ESSENTIAL INGREDIENTS

We strive to provide you with only premium quality, clean and sustainably sourced ingredients, including specialty products from the following Florida farms & small businesses, as well as all-natural ranches and clean oils:

BROOKS TROPICAL FARMS, Homestead, FL seasonal tropical fruits

CAHABA CLUBS HERBAL OUTPOST, Odessa, FL micro greens and edible flowers

GRATITUDE GARDEN FARM, Loxahatchee, FL organic oyster and lion's mane mushrooms

MICHAEL BOREK FARMS, Miami, FL heirloom tomatoes

THE VILLAGES GROWN, Wildwood, FL hydroponic and aeroponic herbs, lettuces, tomatoes

WISH FARMS, Plant City, FL organic blackberries, blueberries, strawberries

LAKE MEADOW NATURALS, Ocee, FL organic chicken

FLORIDA CATTLEMAN, Kissimmee, FL all-natural burger patties and ground beef

GRASS RUN FARMS, Greeley, CO grass-fed and finished beef, antibiotic and hormone free

SONNY'S (REGENERATIVE) FARM, Crestview, FL pastured lamb and chicken

BLUEHOUSE SALMON, Homestead, FL farm raised Atlantic salmon

SUN SHRIMP, St. James City, FL farm raised jumbo shrimp

CAPRI ORGANIC BURRATA, Miami, FL handmade cheese with no preservatives

SULLIVAN STREET BAKERY, Miami, FL handmade artisanal Italian-style breads

OLIO VERDE EXTRA VIRGIN OLIVE OIL, Sicily, Italy 100% nocellara del belice olives



