



JW MARRIOTT

TURNBERRY® MIAMI

TASTEFULLY  
NOURISHED

SAVOR by JW

THOUGHTFULLY  
CRAFTED



# YOUR GUIDE TO NOURISHMENT

*Enjoy this introduction to essential vitamins, minerals, fats and fibers, as well as a variety of nutritious ingredients to enjoy and savor.*

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## VITAMINS

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Best sourced through the foods we eat, vitamins are the building blocks of a healthy lifestyle.

### Foods rich in Vitamin B

MUSHROOMS | MILK | WHOLE GRAINS  
PISTACHIO | NUTS | SUNFLOWER SEEDS

### Foods rich in Vitamin C

CITRUS | KIWI | STRAWBERRIES  
MANGOES | PAPAYA | BROCCOLI  
DARK LEAFY VEGETABLES

### Foods rich in Vitamins A & D

MILK | FISH | EGGS

### Foods rich in Vitamins E & K

WHEAT GERM | SUNFLOWER SEEDS  
SOME NUTS | PEANUT BUTTER  
DARK GREEN LEAFY VEGETABLES  
KALE | SPINACH

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## MINERALS

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Minerals keep your bones strong and your body balanced.

**Calcium** is important for strong healthy bones and teeth.

KALE | YOGURT | BROCCOLI | WATERCRESS  
CHEESE | BOK CHOY | OKRA | ALMONDS

**Potassium** is an electrolyte that regulates the flow of nutrients going in and out of cells.

POTATOES | SUN-DRIED TOMATOES  
KIDNEY BEANS | DRIED FRUITS | BANANA  
AVOCADOS | FISH

**Iron** is an essential element for blood production.

RED MEAT | PORK & POULTRY | SEAFOOD  
BEANS | KALE & DARK GREEN LEAF SPINACH

**Antioxidants** are beneficial in preventing diseases by prohibiting the oxidation of harmful molecules in the body.

EXTRA-VIRGIN OLIVE OIL | GOJI BERRIES  
WILD BLUEBERRIES | DARK CHOCOLATE  
PECANS | ARTICHOKE | KIDNEY BEANS  
CRANBERRIES | CLOVE | CINNAMON  
OREGANO | TURMERIC | COCOA | CUMIN  
PARSLEY | BASIL | THYME | WILD HONEY

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## HEALTHY FATS & FIBER

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Healthy fats and fiber stabilize blood sugar and cholesterol levels.

**Fiber** slows the rate that sugar is absorbed into the bloodstream, which keeps your blood glucose levels from rising too fast.

PEAS | LENTILS | BEANS | ARTICHOKE  
BROCCOLI | BRUSSELS SPROUTS  
AVOCADOS | OATS & WHOLE GRAINS

**Unsaturated fats**, including poly - and mono-unsaturated fats, have a positive effect on cholesterol levels.

OLIVE OIL | WALNUTS | PINE NUTS | PECANS  
AVOCADOS | PUMPKIN SEEDS | SPIRULINA

**Omega-3 fatty acids** are needed for many functions, from building healthy cells to maintaining brain and nerve function.

FLAXSEED OIL | FISH OIL | NUTS & SEEDS  
CHIA SEEDS | SALMON & COLD WATER FISH  
SOYBEANS | AVOCADOS | COOKED SPINACH

# ARTFULLY BLENDED

*Looking for a refreshing start to your morning? All juices and smoothies are brimming with healthy benefits and essential nutrients to invigorate body and mind. Available all day. Made fresh daily.*

## SATISFYING SMOOTHIES

### Heavy Lifter | 13 | V, GF

Pineapple, cantaloupe, honeydew watermelon, lime, mint, ginger, chia seeds wildflower honey, grapefruit juice

POTASSIUM | CALCIUM | VITAMIN D

### Antioxidant King | 13 | V, GF

Pineapple, apple juice, blueberries, avocado kale, wildflower honey, spinach, parsley

ANTIOXIDANTS | OMEGA 3 | VITAMIN E

### Sunshine Acai Smoothie | 13

Pineapple, orange, banana, acai

VITAMIN C | FIBER | ANTIOXIDANTS | OMEGA-3

## REVITALIZING JUICES

### Orange Juice | 8 | VF, GF

VITAMIN C | HYDRATION | ANTIOXIDANTS

### Grapefruit Juice | 8 | VF, GF

VITAMIN C | HYDRATION | ANTIOXIDANTS

### Green Juice | 12 | VF, GF

Pineapple, celery, spinach, parsley, ginger

DETOX SUPPORT | VITAMIN K | FIBER

# BREAKFAST

6.00 am - 11.30 am

## A BALANCED START

### Granola Parfait | 14 | V

Greek yogurt, honey, berries  
house-made granola, wildflower honey

FIBER | VITAMIN C | ANTIOXIDANTS | CALCIUM  
PROTEIN | IRON

### Market Fruit Plate | 17 | VF, GF

Sliced melons, oranges, watermelon  
pineapple, berries

FIBER | VITAMIN C | ANTIOXIDANTS | HYDRATION

### Smoked Salmon | 22

Cream cheese, capers, sliced tomato  
red onion, hardboiled egg  
locally sourced bagel

PROTEIN | OMEGA-3 | VITAMIN D | VITAMIN B12  
SELENIUM | IODINE

### Oatmeal - McCanns™ | 15 | VF, GF

McCann's Steel-Cut Irish Oats, raisins  
brown sugar

### Add Banana | 4

### Add Berries | 9

FIBER | IRON | MAGNESIUM | B VITAMINS | PROTEIN  
CHOLESTEROL REGULATION

### Breakfast Bowl | 16 | VF, GF

Overnight oats, chia seeds, almond milk  
oat milk, banana, berries

### Avocado Toast | 22 | V

Hardboiled egg, tomato jam  
smashed avocado, radish, cucumber, chili oil

FIBER | HEALTHY FATS | VITAMIN E | FOLATE  
VITAMIN C | POTASSIUM

## CLASSICS

### All-American | 32

Two cage-free eggs any style  
choice of bacon, pork or chicken sausage  
breakfast potatoes, toast

**Choice of:** juice, coffee or hot tea

PROTEIN | VITAMIN B12 | IRON | VITAMIN D | NIACIN  
ZINC | FIBER | HEALTHY FATS

### Continental | 30

Market fruit plate, choice of toast or pastry

**Choice of:** juice, coffee, or tea

PROTEIN | VITAMIN B12 | CARBOHYDRATES  
VITAMIN C | CALCIUM | FIBER

### Gluten-Free Waffles | 20 | V, GF

Nutella cream, caramelized bananas  
raspberries, maple syrup

### Buttermilk Pancakes | 20 | V

Nutella cream, caramelized bananas  
raspberries, maple syrup

### Brioche French Toast | 21 | V

Nutella cream, caramelized bananas  
raspberries, maple syrup

### Breakfast Sandwich | 22

Soft roll, egg, bacon, smashed avocado  
American cheese, breakfast potato

PROTEIN | VITAMIN B12 | VITAMIN D | IRON | NIACIN  
ZINC | SATURATED FATS

### Classic Eggs Benedict | 23

Toasted English muffin, choice of spinach  
smoked salmon or Canadian bacon  
poached egg, hollandaise, breakfast potato

PROTEIN | VITAMIN B12 | VITAMIN D | IRON | ZINC  
FOLATE | HEALTHY FATS

### Breakfast Wrap | 22

Traditional wrap, scrambled egg, chorizo  
smashed black bean, smashed avocado  
fire roasted salsa, melted cheese  
breakfast potato

*Whole wheat wraps available*

PROTEIN | VITAMIN B12

# BREAKFAST

6.00 am - 11.30 am


## CUSTOM EGGS

### Custom Omelets | 25

Eggs or egg whites gently folded and filled with your choice of fresh ingredients. Each omelet is accompanied by breakfast potatoes and choice of toast

PROTEIN | VITAMIN B12

### Breakfast Barbacoa Steak and Eggs | 23

Braised brisket, sweet pepper marmalade crispy potato, choice of egg  
"Turnberry Garden" herbed hollandaise 

PROTEIN | IRON | VITAMIN B12 | ZINC | CREATINE  
HEALTHY FATS

### Protein | Choice of One

Applewood smoked bacon, chicken sausage chorizo, ham, or pork sausage

### Cheese and Dairy | Choice of One

Aged cheddar, pepper jack, Swiss, American or provolone

### Vegetables | Choice of Three

Tomato, onion, bell pepper, spinach jalapeño, mushrooms

## SINGLE SERVINGS

Homemade Granola | 8

Greek Yogurt | 8

Seasonal Berries | 9

Bacon | 8

Chicken Sausage | 8

Pork Sausage | 8

Breakfast Potatoes | 8

Bagel | 9

Toast | 8

## FAMILY MEAL

### JW Family Breakfast | 36

*Minimum of 3 people*

Cage-free eggs, choice of bacon, pork or chicken sausage, breakfast potatoes pancakes, toast, fresh fruit, orange juice

PROTEIN | VITAMIN B12

## KIDS

### Kid's Pancake | 12 | V

Plain, blueberries or chocolate chips

### Fruit and Yogurt | 12 | V

Greek yogurt, fresh seasonal fruit

CALCIUM | PROTEIN | PROBIOTICS

### Assorted Kellogg's™ Cereal | 10 | V

Fruit Loops, Frosted Flakes, Special K Corn Flakes, Honey Nut Cheerios Rice Krispies, Raisin Bran  
Fresh berries or sliced bananas  
choice of milk

WHOLE GRAINS | ENERGY | FIBER

### Junior All-American | 12

One cage-free egg, bacon  
seasonal fruit bowl

PLEASE DIAL 3411 ON YOUR TELEPHONE TO ORDER

*A 20% service charge, \$4.50 delivery charge and appropriate sales tax will be added to your check. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.*



*Made with ingredients from the JW garden*

COLLECTIVELY  
SAVORED



# DAYLONG DINING

11.30 am - 11.00 pm

## BALANCED SNACKS

### Mezze Platter | 24 | VF

Hummus, red pepper hummus, cucumbers  
grilled baby peppers, cherry tomato and carrots  
dolmas, fried pita

FIBER | VITAMIN E | PROTEIN | IRON | HEALTHY FATS

### Tuna Poke | 28

Sticky rice, pickled ginger, avocado  
radish, seaweed salad, cucumber, scallions  
edamame, spicy mayo, avocado purée

OMEGA-3 | PROTEIN | VITAMIN D | VITAMIN B12  
SELENIUM | FIBER

### Market Fruit Plate | 17 | VF, GF

Melons, oranges, watermelon, pineapple  
berries

VITAMIN C | HYDRATION | FIBER | ANTIOXIDANTS

## CLASSICS

### Smashed Avocado | 18 | VF

Made fresh daily, cilantro, spiced tortilla chips

HEALTHY FATS | FIBER | VITAMIN K | VITAMIN E  
VITAMIN C | FOLATE | VITAMIN B6

### Chicken Wings | 20

Buffalo or BBQ, celery, carrots, blue cheese

PROTEIN | VITAMIN B6 | ENERGY | ZINC

### Garden Margherita Pizza | 24 | V

Sun-ripened Napoli plum tomatoes  
house grown basil pesto, tomato sauce  
premium fresh mozzarella

CALCIUM | LYCOPENE | PROTEIN

### Sausage and Pepperoni Pizza | 28

Tomato sauce, shredded mozzarella  
Italian sausage, pepperoni

## SOUPS & GREENS

### Matzo Ball Soup | 12

Shredded chicken, egg noodles  
hearty vegetables

### French Onion Soup | 11

Caramelized onions, croutons, beef broth  
grated parmesan, gruyere cheese

### Caesar Salad | 18

Romaine, shaved parmesan, garlic croutons  
Caesar dressing

### Greek Salad | 18 | V, GF

Romaine, tomatoes, cucumbers, pepperoncini  
Kalamata olives, feta, red onion  
lemon oregano dressing

### Add protein to any greens:

#### Grilled Chicken | 12 | GF

LEAN PROTEIN | VITAMIN B6 | PHOSPHORUS | ZINC

#### Grilled Fish of the Day | 23 | GF

OMEGA-3 | PROTEIN | VITAMIN D | B VITAMINS | SELENIUM

#### Shrimp | 18 | GF

OMEGA-3 | PROTEIN | VITAMIN D | VITAMIN B12 | IODINE

#### Grilled Salmon | 25 | GF

OMEGA-3 | VITAMIN D | PROTEIN | VITAMIN B12  
VITAMIN D | POTASSIUM

#### Tuna Salad | 12 | GF

PROTEIN | OMEGA-3 | VITAMIN B12 | VITAMIN D  
NIACIN

#### Tenderloin | 54 | GF

PROTEIN | IRON | VITAMIN B12 | ZINC | CREATINE

#### Carne Asada 31

PROTEIN | IRON | VITAMIN B12 | ZINC

# DAYLONG DINING

11.30 am - 11.00 pm

## LOCALLY INSPIRED


### Sunshine Acai Smoothie | 13

Pineapple, orange, banana, acai

VITAMIN C | FIBER | ANTIOXIDANTS | OMEGA-3

### Breakfast Barbacoa Steak and Eggs | 23

Braised brisket, sweet pepper marmalade  
crispy potato, choice of egg

“Turnberry Garden” herbed hollandaise 

Available until 11.30am

PROTEIN | IRON | VITAMIN B12 | ZINC | CREATINE  
HEALTHY FATS

### Local Fish of the Day | 38 | GF

OMEGA-3 | PROTEIN | VITAMIN D | VITAMIN B12  
SELENIUM | IRON

### Caribbean Conch Fritters | 20

Fresno aioli, fries

### Floridian Coconut Fried Rice | VF, GF

Rice, chilies, sun-fried fruits

MANGANESE | HEALTHY FATS | FIBER

### Key Lime Pie | 11 | V

Raspberry sauce, whipped cream



### Turnberry Garden Chimichurri

Available upon request with any dish

## MAKE IT YOURS

### Choose One Entrée:

#### Carne Asada | 43

PROTEIN | IRON | VITAMIN B12 | ZINC | CREATINE

#### Shrimp | 30 | GF

OMEGA-3 | PROTEIN | VITAMIN D | VITAMIN B12  
IODINE

#### Salmon | 40 | GF

OMEGA-3 | PROTEIN | VITAMIN D | VITAMIN B12  
POTASSIUM

#### Grilled Cauliflower Steak | 25 | GF

VITAMIN C | VITAMIN K | FOLATE | FIBER

## MAKE IT YOURS

### Meatballs | 25

PROTEIN | IRON | VITAMIN B6 | VITAMIN B12  
ZINC

### Tenderloin | 60

PROTEIN | IRON | VITAMIN B12 | ZINC | CREATINE

### Sides (Choose Two):

#### Mashed Potatoes | V, GF

POTASSIUM | VITAMIN C | COMFORTING CARBS

#### Crispy Potato Wedges | VF

ENERGY | FIBER | POTASSIUM

#### Steamed Rice | VF, GF

GLUTEN-FREE CARBS | ENERGY | EASY DIGESTION

#### Charred Broccolini | VF, GF

VITAMIN C | VITAMIN K | FIBER

#### Grilled Asparagus | VF, GF

VITAMIN K | FOLATE | ANTIOXIDANTS

#### Floridian Coconut Rice | VF, GF

MANGANESE | HEALTHY FATS | FIBER

### Sauces (Choose One):

#### Chimichurri | VF, GF

Turnberry Garden Chimichurri

Available upon request with any dish

ANTIOXIDANTS | VITAMIN C | FLAVOR BOOST

#### Lemon Oregano | V, GF

VITAMIN C | BRIGHT FLAVOR | ANTIOXIDANTS

#### Tahini Dressing | V, GF

CALCIUM | HEALTHY FATS | PLANT PROTEIN

#### Red Wine Demi

#### Chicken Jus

# DAYLONG DINING

11.30 am - 11.00 pm

All sandwiches served with your choice of fries, sweet potato fries, cup of fruit or side salad

## FAMILY MEAL

### JW Family Dinner | 40 pp | GF

Minimum of 3 people

Choice of half chicken, fish of the day or carne asada, Floridian coconut fried rice roasted vegetables, pineapple salsa green salad, herb vinaigrette chocolate chip cookie

## SANDWICHES

### Asian Chicken Crunch Wrap | 22

Crisp veggies, grilled chicken, mixed greens crispy wontons, sesame dressing

PROTEIN | VITAMIN B6 | VITAMIN B12 | IRON | ZINC  
FIBER

### Chicken Caesar Wrap | 22

Diced chicken, romaine lettuce, parmesan cheese, croutons, Caesar dressing spinach tortilla

PROTEIN | VITAMIN B6 | VITAMIN B12 | CALCIUM |  
FIBER

### All Beef Hebrew National Hot Dog | 20

Grilled 4 oz kosher beef hot dog brioche bun

PROTEIN | IRON | VITAMIN B12 | ZINC | NIACIN

### Tuna Wrap | 20

Deli style tuna, lettuce, tomato whole wheat wrap

PROTEIN | OMEGA-3 | VITAMIN B12 | VITAMIN D

### Turnberry Club | 25

House-made roasted turkey, bacon, lettuce avocado, tomato, mayo, toasted white bread

PROTEIN | IRON | VITAMIN B12 | ZINC | FIBER

### Blackened Salmon BLT | 25

Norwegian salmon, lettuce, tomato citrus mayo, toasted sourdough

OMEGA-3 | VITAMIN D | PROTEIN | VITAMIN B12  
POTASSIUM | IRON | FIBER

### Turkey Burger | 25

Brioche bun, cabbage, cranberry slaw

PROTEIN | VITAMIN B6 | NIACIN | ZINC

## SANDWICHES

### JW Signature Burger | 32

Two 4 oz beef patties, aged cheddar bacon fermented chili aioli, lettuce, tomato, onion pickles

PROTEIN | IRON | VITAMIN B12 | ZINC | NIACIN  
CREATINE

### Prime Rib Philly Cheesesteak | 32

7 oz thin-sliced prime rib layered with caramelized onions, blistered bell peppers and melted provolone.

Finished with a fermented chili aioli on an artisan hoagie roll

PROTEIN | IRON | VITAMIN B12 | ZINC  
PHOSPHORUS CREATINE

## KIDS

### Kids Elbow Pasta | 16 | GF upon request

Tomato, cheese or butter.

Choice of fries, fruit or roasted seasonal vegetables

CARBS | ENERGY | KID-FRIENDLY

### Kids Grilled Cheese | 16

Choice of fries, fruit or roasted seasonal vegetables

*Gluten free upon bread upon request*

### Kids Grilled Chicken | 16 | GF, Nitrate-Free

Choice of fruit or roasted seasonal vegetables

LEAN PROTEIN | NIACIN | VITAMIN B6

### Kids Chicken Tenders | 16 | GF upon request

Choice of fries, fruit or roasted seasonal vegetables

### Kids Cheeseburger | 16 | Nitrate-Free beef GF bun upon request

4 oz patty, American cheese brioche bun.

Choice of fries, fruit, or roasted seasonal vegetables

PROTEIN | IRON | VITAMIN B12


# DAYLONG DINING

11.30 am - 11.00 pm

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## ARTFUL DESSERTS

### **Baked Cheesecake | 11 | V**

Raspberry sauce, whipped cream  
edible flowers from our garden 

### **Tropical Carrot Cake | 11 | V**

Caramel sauce, berries

### **Chocolate Cake | 11 | V**

Chocolate sauce, berries, whipped cream

### **Hershey's Ice Cream | 11 | V**

Choice of vanilla, chocolate, strawberry  
cookies and cream, dulce de leche

### **Key Lime Pie | 11 | V**

Raspberry sauce, whipped cream

### **Three chocolate chip cookies | 10 | V**

EFFORTLESSLY  
CELEBRATED



# BEVERAGES

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## REFRESHING CHOICES

**Pot of Regular Coffee | 12**

**Pot of Decaffeinated Coffee | 12**

**Carafe of Cold Brew Coffee | 10**

**Pot of Hot or Cold Chocolate | 10**

**Espresso | 6**

**Cappuccino | 7**

**Tea | 7**

Organic chamomile, organic peppermint  
Earl Grey, delicate green tea with jasmine  
English breakfast, decaf English breakfast

**Assorted Juices | 8**

Freshly squeezed orange, grapefruit, apple  
cranberry, pineapple, tomato

**Evian Water | 10**

**Pellegrino Water | 10**

## BEER

**Domestic | 7**

Bud Light  
Miller Light  
Amstel Light

**Local Brewery | 8**

La Rubia  
Jai Alai IPA

**Imported | 8**

Modelo Especial  
Stella Artois  
Heineken Silver

**Non-Alcoholic | 7**

Heineken 0.0

## HANDCRAFTED COCKTAILS

**The Paloma Zest | 15**

A take on the classic Paloma cocktail with  
a modern touch of citrus oil enhancement  
Dobel Tequila, Oleo Saccharum syrup  
natural mineral water, grapefruit juice

**Coconut-Washed Old Fashioned | 15**

A modern twist of coconut flakes and  
coconut oil washed with bourbon  
Bulleit Bourbon, Demerara syrup, orange &  
Angostura bitters, maraschino cherries

**Ketel One Espresso Martini | 15**

Branded, pre-bottled Ketel One Martini  
shaken with ice and garnished with  
espresso beans

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# BEVERAGES

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## LIQUOR

*By the Bottle:*

### Vodka

Tito's | 150

Ketel One | 160

Grey Goose | 170

### Gin

No3 Gin | 170

Bombay Sapphire | 180

Hendrick's | 190

### Tequila

Maestro Dobel Diamante | 240

Patron Silver | 250

Patron Reposado | 300

Casamigos Blanco | 300

Casamigos Reposado | 350

### Rum

Bacardi Superior | 120

Brugal 1888 | 170

### Bourbon

Bulleit | 180

Maker's Mark | 200

Knob Creek | 280

### Scotch

Glenfiddich 12 | 300

Glenlivet 12 | 350

Macallan 12 | 400

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## BUBBLES

*By the Glass:*

### Zonin Prosecco DOC

Veneto, Italy

Glass | 15 Bottle | 65

### Piper-Heidsieck, Cuvee Brut

Reims, France

Glass | 21 Bottle | 105

*By the Bottle:*

### Veuve Clicquot, Yellow Label Brut

Reims, France

Bottle | 125

### Laurent Perrier Brut Rose

Tours Sur Marne, France

Bottle | 145

### Krug Grande Cuvee

Reims, France

Bottle | 500

### Dom Perignon

Epernay, France

Bottle | 525

# BEVERAGES

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## WHITE WINE

*By the Glass:*

**Sauvignon Blanc**

Brancott, New Zealand

**Glass | 15 Bottle | 60**

**Pinot Grigio, Torresella**

Venezia, Italy

**Glass | 15 Bottle | 60**

**Chardonnay, Daou**

Paso Robles, California

**Glass | 16 Bottle | 64**

*By the Bottle:*

**Chardonnay, Newton “Unfiltered”**

Napa Valley, California

**Bottle | 116**

**Pinot Grigio, Pighin**

Collio, Italy

**Bottle | 74**

## ROSÉ

*By the Glass:*

**AIX**

Cotes de Provence, France

**Glass | 16 Bottle | 64**

*By the Bottle:*

**Chateau d’Esclans, “Whispering Angel”**

Provence, France

**Bottle | 80**

## RED WINE

*By the Glass:*

**Cabernet Sauvignon, Daou**

Paso Robles, California

**Glass | 18 Bottle | 72**

**Pinot Noir, Nielson**

Santa Barbara, California

**Glass | 16 Bottle | 64**

*By the Bottle:*

**Cabernet Blend, Harvey & Harriet**

Paso Robles, California

**Bottle | 76**

**Cabernet Sauvignon, Prisoner**

Napa Valley, California

**Bottle | 110**

**Tempranillo, Vina Diezmo RV Reserva**

Rioja, Spain

**Bottle | 64**

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