaxing experience.

#### **COUPLES' SERVICES**

Couples' massages, facials, or a combination are bookable by phone. Please contact Spa Viata directly at 512 306 6434 for scheduling.

## ENHANCEMENTS

#### INCORPORATED DURING STANDARD SESSION TIME

Cupping, CBD Treatments, Revitalizing Foot Scrubs and Masks

#### ADDITIONAL SESSION TIME OF 25M

Body Scrubs, Dry Brushing, Reflexology, Stimulating Scalp Treatment and Provider's Specialty Focus Time.

# FACIAL

## THE VIATA SKIN 50m | 80m

Our signature facial is a sensorial experience resulting in an exquisitely balanced and radiant complexion. With five customized steps including deep cleansing, your skin will receive just what it needs through a perfect alchemy of aromatic essential oils and plant-based products. Designed to detoxify, repair, and renew total skin health, this elaborate treatment restores the skin's natural energy and vibrancy with lasting results.

## BRIGHTENING 50m | 80m

Achieve the perfect luminous glow with this effective hydroquinone-free brightening facial. Patented vitamin C and 30% glycolic acid naturally and effectively interrupt the skin pigmentation process, helping to lighten existing spots and prevent new ones from forming. This treatment will make skin more even toned, reduce contrasts, and recover a bright and radiant complexion.

## TIME RESIST 50m | 80m

Take a sip from our fountain of youth with this exquisite time-defying facial featuring a professional peel, relaxing massage and targeted techniques that minimize the appearance of lines and wrinkles. Look and feel rejuvenated with this anti-fatigue and age correcting treatment.

#### IL SIGNORE 50m

Tailored to address the needs and challenges of men's skin, this treatment helps repair the damage caused by daily shaving such as skin sensitivity, dullness, the effects of aging and free radical damage. Curated for the man who likes to look and feel his best.

# FACIAL

#### **HOLISTIC** 50m

Hailing from the hills of Sicily, Futurna Skin® is an elite organic skin care collection providing unprecedented performance in clean beauty. Sensorial textures and fast-acting results make Furtuna an instant favorite. With profoundly meditative sounds as the backdrop, this facial is deeply relaxing, permitting optimal cleansing, healing, and hydration on a cellular level.

#### **OXYGENEO** 45m

With Geneo™, rejuvenate your complexion so you can breathe in and shine out. Using patented oxygenated machine technology and active ingredients, Geneo™ works on the inside and outside of the skin to promote natural skin oxygenation and provide customized solutions for all your skincare concerns. Immediate, long-lasting results and no downtime required.

Series package available.

## BACK DETOX 50m | 80m

This treatment is crafted for a deep detox of your back and geared to restore balance. This Back "Facial" treatment begins with deep cleansing, stimulating dry brushing, and an invigorating scrub to resurface your skin. A customized back, neck, and shoulder massage will tone tissues and promote circulation. Followed by luxurious blends of nutrient rich butters and oils provide a moisturizing, balanced, and healthy finish. Extractions included.

## ENHANCEMENTS

#### INCORPORATED DURING STANDARD SESSION TIME

Cold Stone Face and Eye Massage, Gua Sha Massage, CBD or Vitamin C Treatments, Lip Scrubs, Undereye Masks, and Facial Cupping

#### ADDITIONAL SESSION TIME OF 25M

Seasonal Specialty Mask, Décolleté Treatment, and Stimulating Scalp Treatment

# BODY TREATMENTS

#### FIRMING WRAP 50m

Inspired by the healing properties of Italy's mineral waters, this age correcting body wrap begins with dry brushing for lymphatic drainage and then cocoons you in a firming body gel, rich in hydrating minerals. Skin toning retinol extracts are absorbed as you receive a soothing massage to penetrate all the firming mousse to immediately hydrate, tighten and stimulate the skin. After repeated use, a long-term age reversal effect will be noticed on skin lacking elasticity due to childbirth, sun damage or significant weight loss.

Series package available.

#### RIVIERA SCRUB 80m

Tranquility is achieved with this all-encompassing experience that holistically addresses each aspect of wellbeing. Your session starts with a creamy exfoliating scrub that is both absorbed and dusted away leaving your skin smooth and resurfaced. A combination of therapeutic massage techniques and nourishing oils will then be employed to rebalance the body's energy flow leaving your skin hydrated and regenerated. The result is a deeply calming and rejuvenating effect.

# BODY TREATMENTS

#### MINERAL BATH 45m

Choose a custom blend of mineral-rich ingredients for time spent in our Spa Suite's jetting soaking tub. Mineral bath blends include essential amino acids, ultimate skin softening milks, vitamins, tea blossoms, and salts to provide a natural stress relief and to promote a sense of well-being.

Our *Lavender & Hibiscus Mineral Bath* is designed to relax the body with a custom blend of organic Washington lavender, mixed tea flower blends and soothing salts to bring a weightless feel to the bath water, promoting a sense of relaxation and well-being.

Our *Flowers & Coconut Cream Milk Bath* will moisturize your body with buttery smoothness and rich, creamy coconut milk that is rich in essential amino acids, vitamins and sweet fats, deliciously scented with notes of heavy cream and fresh coconut.

Our *Flowers & Fruit Nectar Milk Bath* provides nourishment and instant calm to irritated skin. This rich and creamy bath is the ultimate skin softener and the buttery scent of honey apricot is truly irresistible.

Our *Rosemary-Mint Tea & Citrus Mineral Bath* treats sore muscles and detoxifies the body. This custom blend of salts, natural rosemary and mint oils, mixed with a rich array of organic teas and flowers will bring a weightless feel to the bathwater and promote a sense of well-being.

#### **MUD MASK SAUNA ENHANCEMENT** 15m

Enhance your experience by beginning your service with a self-applied body mask set by the heat of our in-spa sauna. Once set, you'll wash away the detoxifying mud mask by shower prior to indulging in your soaking bath of choice.

# SPA SUITE EXPERIENCES

Private Spa Suite experiences are curated to meet your specific needs.

Please contact Spa Viata directly at 512 306 6434 for a curated booking.

## AMALFI BLUE Half Day

Inspired by the essence of the Amalfi Coast, this unforgettable spa treatment will transport you to your own personal paradise. Begin your three-hour journey with a personalized body scrub boosted with sea-derived salts to target invigoration, exfoliation, and deep cleansing. The body is left fully moisturized, and silky smooth after the scrub is rinsed away. Next, a 50minute Massage of choice will allow your tensions to float away. Wash away any remaining cares at your next stop with a re-mineralizing bath creating a profoundly therapeutic experience. Complete this journey with culinary delight and crisp prosecco enjoyed in-suite provided by Café Viata.

## LA DOLCE VITA Full Day

Embrace the sweet life with this truly restorative four-hour spa experience. A customized 80minute Massage sets the tone for this retreat through enticing essential oils and aromatic hot towel treatment. After being pampered from head to toe, your relaxation journey continues with a signature 80minute facial. Enhanced with rich botanical ingredients, your facial will transport your senses to the grand Italian gardens of Verona. Continue your blissful escape with a thermal bath rich in minerals, reminiscent of Italy's cliffside hot springs. Complete your journey with culinary delight and bubbling prosecco in-suite provided by Café Viata.

# POOL SIDE EXPERIENCES

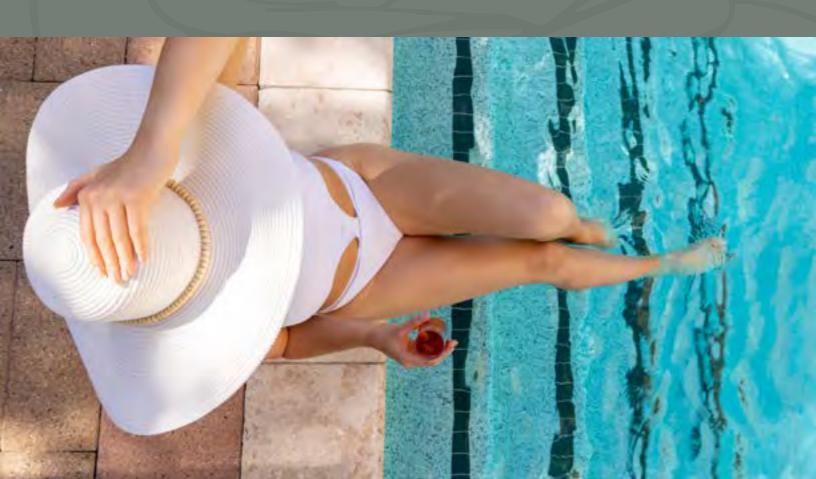
Spa experiences paired with a full-day poolside cabana reservation for relaxation and fun. Please contact Spa Viata directly at 512 306 6434 for a curated booking.

#### LAKE AUSTIN LIFE

Poised to take you to the height of luxury, indulge in any 80minute service of choice and elevate further with any incorporated enhancement. After your revitalizing spa service, enjoy a meal of choice from Café Viata inside your private poolside cabana.

#### ON THE ROCKS

Reconnect with nature's powerful healing tools starting with a 50minute Massage of choice, followed by a chosen 50minute Facial with incorporated facial enhancement. End your journey with a cocktail, provided to you in a private poolside cabana for exclusive use pre- or post-service.



# SPA PARTIES

Celebrate life's many special events with a spa party. Available for groups of four to eight people. Each person will enjoy a 50minute massage, 50minute facial, and incorporated enhancement. This package includes use of all spa and fitness facilities as well as a private poolside cabana for full-day use.

In addition, your group will enjoy 10% off any retail purchases made on the day of your event. Larger parties, exclusive use of the spa, or facility rentals are available upon request.

We are happy to work with your group to create an experience that best suits your needs.

## MEMBERSHIP

Discover the sweeter life with Club Evergreen. Membership benefits and amenities include special spa treatment rates, access to our gym, pool and spa amenities, plus so much more.

Learn more at hotelviata.com/club-evergreen

## SPA DETAILS

Please arrive a minimum of 15minutes prior to your scheduled session to allow for adequate check-in time. Each guest must complete an intake form prior to their service to adhere to state requirements. Out of respect to our other guests, late arrivals may result in a shortened experience and charged for the entirety of the service held.

Our men's and women's changing areas include private lockers, showers, sauna and mineral steam rooms which guests are welcome to use during their spa experience.

For your spa treatments, a robe and spa shoes will be provided. If you require any additional accommodations, please let our spa team know prior to your arrival.

Please note that while pets are allowed at the hotel, they are not allowed within the spa.

To maintain a restorative and relaxing spa experience, we ask that the use of electronic devices is limited to our front reception area. Recording of any kind is strictly prohibited while in the spa.

Reservations are strongly encouraged to ensure that your requested services may be accommodated, however we will do our best to accept same day services. All reservations must be secured with a credit card at the time of booking.

When scheduling, please let our team know if you are experiencing any health concerns or are pregnant as some services may have contraindications.

Cancellations must be made no later than 24 hours prior to the scheduled start time of the first treatment. If cancellation is not provided with this requested notice, 50% of the treatment cost will be charged to the card on file. For no-show appointments the full treatment amount will be charged. Due to limited availability, we ask that any changes or modifications of your appointment be done with as much advance notice as possible.

The minimum age requirement to use the spa and facilities is 17 years or older.

To facilitate a seamless checkout experience, a 20% service charge will be applied to each service received. This amount will be given in full to the providers and support staff who assisted you with your visit. If you wish to provide any additional gratuity, our front desk team will be happy to assist you.

# PRICE LIST

MASSAGE

THE VIATA BODY

50m | \$175 80m | \$250

**MOTHER GAIA** 

50m | \$180 80m | \$255 **DYNAMIC DEEP TISSUE** 

50m | \$190 80m | \$260

HIMALAYAN SALT STONE

50m | \$190 80m | \$260 **ENHANCEMENTS** 

Within Time | \$25 Additional 25m | \$75

FACIAL

THE VIATA SKIN

50m | \$175 80m | \$250

IL SIGNORE 50m | \$175

**BRIGHTENING** 

50m | \$185 80m | \$255

HOLISTIC

50m | \$195

TIME RESIST

50m | \$190 80m | \$260

**OXYGENEO** 

45m | \$200

**BACK DETOX** 

50m | \$190 80m | \$260 **ENHANCEMENTS** 

Within Time | \$25 Additional 25m | \$75

BODY

FIRMING WRAP

50m | \$225

MINERAL BATH

45m | \$95

**RIVIERA SCRUB** 

80m | \$235

**MUD MASK SAUNA** 

15m | \$35

SPA SUITE

AMALFI BLUE

Half Day | \$475pp

LA DOLCE VITA

Full Day | \$685pp

POOL SIDE

LAKE AUSTIN LIFE

Starting at \$475pp

ON THE ROCKS

Starting at \$545pp

SPA PARTIES

SPA PARTIES' GROUP RATES VARY

Contact info@spaviata.com

512 306 6434 SPA VIATA™

SpaViata.com

To schedule your appointment, please contact us directly at 512 306 6434 or book directly online at SpaViata.com



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