



SERVICES CATALOG



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IN ROOM SERVICE MAY BE ARRANGED
AT AN ADDITIONAL COST



IDEAL FOR MOTHERS-TO-BE



SPECIALTY SERVICE, AN ALLOWANCE OF 48 HOURS
IS REQUIRED FOR THIS BOOKING



Muscle Therapy

Sacred Balance

Our Signature Massage (Light to Medium Pressure) 

Take a moment to indulge in a sensory journey as you choose from our Signature Oil blends, one crafted for deep relaxation and grounding, the other for revitalizing energy. Flowing rhythmic strokes of Hawaiian Lomi Lomi combined with stretching benefits of Thai massage are intuitively adapted to your body's needs and comfort.

60 minutes	\$420 BBD
90 minutes	\$490 BBD

Deep Restore & Resolve

Deep Tissue Massage 

A powerful, therapeutic massage targeting deep muscle layers to relieve chronic tension, enhance circulation, and promote muscular healing. Our Signature Deep Tissue Oil Blend. Infused with Black Pepper Oil, Nutmeg, Neroli and Ginger is ideal for those seeking profound release and long-lasting relief.

60 minutes	\$460 BBD
90 minutes	\$600 BBD
Add Hot Stones	\$40 BBD

Calm Escape

Swedish Massage (Light to Medium Pressure)

A timeless classic, this massage uses therapeutic techniques and gentle kneading to promote relaxation, improve circulation, and soothe the body and mind into a state of peaceful bliss.

50 minutes	\$360 BBD
Add Hot Stones	\$40 BBD

Gentle Journeys

Prenatal Massage (Third Trimester)   

A nurturing massage designed for expecting mothers in their third trimester, focusing on relieving lower back discomfort, reducing swelling in the legs, and providing a moment of peaceful connection and much-needed support.

60 minutes	\$520 BBD
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Upper Calm

For the Back, Neck and Scalp

Focused care targeting high tension areas to release while offering a quick yet luxurious escape.

30 minutes	\$250 BBD
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Sole Serenity

For tired, aching feet

This refined experience begins with a warm aromatic soak, glorious exfoliation, followed by a soothing massage with whipped butter, leaving you walking on air. Ideal after long travel or as a graceful beginning to your holiday unwind.

30 minutes	\$250 BBD
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Body Envelopments

- All body envelopments include a dry brushing ritual to improve the absorption of product
- Treatment duration varies by your shower time

Aromatic Radiance

Full Body Exfoliation and Massage

An aromatic unveiling of two signature oils: one soothing and serene, the other bright and uplifting, sets the scene for your journey. Guided by your selection, rhythmic exfoliation reveals soft, luminous skin. Warm oils are then gently applied, sealing in moisture and restoring a beautiful sense of balance.

60 minutes \$600 BBD

Algae Aura

Chamomile and Marine Algae Wrap and Massage

This purifying wrap enriched with kelp, spirulina and marine algae clays stimulates lymphatic flow, hydrates and renews undernourished skin. Essential oils of Marigold, Chamomile, Lavender and Patchouli deeply relax the mind and leave the body feeling lighter, sculpted, and revitalized. A soothing massage melts nutrients deep into the skin and calms the body.

90 minutes \$760 BBD

Detox and Drift

Mineral Clay Wrap and Massage

Purify, tone, and renew with this indulgent full-body wrap. Enjoy a scalp and face massage as mineral-rich French Red Clays work to draw out impurities, stimulate circulation, and refine the skin's texture. The ritual concludes with a nourishing massage with botanical oils, leaving your skin silky, your body lighter, and your senses deeply restorative.

90 minutes \$800 BBD



Facial Therapy

by Subtle Energies

Rooted in Ayurvedic wisdom and refined through decades of research, Subtle Energies is an Australian-made, vegan, and cruelty-free collection delivering high-performance therapies for visible skin renewal and balance, restoring vitality, tone, and clarity for all skin types.

Holistic Customizable Facial

Guided by your unique needs, the perfect ritual is performed to restore balance, vitality, and luminous clarity.

60 minutes \$440 BBD

Advanced Anti-Oxidant

High-performance actives of Ashwagandha, Neem, and Amla protect collagen and elastin from UV and free radical damage, supporting the skin's physical structure. Great for maintaining a youthful glow.

Wild Cashmere

A clarifying blend of Wild Turmeric, Palmarosa and Lavender refines pores and restores balance. Great for Oily Skin Types, Wonderful for Men

Essential Daily Hydration

A nourishing infusion of Neem and Carrot seed restores softness and natural glow. A Much-Needed Boost for Normal to Parched Skin.

24K Gold Age Defy

Infused with 24-karat gold, peptides and hyaluronic acid to boost collagen, deeply hydrate, calm inflammation and brighten skin tone.

60 minutes \$520 BBD

Advanced Bio-tech Luxury Facial

A synergy of vegan collagen, multi-molecular hydration that counters aging signs while supporting a balanced glowing complexion.

90 minutes \$750 BBD



Rituals for Hands & Feet

Polished Touch Manicure

Cuticle Care, Paraffin, Massage, Polish **60 minutes** **\$150 BBD**

Sole Escape Pedi

Cuticle Care, Aromatic Exfoliation, Massage, Polish **70 minutes** **\$220 BBD**

Simply Polished

Polish Removal, Cuticle Care, Polish Application **30 minutes** **\$90 BBD**

Add-Ons /Upgrades

Warm Paraffin Immersion (For pedicure) **15 minutes** **\$40 BBD**

Acrylic/Gel Removal (Hands OR Feet) **20 minutes** **\$20 BBD**

French Polish Application **15 minutes** **\$20 BBD**

Gel Polish Upgrade **15 minutes** **\$10 BBD**

Hair Removal

Full Leg **45 minutes** **\$240 BBD**

Half Leg **30 minutes** **\$130 BBD**

Back **45 minutes** **\$190 BBD**

Under Arm **20 minutes** **\$120 BBD**

Full Arm **35 minutes** **\$160 BBD**

Half Arm **25 minutes** **\$140 BBD**

Chest/Glute **40 minutes** **\$180 BBD**

Brazilian / Bro-zilian **30 minutes** **\$160 BBD**



Spa Medleys

Medleys of three hours or more may include a 60-minute lunch interlude at our restaurant, arranged at the time of booking with selections from our specially curated menu.

Island Radiance

Includes: Aromatic Radiance Exfoliation & Massage, Classic Facial, Spa Manicure with Paraffin

Duration: Approximately 3.5 hours **\$1300 BBD**

The Purifying Escape

Includes: Detox and Drift – Mineral Clay Wrap & Massage, Spa Pedicure with Paraffin

Duration: 3 hours **\$1080 BBD**

The Great Reset

Includes: Neck, Shoulder and Scalp Massage with your favorite signature oil blend, Hydrating Coconut and Mint Foot Ritual, Paraffin Wrap for Hands

Duration: 50 minutes **\$300 BBD**

Salon Services

Signature Wash & Dry

60 minutes **\$360 BBD**

The Executive Cut (Gents)

45 minutes **\$240 BBD**

Personalized Zen Sessions

Yoga / Pilates / Meditation

60 minutes **\$260 BBD per person**

Mats and Towels included

Suitable for All Levels | Can be done In-Room or in select locations on Property



Booking Information & Procedures

Daily Hours of Operation

10:00 a.m. – 6:00 p.m.

To Reserve your Appointments

Please check our availability via your Alliants app or by PBX at 1.246.622.6422. Our spa concierge will contact you to finalize your reservation.

Recommendations for Booking

Be sure to advise our booking agents at the time of booking of any health concerns, allergies or specific requests for special occasions. For expecting mothers, our spa concierge will guide you in selecting which treatments are most suitable during this special time. If you are a recipient of a Gift Certificate or promotional voucher, please have your code ready when booking.

Age Restrictions

We welcome guests 18 years and older.

Cancellation and Missed Appointments

Please allow 24 hours for cancellation prior to treatment time to avoid a cancellation fee. Repetitive missed appointments will include a 50% surcharge to your next reservation, and we may decline future services at our spa.

Arrival Time

We respectfully ask that you arrive 20 minutes prior to your reservation to complete consultation forms and to relax before your treatments. If you are running late, please let us know. Arriving late will hinder your full spa experience. Your treatment time will be shortened to accommodate the next client; however, the full treatment price will apply. Arriving late 30 mins or more will result in your appointment having to be rescheduled.

Apparel

We invite you to wear comfortable clothing during your stay at the spa. Our spa therapists are professionally trained in draping techniques to ensure privacy and comfort.

If you prefer, disposable underwear will be provided on request for body treatments. For pedicures, we ask you to wear clothing to expose your lower legs. Wearing open shoes will help your nail polish application free from smudging.

Valuables

We ask that you remove all jewelry which may obstruct your treatment. All jewelry, devices and other valuables will be kept in your spa suite in plain sight. Regrettably, we cannot be held responsible for any loss or damages made to personal articles.

Mobile Phones and Devices

To ensure all spa guests benefit from our serene environment, we respectfully request that mobile devices are placed on silent (vibration-free).

Spa Days/Medleys

Multiple services of 3 hours or more require a 24-48hour advanced booking. At the time of booking, a lunch interlude of up to 60 minutes can be arranged with availability from our restaurant if you so choose.

Our Spa concierge assists you with making your advanced lunch selections from our specially curated menu.

Retail Indulgence

Our spa concierge can guide you through our signature aftercare product lines, allowing you to extend your experience at home.

Gift Certificates

Our Spa Experiences make perfect gifts! Personalized Gift Certificates are available for all spa treatments. Certificates are valid for 6 months, are non-transferable, and can be redeemed in services only.

Honorary Notes:

- Gratuity is solely at your discretion.
- The Spa at Blue Monkey is a non-smoking area.
- The Spa at Blue Monkey reserves the right to deny entry or a booking for any client who is, or seems to be inebriated or disrespectful in any way to our staff members, guests or anyone on or around our premises. Any person who speaks or acts in a harmful, sexual, or otherwise inappropriate manner will be asked to vacate the premises and will not be considered for future visits.
- Service Charge and VAT are inclusive.

Gym Policies

- Our gym is open 24 hours.
- Our gym welcomes patrons 18 years and older.
- Please wipe down equipment after use with the provided sanitizing wipes.
- Appropriate athletic attire and closed-toe footwear are required at all times.
- Be mindful of noise levels and other guests enjoying the space.
- To respect the other patrons, please use headphones while listening to music.
- Limit workout time on cardio machines during busy periods.
- Return all equipment and weights to their designated areas after use.
- Use equipment responsibly and according to posted instructions.
- No food is permitted; bottled water only.
- The hotel is not responsible for lost or unattended personal items.
- Fitness Instructors are available on request. Please see concierge for availability
- If you feel unwell or experience discomfort, please stop exercising immediately and contact Spa Concierge.



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