

COUPLES  RESORTS
ALL-INCLUSIVE ALL-JAMAICAN™



The Oasis Spa

Welcome to a Haven of

Tropical Serenity

Massage Therapies

Experience the art of touch with our curated menu of luxurious treatments, each crafted to restore balance and well-being.

Couples TropiFlex Massage

Rediscover each other amidst the lush embrace of the tropics. This personalized couples' massage experience combines tailored techniques with nature-inspired elements to leave you both refreshed, rejuvenated, and deeply connected.

60 minutes | \$360 per couple

90 minutes | \$490 per couple

Celebrate togetherness with the timeless and soothing relaxation massage. Indulge side by side as gentle strokes melt away stress, leaving you both soothed and revitalized.

50 minutes | \$300 per couple

80 minutes | \$400 per couple

Hot Stone Therapy

Let smooth, heated volcanic stones work their magic, releasing deep-seated tension and invigorating your senses. This ultimate relaxation experience leaves you grounded, refreshed, and restored.

60 minutes | \$180

90 minutes | \$220

Bamboo Fusion Massage

Reconnect with the earth through this invigorating treatment. Warm bamboo sticks glide seamlessly over tired muscles, easing tension, enhancing circulation, and restoring flexibility.

60 minutes | \$180

90 minutes | \$220

Deep Tissue & Trigger Point Therapy

This therapeutic massage combines firm pressure with trigger point techniques for targeted relief to alleviate chronic muscle tension and restore mobility. Perfect for addressing knots, soreness, and restricted movement.

60 minutes | \$180

90 minutes | \$220

Aromatherapy Massage

Escape into a sensory paradise with the healing power of essential oils. This soothing treatment blends gentle techniques with customized aromatic blends to calm the mind, nurture the body, and uplift the spirit.

60 minutes | \$169

90 minutes | \$209

Swedish Massage

Indulge in the elegance of a classic. This gentle yet effective treatment eases muscle tension, enhances circulation, and promotes overall relaxation, leaving you feeling utterly serene.

60 minutes | \$159

90 minutes | \$199

Reflexology

Harness the ancient wisdom of reflexology as expert techniques stimulate specific points on the feet, promoting balance, improved circulation, and total-body relaxation.

30 minutes | \$85

50 minutes | \$150

Stress Relief Massage

Targeting the areas where tension lingers most—the upper back, neck, and shoulders—this focused treatment is the perfect remedy for quick, effective stress relief.

30 minutes | \$89

Signature Massage

JamFlex Deep Muscle Melt Massage

This transformative massage combines deep tissue work, soothing stretches, heated stones, and warm bamboo to relieve sore, overworked muscles.

90 minutes | \$269

AromaZen Therapeutic Massage

This locally inspired treatment blends aromatic herbs with expert massage techniques to target tension and promote deep relaxation. A perfect choice for those seeking balance and calm.

*60 minutes | \$190
90 minutes | \$239*

Deep Release Wellness CBD Massage

Let authentic Jamaican CBD elevate your massage experience. This specialized treatment relaxes muscles and soothes stress, leaving you restored and renewed.

*60 minutes | \$190
90 minutes | \$239*

Youth Restoring & Smoothing Massage

Rejuvenate your skin and revitalize your spirit with this restorative treatment. Featuring gentle brushing and marine magnesium, this massage restores vitality while helping you glow from within.

*60 minutes | \$179
90 minutes | \$229*

Detox & Repair Massage

This invigorating therapy uses green coffee, marine magnesium, and skin-brushing techniques to detoxify, improve circulation, and revitalize your body. Perfect for restoring balance and energy.

60 minutes | \$179

90 minutes | \$229

Packages

Paradise Body Bliss

Reveal radiant skin with a luxurious exfoliation, followed by a detoxifying wrap and soothing massage. Complete the experience with a calming scalp massage and reflexology.

135 minutes | \$389

90 minutes | \$269

Paradise Renewal Package

Unwind with a tropical body exfoliation and tension-relieving massage. Enhance your radiance with a soothing facial, then indulge in a signature hot stone manicure and pedicure.

195 minutes | \$379

120 minutes | \$259

Enhancements and Add-Ons

Customize Your Spa Experience

Enhancements

 *Hot Stone Therapy – \$40*

 *Warm Bamboo – \$40*

-  Deep Tissue – \$40
-  Aromatherapy – \$40
-  CBD – \$40
-  Choose Your Oasis (each) – \$29
-  Scalp Massage (15 mins) – \$39
-  Pressure Point Foot Massage (15 mins) – \$39
-  Express Facial (20 mins) – \$79
-  Foot Detox (30 mins) – \$89

Facial Enhancements

-  Eye Treatment – \$39
-  Lip Treatment – \$39
-  Extractions – \$49
-  Eye and Lip Treatment – \$59
-  Specialized LED Light Therapy – \$59

Facials

Signature Nelly De Vuyst® Glow Facial

A luxurious, results-driven facial designed to deeply hydrate, restore radiance, and smooth the skin. Using advanced botanical extracts, peptides, and antioxidants, this treatment leaves the complexion visibly brighter, plumper, and refreshed.

Ideal for: Dull, tired, or dehydrated skin seeking an instant glow.

75 minutes | \$209

90 minutes | \$235

Classic European Facial

A personalized facial tailored to your skin's unique needs. This treatment balances, purifies, and revitalizes the skin using Nelly De Vuyst's high-performance botanical formulations for a naturally healthy complexion.

Ideal for: All skin types and first-time facial clients.

30 minutes | \$89

60 minutes | \$180

75 minutes | \$199

90 minutes | \$220

Firming & Anti-Aging Facial

An advanced lifting and firming treatment that targets fine lines, loss of elasticity, and skin fatigue. Powerful plant-based actives and peptides help improve skin tone, texture, and firmness while restoring a youthful glow.

Ideal for: Aging, mature, or loss-of-firmness skin.

75 minutes | \$209

Soothing & Repair Facial

A calming and restorative facial formulated to reduce redness, strengthen the skin barrier, and relieve sensitivity. Gentle yet effective botanicals help soothe irritation while deeply hydrating and protecting the skin.

Ideal for: Sensitive, reactive, or sun-stressed skin.

60 minutes | \$180

Gentleman's Facial

Designed specifically for men's skin, this facial deeply cleanses, hydrates, and soothes irritation caused by shaving and environmental stress. Leaves the skin refreshed, smooth, and revitalized.

Ideal for: Men seeking healthy, balanced skin

60 minutes | \$180

Wedding Bliss Spa Packages

Mark your special day with personalized pampering and beauty services designed to enhance your natural glow.

Here Comes the Bride

Feel picture-perfect with a consultation, bridal hairstyling, professional makeup, and a soothing pedicure to complete your look.

150 minutes | \$239

Bridal Bliss

Prepare to shine with a personalized hair updo and makeup session, a rejuvenating body scrub, and a refresher facial for radiant skin.

150 minutes | \$299

Man of the Moment

Relax and refresh with a back massage, detailed grooming for hands and feet, facial grooming with a hot towel shave.

135 minutes | \$280

Beauty Salon

Enhance your natural beauty with expert services designed to pamper and refresh.

Hair Services

-  Deep Conditioning Treatment – \$49
-  Shampoo & Style (from) – \$75 (short)
-  Ladies Haircut & Style – \$85 (short)
-  Hair updo (from) – \$90
-  Bridal Style Trial – \$90
-  French Braid – \$25
-  Single Braids (3) – \$10
-  Gentlemen's Haircut & Style – \$40

-  *Hot Towel Shave – \$49*
-  *Mens grooming Facial with shave - \$129*

Nail Services

-  *Sea Spa Manicure/Pedicure – \$65/\$80*
-  *Classic Manicure/Pedicure – \$49/\$69*
-  *Polish Change – \$29*
-  *French Polish Upgrade – \$10*
-  *Nail Repair – \$19*

Waxing Services

-  *Lip/Chin/Brow – \$30*
-  *Underarm – \$30*
-  *Half Arm – \$40*
-  *Full Arm – \$60*
-  *Half/Full Leg – \$40/\$70*
-  *Bikini – \$40*
-  *Back – \$60*
-  *Makeup Application – \$75*
-  *Strip Lash Extension (supply & application) – \$40*
-  *Individual Lash Extension – \$75*

Spa Etiquette

Hours of Operation

- *Couples Tower Isle: 8 AM – 7 PM*
- *Couples Sans Souci: 8 AM – 6 PM*
- *Couples Negril: 8 AM – 7 PM*
- *Couples Swept Away: 8 AM – 7 PM*

Spa Appointments & Reservations

- Book treatments at least 24 hours in advance to ensure availability.
- Enhance your experience with a massage in the comfort of your room or at one of our serene outdoor locations for an additional \$29 per person.

Check-In

- Arrive 15 minutes before your scheduled appointment.
- Late arrivals will not extend appointment times.
- Cell phones, smoking, and alcohol are prohibited in spa areas.

Cancellations

- Cancellations or rescheduling require at least 4 hours' notice.
- Less than 4 hours' notice or no-shows will incur a 100% charge.

Spa Attire

- Comfortable clothing is recommended. Swimsuits are required for relaxation pools and steam rooms.
- Body treatments include full draping for your comfort.

Note: Prenatal treatments are unavailable. All prices are in USD and are subject to change

Introducing the Caribbean's First All-Inclusive Spa Experience

Couples Resorts proudly presents the Oasis Spa Villas, where wellness and luxury intertwine. Created in collaboration with spa-goers and top health and wellness experts, this innovative experience redefines relaxation.

Indulge in the unparalleled unlimited spa experience at the Oasis Spa Villa collection at Couples Tower Isle and at the Hibiscus Oasis Spa Villa at Couples Sans Souci.*

Visit Couples.com/oasis-spa-villas

*Pricing without unlimited spa services is also available for the Hibiscus Oasis Spa Villa at Couples Sans Souci.



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