

essensia

RESTAURANT & BAR

MINDFUL MONDAYS

A weekly invitation to slow down, share our locally inspired flatbreads, and sip with purpose. 10% of all specials below will be donated to Surfrider Foundation Miami Chapter, supporting local ocean and coastal protection.

FLATBREADS TO SHARE 15

GRILLED MUSHROOM FLATBREAD

Gratitude Garden mushrooms, Florida heirloom tomatoes, crème fraîche, fragrant herbs

WINTER TOMATO & BURRATA FLATBREAD

Florida Heirloom tomatoes, Capri organic burrata, fennel pollen

SIP WITH PURPOSE

THE BEACH ROSÉ BY WHISPERING ANGEL, BOTTLE 25

THE BEACH ROSÉ BY WHISPERING ANGEL, GLASS 7



(GF) GLUTEN FREE, (V) VEGAN, (N) CONTAINS NUTS

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. All desserts may have been prepared in a facility that also processes nuts.

A 20% SERVICE CHARGE AND APPLICABLE SALES TAX WILL BE ADDED TO YOUR CHECK