



SPA SERVICES MENU



# INDULGE IN TRANQUILITY AND REJUVENATION

Welcome to Beach Enclave, where we create a serene in-villa sanctuary for your relaxation experience. Where ancient techniques and modern wellness practices blend to restore your mind, body, and soul. Immerse yourself in our exquisite spa treatments, designed for ultimate relaxation and renewal.



# SIGNATURE MASSAGES

## **Stress Release Massage**

Aromatherapy-infused massage using gentle strokes and classical techniques to deeply relax the mind and body.

**60 min | USD \$190**

**90 min | USD \$260**

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## **Deep Tissue Massage**

A vigorous massage targeting deep muscle layers to release tension, improve flexibility, and restore circulation.

**60 min | USD \$200**

**90 min | USD \$260**

# SIGNATURE MASSAGES

## **Royal Indian Head Massage**

Using medicated oil, this soothing Ayurvedic massage is applied on Mama points on the head and neck, balancing the mind and body. Enhances blood circulation, improves memory, nourishes hair and scalp, and releases stress and tension.

**60 min | USD \$190**

**90 min | USD \$260**

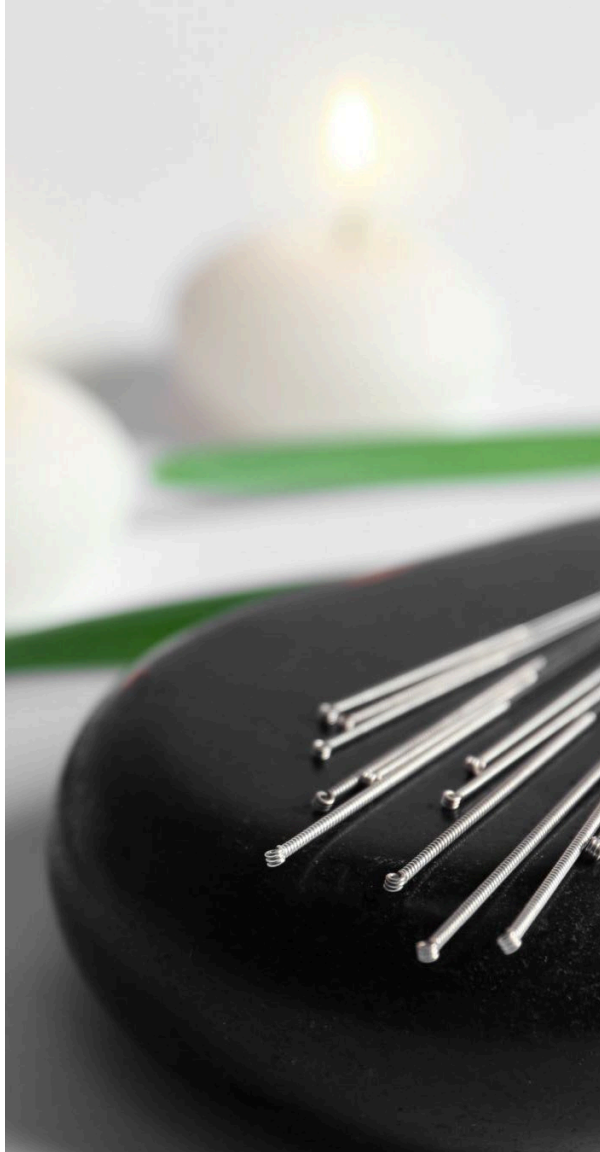
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## **Chakra Crystal Massage**

Incorporating crystal stones, chakra body balancing, and a relaxing stone facial massage, this treatment releases chronic tension, stress, and fatigue while promoting self-love and positive body awareness

**60 min | USD \$200**

**90 min | USD \$260**





# SIGNATURE MASSAGES

## Thai Yoga Massage

A full-body stretch using traditional Thai techniques to stimulate circulation, relieve pain, and enhance flexibility.

**60 min | USD \$200**

**90 min | USD \$260**

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## Tailor-Made Treatment

A personalized massage combining multiple techniques tailored to your body's needs. Optional cupping therapy available.

**60 min | USD \$200**

**90 min | USD \$260**





## SIGNATURE MESSAGES

### **Castor Oil Pack**

An abdominal oil application followed by local steam therapy to aid digestion and relieve discomfort.

**60 min | USD \$210**



# SIGNATURE MASSAGES

## **Hot Stone Massage**

Heated stones placed on key areas of the body help relieve muscle tension and promote relaxation.

**60 min | USD \$210**

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## **Reflexology**

Pressure applied to specific points on the feet and hands to relieve tension and enhance overall wellness.

**50 min | USD \$180**





# FACIALS

## Island Bliss Facial

Using natural products, this facial enhances skin radiance, deeply exfoliates, and nourishes for a youthful glow.

**50 min | USD \$200**

## Customized Facial

Focusing on your facial concerns, let our therapist design a customized facial tailored to your specific needs.

*Price starting from*  
**50 min | USD \$200**



# MANICURE & PEDICURE SERVICES

## **Manicure**

USD \$120

## **Pedicure**

USD \$120

## **Manicure & Pedicure**

USD \$200

## **Gel Detail**

+ USD \$70



# MIND, BODY & SOUL WELLNESS

## PRIVATE SESSIONS

### **Vinyasa Hatha Yoga , Yin Yoga**

The session allows you to focus on what will be the most beneficial elements for your health condition. Whether your focus is on physical fitness, to cease back pain, improve your flexibility or reducing anxiety. The technique of Vinyasa Hatha yoga plus Yin yoga will help to calm your body and mind and use breathing techniques. End of relaxation moment made specifically for your body.

**60 min | USD \$250 (up 2 persons)**

**90 min | USD \$280 (2 persons)**

**Additional person | USD \$80**

### **Nidra Yoga**

It creates deep relaxation for health, mental peace, and higher awareness. Swami Rama has been quoted to say that Yoga nidra is a practice of selfmastery of the autonomic nervous system. The technique is practical and easily accessible.

**60 min| USD \$250**

**90 min | USD \$280**

# MIND, BODY & SOUL WELLNESS

## PRIVATE SESSIONS

### Meditation

It creates relaxation for health, mental, peaceful, and high awareness. Use of Nitra Yoga techniques guiding you to relaxation area and use of five breathing excellent techniques to help your body and mind to be calm and peaceful.

**60 min | USD \$250 (2 persons)**

## COMPLEMENTARY YOGA (6 Days per week)

**Beach Enclave Long Bay** 7:30 am

**The Reserve at Grace Bay** 9:00 am

**Beach Enclave North Shore** 9:15 am

**Beach Enclave Grace Bay** 10:30 am

Subject to change without notice

# TERMS AND CONDITIONS

**RESERVATIONS:** Advance bookings are highly recommended to reserve your spa treatments on your preferred day and time. Spa appointments can be made once guests are in-house by our concierge team based on availability.

**HOURS OF OPERATION:** Spa Treatment hours 10 am – 6 pm, seven days a week. Requests for services after 6 pm will incur a fee of an additional \$50 per treatment.

**CANCELLATIONS:** We ask that you make any cancellation or change to your treatment at least 24 hours prior to your scheduled in-villa appointment time to avoid a charge. Cancellations made with less than 24 hours' notice or no-shows will be charged in full.

**APPOINTMENTS:** All in-villa services are scheduled in advance. Please let our guest relations team know if you have any special requirements. If you are not ready for your service at your scheduled appointment time, we regret that we will only be able to offer you the remainder of your booked appointment. The full cost of the treatment or service will still be charged.

**WELLBEING:** For your safety and comfort, we ask you to complete a pre-treatment survey. Please notify your therapist of any specific requirements for your visit, which may include injuries, physical complaints or conditions, recently undergone operations, metabolic disorders, allergies, or pregnancy.

# TERMS AND CONDITIONS CONT'D

**COMMUNICATION:** Prior to the start of your treatment, kindly advise your therapist of the areas you would like to focus on and any areas to be avoided. During your service, please let your therapist know if you feel any discomfort. Communication is the key to obtaining the full benefit of your treatment.

**CHILDREN:** Teens aged between 16-18 years are permitted to have a 60-minute massage with parent supervision. Children from 4 years of age and older are permitted to have a manicure/pedicure with parent supervision

**TREATMENT GRATUITIES & FEES:** Our treatments are subject to a 15% administrative fee. Gratuity is not included in the pricing; a twenty-percent gratuity is recommended, but please feel free to leave a gratuity at your discretion.

**DISCLAIMER:** Services are subject to availability and follow TCI Government guidelines. Beach Enclave reserves the right to refuse service(s) if guidelines are not abided by under TCI Government guidelines.

Pricing is subject to change without notice.



Personalized Experiences. Beautiful Enclaves. Your Home.

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